McQueary College of Health and Human Services
September 2019 E-Newsletter
A place for faculty and staff to share news and ideas specific to our college

E-Newsletter highlights
Health Professions Career Fair October 3, 2019
How to foster a science interest for girls in grades 6-8
Volunteers who exercise on a regular basis are needed for a research study
How can you help improve student retention
Are you interested in learning more about fundraising for your department or program
Writing a successful thesis: an orientation for students and advisors
MSU Public Affairs Conference October 103, 2019

MCHHS Announcements
MCHHS now has a Health Services Undergraduate Program. This program offers a bachelor of science to individuals who are interested in leadership and administrative roles in health care.
The Missouri State University Foundation is providing a training workshop for faculty and staff who have an interest in fundraising and who want to be more involved with alumni and friends of your program. The attached PDF document provides additional information.

The MSU Graduate College has a Blackboard course site to help graduate students and advisors become familiar with thesis requirements. Thesis submission deadlines is November 25, 2019. The attached PDF document provides additional information.

The Provost’s Office would like to point out resources that are available to students, staff, and faculty regarding suicide prevention and management. Death by suicide is preventable, help is simply a phone call away.

There will be a Health Professions Career Fair hosted by the Physical Therapy Department on October 3, 2918 from 9am-Noon in the Foster Recreation Center. The Career Fair networks employers who are actively recruiting PTs, OTs, PAs, Nurses, Audiologists, Speech-Language Pathologists, and other health professional. The attached flyer is available for distribution.

The Public Affairs Conference is an annual forum in which the campus engages with a theme and the application of the Public Affairs Mission through plenary speakers and panel presentations. This year’s conference theme is The 21st Century Digital World. The conference will be held Oct 1-3, and all events are free and open to the public. Students and Faculty are welcome to attend, and there are many sessions directly applicable to educational programs and professions within MCHHS. The conference will address hi-tech health care, food insecurity, the social aspect of education, and technologic advancements in medicine, to name a few. The conference schedule can be accessed through the conference website: https://publicaffairs.missouristate.edu/conference/schedule.

MCHHS Department News

Kinesiology

1. Dr. Riley Galloway has one new article in print (peer-review), “Factors leading to discrepancies in accumulated physical activity during school hours in elementary school students” in Journal of Teaching in Physical Education (May 2019, co-authors Booker, R., and Owens, S.) and one accepted for publication, “Physiological and perceptual responses to self-selected exercise pace on a track versus treadmill” in Journal of Sport and Exercise Psychology (co-authors Booker, R., and Holmes, M. E.)


3. Kinesiology faculty Dr. Riley Galloway and Dr. Michael La Monica had published five abstracts for research presented at the American College of Sports Medicine Annual Meeting in Orlando.

Occupational Therapy

- Department Head Dr. Sapna Chakraborty was spotlighted in a KY3 news piece because of the work she and her faculty are doing for children with autism.
- Assistant Professor, Dr. Ashlea Cardin contributed the Musculoskeletal System chapter to a recently published neonatal nursing textbook. The chapter provides an overview of embryology, musculoskeletal development, positional terminology, types of dysfunction,
and condition-specific recommendations for supporting functional development in the hospitalized neonate.

**Psychology**

1. Dr. Leslie Echols in the Department of Psychology was recently awarded a grant from the National Science Foundation for a project entitled, “Powering Up and Spreading Out: A Peer-Based Middle School Intervention for Victims of Bullying.” This three-year study will examine a new school-based bullying intervention that focuses squarely on victims and their plight. It will focus on the middle school years, a time when youth are particularly concerned about status and fitting in and bullying is at its peak. The study will test the effects of a novel three-pronged intervention, titled *Powering Up*, which utilizes three sources of power to combat peer victimization. *Why Power* is a 12-lesson curriculum designed to alter maladaptive (self-blaming) attributions of victims. *Friend Power* adapts experimental techniques from social psychology to build friendships between victims and the most influential and prosocial peers in their grade. *Peer Power* harnesses the power of these influential friends to spread intervention effects and change peer norms about bullying. This multi-component intervention will be implemented in both urban and rural communities in 12 middle schools that vary in ethnic diversity. Dr. Echols hopes the intervention will provide new insight into individual, social, and contextual factors that promote resilience in youth from multiple ethnic groups who are victims of bullying.

**Physician Assistant Studies**

- The Department has received approximately 400 applications for the cohort of 30 that will begin in January. Around 64 candidates will be interviewed over 4 sessions during the month of September.
- Dr. Steven Dodge has announced his retirement plans after 15 years as the Department Head and PA Program Director. The Department will be holding a farewell reception sometime in January so be on the lookout for a future announcement. A search for the position is underway.

