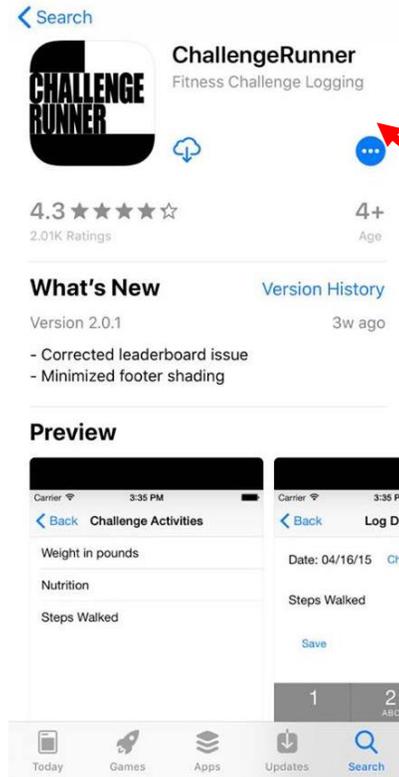


# Challenge Runner App- Apple Version

## Download & Sign In



### Step 1

-To download the Challenge Runner app on an Apple device, go to the app store and search for Challenge Runner.

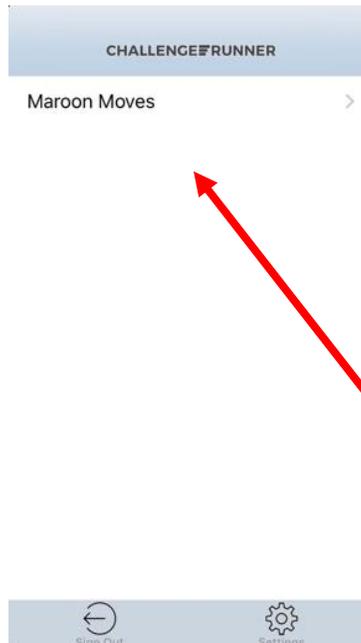
-This is the icon and page you will be looking for.

-Install the app onto your phone and open the app.



### Step 2

-Enter your credentials that you created for the Challenge Runner website to access the mobile app.

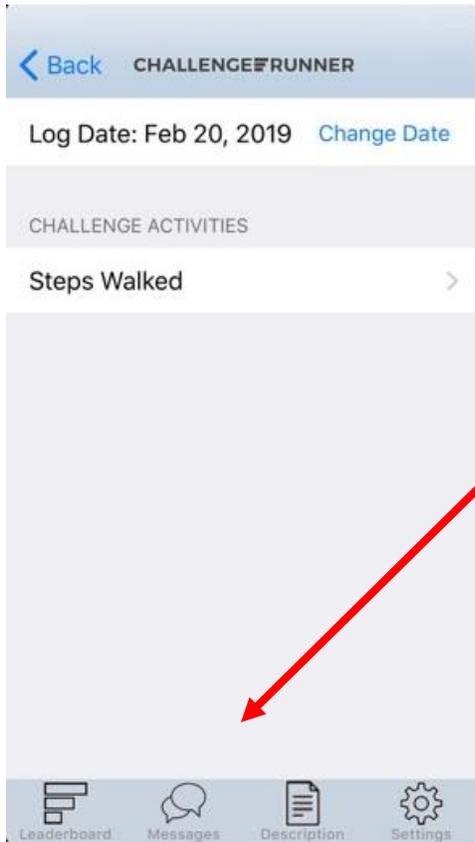


### Step 3

-After you log in, this is the Challenge Runner home screen on an Apple device.

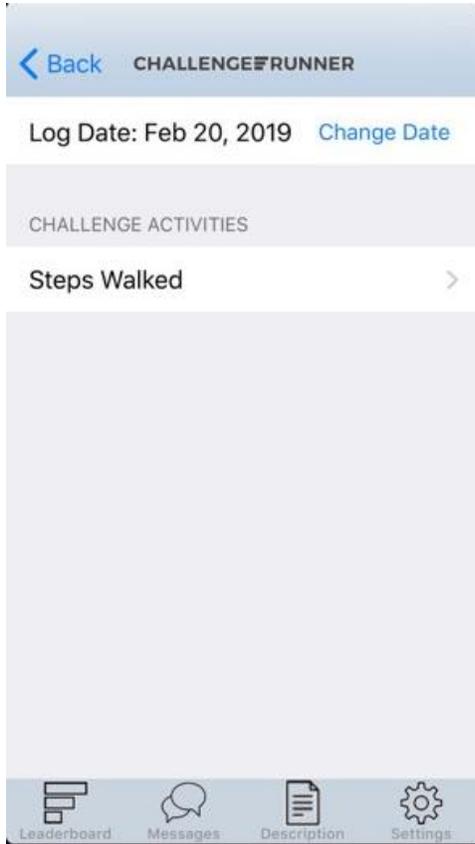
-To enter the walking challenge, click on Maroon Moves.

# Overview of App



You can do a few different things from this page such as enter steps, view the leaderboard, or send the administrator a message by selecting an icon from the menu on the bottom row.

