OZARKS TECHNICAL COMMUNITY COLLEGE

OTC Associate of Arts to

Courses are sequenced to provide guidance and to help ensure that prerequisite requirements are met.

Catalog Year: 2020-2021

MSU Bachelor of Science in Exercise and Movement Science - Pre-Professional

The following is a guide to graduation with completion of an A.A. at OTC and

OTC Year 1 Semester 1

MSU's Bachelor of Science in Exercise and Movement Science degree.	
The B.S. in Exercise and Movement Science degree may be completed on campus only.	

REQUIREMENT DESCRIPTION	OTC COURSE ID	TITLE	CREDIT HOURS	MSU EQUIVALENT	MEETS CORE 42	MSU MAJOR REQUIREMENT
Institutional Requirement	OTC 101	Navigating College	2	GEN 000		
	Choose one O:					
Mathematical Sciences 3 credit hours	MTH 138 MTH 140	Pre-Calculus Mathematics Analytic Geometry and Calculus I	5	MTH 138 MTH 261	✓	✓
Natural Sciences	Choose one:				✓	
7 credit hours (Must fulfill 2 disciplines including one course with a lab component)	BIO 100 □ BIO 160 ↔	Life Science General Biology I	4	BIO 101/111 BIO 121		✓
Written Communications	Choose one:					
6 credit hours	ENG 100 ENG 101	Composition I with Support Composition I	3-5	3-5 ENG 110	✓	
Social/Behavioral Sciences 9 credit hours	PSY 110	Introduction to Psychology	3	PSY 121	✓	✓
	•	Semester 1 Total	17-19			

OTC Year 1 Semester 2												
REQUIREMENT DESCRIPTION	OTC COURSE ID		TITLE						CREDIT HOURS	MSU EOUIVALENT	MEETS CORE 42	MSU MAJOR REOUIREMENT
Humanities and Fine Arts 9 credit hours (Must fulfill 2 disciplines)	Choose one: ART 100 ART 101 ART 105 ART 120▲	ASL 101 ASL 102 CHN 101 ENG 180	ENG 260 ENG 265 ENG 340 ENG 341	ENG 350 ENG 351 FRN 101 FRN 102	GRM 101 GRM 102 MUS 101 MUS 105	MUS 106 MUS 110 MUS 235*▲ PHL 101	PHL 105 REL 100 REL 101 REL 102	SPN 101 SPN 102 THR 101	3	Varies	✓	
Oral Communications 3 credit hours	COM 105 O	I	Public Speaking						3	COM 115	✓	✓
Written Communications 6 credit hours	Choose one: ENG 102 ENG 150		Composition II Technical Writir	ıg					3	ENG 210 ENG 221	✓	
Natural Sciences 7 credit hours (Must fulfill 2 disciplines including one course with a lab component)	PHY 120 O		General Physics	I					4	PHY 123	✓	✓
	- II	I.					9	Semester 2 Total	13			1

OTC Year 2 Semester 3												
REQUIREMENT DESCRIPTION	OTC COURSE ID		TITLE						CREDIT HOURS	MSU EQUIVALENT	MEETS CORE 42	MSU MAJOR REQUIREMENT
Humanities and Fine Arts 9 credit hours (Must fulfill 2 disciplines)	ART 101 AS ART 105 C	SL 101 SL 102 HN 101 NG 180		ENG 350 ENG 351 FRN 101 FRN 102	GRM 101 GRM 102 MUS 101 MUS 105	MUS 106 MUS 110 MUS 235*▲ PHL 101	PHL 105 REL 100 REL 101 REL 102	SPN 101 SPN 102 THR 101	3	Varies	✓	
Social/Behavioral Sciences	Choose one:	100 100	LINGSII	1101 102	1105 105	1112 101	NLL IVE					
9 credit hours (Civics requirement)	HST 120 HST 130 PLS 101		U.S. History I: to U.S. History II: American Govern	1865-Present					3	HST 121 HST 122 PLS 101	✓	
(construction)	Choose one:											
Humanities and Fine Arts 9 credit hours	ART 100 A: ART 101 A:	SL 101 SL 102	ENG 260 ENG 265	ENG 350 ENG 351	GRM 101 GRM 102	MUS 106 MUS 110	PHL 105 REL 100	SPN 101 SPN 102	3	Varies	✓	
(Must fulfill 2 disciplines)		HN 101 NG 180		FRN 101 FRN 102	MUS 101 MUS 105	MUS 235∗▲ PHL 101	REL 101 REL 102	THR 101				
Institutional Elective	CHM 160/161 O		General Chemist	ry I/General	Chemistry I La	ab			5	CHM160/161	✓	✓
	Choose one:	Choose one:										
Institutional Elective	PHY 130 (PT plan) BIO 250 O (OT plan		General Physics II Genetics						4	PHY 124 BIO 235/236		✓
	*	,					9	Semester 2 Total	18			•

