



Date Modified:	4.21.22
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*Courses are sequenced to provide guidance and to help ensure that prerequisite requirements are met.*

Catalog Year: 2022-2023

**MSU Bachelor of Science in Exercise and Movement Science - Health Studies**  
after Associate of Arts at OTC

**MSU Year 3 Semester 1**

REQUIREMENT DESCRIPTION	MSU COURSE ID	TITLE	CREDIT HOURS
Major Requirement	KIN 212	Introduction to Exercise Science	1
Major Requirement	KIN 350	Health and Wellness Promotion	3
Major Requirement	<b>Choose one:</b> KIN 256 KIN 358	Community Health Health Education Methods	2-3
Major Requirement	KIN 485	Psychology of Sport and Physical Activity	2
Major Requirement	KIN 360	Kinesiology	4
Major Requirement	KIN 257	Personal Health	2
<b>Semester 1 Total</b>			<b>14-15</b>

**MSU Year 3 Semester 2**

REQUIREMENT DESCRIPTION	MSU COURSE ID	TITLE	CREDIT HOURS
Major Requirement	<b>Choose one:</b> ATC 222 KIN 253	Athletic Injuries First Aid	2
Major Requirement	KIN 362	Exercise Physiology	4
Major Requirement	KIN 361	Principles of Motor Learning in Physical Education	2
Major Requirement	KIN 210	Healthy Lifestyles: Preventative Approaches	3
Major Requirement	DTN 240	Introduction to Nutrition	3
<b>Semester 2 Total</b>			<b>14</b>

**MSU Year 4 Semester 3**

REQUIREMENT DESCRIPTION	MSU COURSE ID	TITLE	CREDIT HOURS
Major Requirement	KIN 550	Organization and Administration for Kinesiology Professionals	3
Major Requirement	SWK 330	Social Work Practice with Addictions	3
Major Requirement	PSY 508	Introduction to Applied Behavior Analysis	3
Major Requirement	KIN 569	Health Appraisal and Exercise Testing Techniques	4
Major Requirement	DTN 334	Introduction to Nutrition Assessment and Sports Nutrition	3
<b>Semester 3 Total</b>			<b>16</b>

**MSU Year 4 Semester 4**

REQUIREMENT DESCRIPTION	MSU COURSE ID	TITLE	CREDIT HOURS
Major Requirement	KIN 465	Exercise Prescription: Strength and Conditioning	2
Major Requirement	KIN 468	Adapted Physical Education	4
General Elective **	Work with your MSU advisor to identify courses that will complement your specific career goals.		2
Major Requirement	<b>Choose one:</b> KIN 500 KIN 491	Seminar in Physical Education Field Experience	3-12
Major Requirement	KIN 567	Physical and Leisure Activities for the Aging Adult	3
<b>Semester 4 Total</b>			<b>14-23</b>
<b>Total Hours at MSU</b>			<b>58-68</b>
<b>Total Hours Overall</b>			<b>120-134</b>

\*\* Electives provide the opportunity to customize your degree program. Some elective credits may or may not be needed to bring total credit hours to a minimum of 120 credit hours and upper division hours (300+) to 40.

**This information is provided as a guide only.**

- OTC students are strongly encouraged to meet with their major specific MSU transfer advisor early in their OTC education to discuss the most appropriate OTC coursework for their intended MSU major, MSU degree requirements, etc.
- Students are required to fulfill MSU graduation and GPA requirements to receive a degree and should consult with their MSU advisor and the MSU undergraduate catalog for details, as there may exist pre-requisite requirements as well as periodicity limitations that could affect scheduling sequences.
- Please note that transfer students from Missouri public colleges and universities may follow the general education and general baccalaureate degree requirements in effect at Missouri State when they first enrolled (or re-enrolled after an absence of one calendar year or more) as degree-seeking students at the institutions from which they transferred (e.g., OTC).