# How to Enter Step Manually



**Step 1**  
-If you need to manually enter steps through the app, click on the words "Steps Walked".

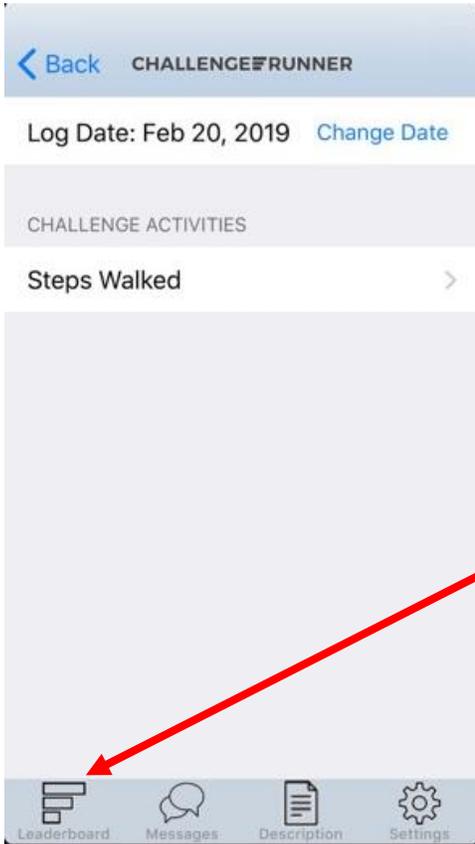


**Step 2**  
-Enter your total amount of steps that you most recently walked.  
-Each new entry will replace the previous steps entered. They do *not* add together automatically.

**NOTE**  
*Example*  
-I walked 1,600 steps in the morning  
    -Enter 1,600 steps total  
-I walked 2,000 steps in the afternoon  
    -Enter 3,600 steps total  
-I walked 1,800 steps in the evening  
    -Enter 5,400 steps total  
-You would enter a total of 5,400 steps for the day.

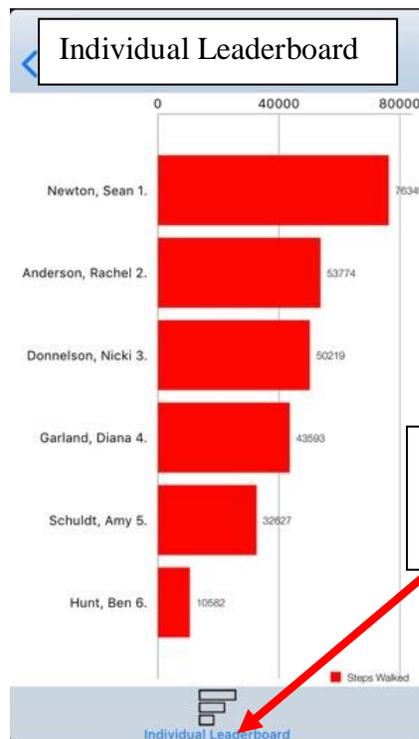
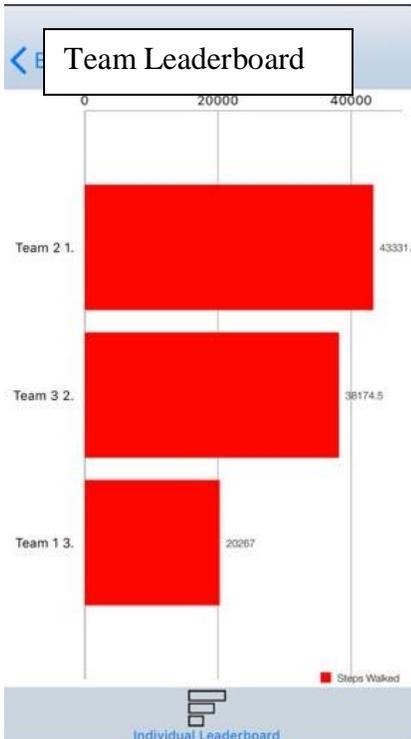


# How to View the Leaderboard



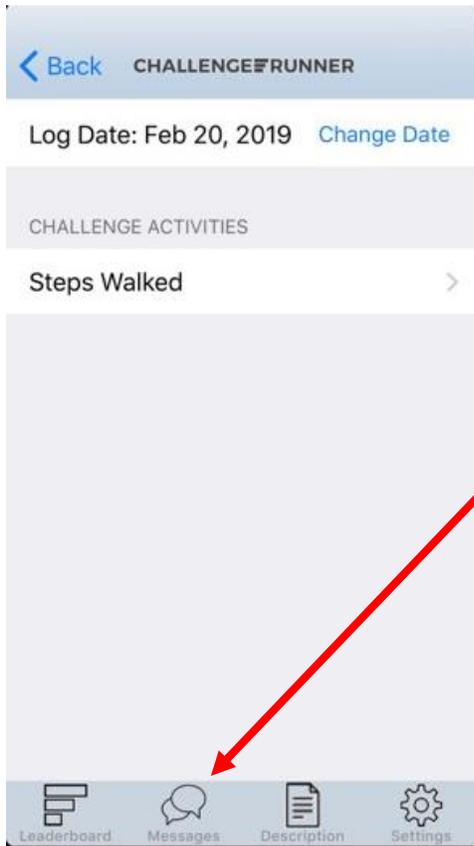
**Step 1**

- If you would like to view the leaderboard go to the home screen and click on the leaderboard icon
- There is a team leaderboard and an individual leader board.
- To switch between the two, please click on the opposite leaderboard at the bottom of the leaderboard screen.



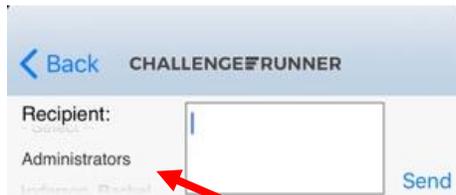
Click here to switch between leaderboards

# Messaging



## Step 1

-If you need to send the challenge administrator or teammate a message with questions or comments about the challenge, click here



## Step 2

-This is what the message screen looks like to send a message to an administrator.

-You can also send messages to teammates by clicking on the box and selecting their name.