**School of Nursing**

- Dr. Bigley and Dr. Penkalski received a grant from the Faculty Center for Teaching and Learning (FCTL)’s grant program “Pilot Departmental Support Project”.

**Faculty News**

The Office of the Provost has posted the 2019-2020 Chronological *Academic Work Calendar*. The Calendar contains deadlines for things like fall research grant applications, 2020-2021 sabbatical leave, tenure & promotion, spring dossier submission, etc.

Is your syllabus in compliance with the *Syllabi Policy Statements* required by the Office of the Provost? If not, a simple revision might be in order.

MCHHS new faculty workshops are underway this semester. If you are a new full-time faculty member and have not received invites, please contact him at Robertocanales@missouristate.edu

**Faculty Research Corner**

There are two RStats workshops planned for this fall. The workshops will cover 1) data entry and Questionnaire Development and Analysis and 2) Effect size and power analysis. Please visit the *Rstats website* for additional information.
Volunteers are needed for a research study in KIN looking at energy system utilization. They are looking for CrossFit and recreationally trained men and women between the ages of 18 and 35 who currently exercise more than twice per week. Each person will complete 1 pre-testing session and 3 testing sessions over the course of 1-2 weeks (approximately 30-60 min per session and approximately a total time of 2 and a half hours to complete the study). To learn more, contact the principle investigator, Dr. Michael La Monica at 417-836-5896 or Michaellamonica@MissouriState.edu

Staff News
School of Anesthesia has a new IT person, Robert Grant. We welcome him!

Earlier this summer, there was an announcement about two new options to access services as part of the Employee Assistance Program. One offers “an array of behavioral health solutions, ranging from a helpline, to short term counseling, to crisis management and more.” The other offers counseling for “work-life issues, assistance with finding child or senior care, help with legal or financial matters and more.”

Diversity & Inclusion
The FCTL is once again sponsoring diversity topics this fall semester beginning with session one; Microagressions: Supporting and Empowering Students from 3:30-5pm on September 17, 2019. Everyone is welcome to attend.

The MCHHS Diversity & Inclusion Council held its first meeting on Monday, September 9, 2019. Be on the lookout for additional educational materials on the website as the academic year progresses. If you are interested in participating or know of a student who has a particular interest in participating, please contact email Roberto Canales at Robertocanales@missouristate.edu

Assistant Professor Judith Martinez (College of Arts and Letters) is the new Diversity Fellow for MSU. The Diversity & Inclusion Council congratulates Dr. Martinez for undertaking this leadership role.

The Multicultural Resource Center provides a number of free programs and initiatives to students, staff, and faculty. One such event is a networking reception for Latinx, Latino, Latina, and Hispanic students, staff, and faculty on September 26th 5:30-7:30pm in the Davis-Harrington Welcome Center. If interested, please RSVP by 9/20 via this link https://dosaforms.missouristate.edu/view.php?id=143717

Student Recruitment news
Expand Your Horizons is being hosted by our College on November 9, 2019. The Program is for girls in grades 6-8 who have an interest in the areas of science and math. If your department is not participating, please contact Dr. Colette Witkowski in the BMS Department.

The article, Faculty Members Are the Key to Solving the Retention Challenge was recently published in INSIDE Higher Ed and offers some insight.

Important upcoming recruitment dates to keep in mind.
- Fall Showcase is Saturday, November 2, 2019
- 7th Graders to Work. MCHHS is hosting this hands-on event geared toward boys on February 21, 2020 and February 28, 2020.
- Admitted Student Day is Saturday, March 7, 2020 (tentative)
- Summer Visit Day is Friday, June 26, 2020 and Friday, July 24, 2020
Campus tours: If you schedule a recruitment meeting with a prospective student in your department / program, do not forget that the MSU Welcome Center can provide a campus tour for prospective undergraduate students. The MSU Graduate College can provide tours for prospective graduate students.

MCHHS Technology

MCHHS Technology Services will be rolling out Office 365 to all computers this fall. We'll also be offering training on Office 365 apps in PROF 233 on most Tuesdays 10-11 and Fridays 8:30-9:30, feel free to pop in and ask questions. As we move to Office 365 we'll also be transitioning most user folders from the HHS2 server to OneDrive for Business.

Want to include something in the next E-Newsletter?

The goal is to distribute the E-Newsletter once a month. Posting should be as brief and concise as possible. At this time, we prefer to not attach documents so when possible, reference a website for more information. Please contact Roberto Canales at robertocanales@missouristate.edu with your proposal or for guidance.