REQUIREMENT DESCRIPTION	OTC COURS	SE ID	TITLE						CREDIT HOURS	MSU EOUIVALENT	MEETS CORE 42	MSU MAJOR REOUIREMENT
Institutional Elective	Choose or	Choose one:										,
	BIO 170 (F BIO 292 O		General Biology II General Microbiology							BIO 122 BIO 210		✓
Institutional Elective	CHM 170/1	l71 O	General Ch	neral Chemistry II/General Chemistry II Lab					5	CHM 170/171		✓
Core Elective	MTH 210		Statistical N	ratistical Methods					3	QBA 237	✓	✓
Social/Behavioral Sciences	Choose or	ne:										
9 credit hours	ANT 101	COM 150	ECO 270	GRY 101	HST 106	HST 130	PLS 201	SOC 101	3	Varies	✓	
(Must fulfill 2 disciplines)	ANT 220	CRM 210	ECO 275	HST 105	HST 120	PLS 101	PSY 130	SOC 210				
	Semester 3 Total						15-16	Total Hour	rs Applied Toward	40-41		
Total Hours at OT					63-66	MSU Maj	70-71					

^{*} One credit hour course

☐BIO 100 will not meet the eligibity requirements for BMS 307. Students selecting the pre-professional option should meet with the MSU transfer advisor as soon as possible to determine most appropriate course selection. A combined (Missouri State and transfer) GPA of 2.50 or higher and a grade of "C" or better in all KIN courses is required.

[▲] May choose only one, falls under MOTR code 'PERF'

O Must earn a "C" or better

 $[\]diamondsuit \ \, \text{Students preparing for Physical Therapy (PT), Occupational Therapy (OT) or Physician Assistant (PA) should choose BIO 160 } \\$

Date Modified: 9.14.2020

Zach Burt

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Catalog Year: 2020-2021

MSU Bachelor of Science in Exercise and Movement Science - Pre-Professional after Associate of Arts at OTC

MSII Year 3 Semester 1

MSU Year 3 Semester 1			
REQUIREMENT DESCRIPTION	MSU COURSE ID	TITLE	CREDIT HOURS
Major Requirement	KIN 210	Healthy Lifestyles: Preventative Approaches	3
Major Requirement	KIN 212	Introduction to Exercise Science	1
Major Requirement	KIN 350	Health and Wellness Promotion	3
Major Requirement	BMS 307	Human Anatomy	4
Major Requirement	DTN 240	Nutrition	3
		Semester 1 Total	14

MSU Year 3 Semester 2

REQUIREMENT DESCRIPTION	MSU COURSE ID	TITLE	CREDIT HOURS
	Choose one:		
Major Requirement	ATC 222 KIN 253	Athletic Injuries First Aid	2
Major Requirement	KIN 360	Kinesiology	4
Major Requirement	BMS 308	Human Physiology	4
Major Requirement	KIN 361	Principles of Motor Learning in Physical Education	2
Major Requirement	PSY 304	Abnormal Psycology	3
	•	Semester 2 Total	15

MSU Year 4 Semester 3

REQUIREMENT DESCRIPTION	MSU COURSE ID	TITLE	CREDIT HOURS	
	Choose one:			
Major Requirement	CHM 201/202 CHM 342	Essentials of Organic Chemistry & Essentials of Organic Chemistry Lab Organic Chemistry I	3-5	
Major Requirement	KIN 362	Exercise Physiology	4	
General Elective **	Work with your MSU a	CHM 201/202 Essentials of Organic Chemistry & Essentials of Organic Chemistry Lab Organic Chemistry I		
General Elective **	Work with your MSU a	dvisor to identify courses that will complement your specific career goals.	3	
	"	Semester 3 Total	13-15	

MSU Year 4 Semester 4

MSU Year 4 Semester 4			CREDIT
REQUIREMENT DESCRIPTION	MSU COURSE ID	TITLE	HOURS
	Choose one:		
Major Requirement	CHM 345 (If CHM 342 taken in semester 3) General Elective	Microscale Organic Chemistry Laboratory OR Work with your MSU advisor to identify courses that will complement your specific career goals	2-3
Major Requirement	KIN 465	Exercise Prescription: Strength and Conditioning	2
Major Requirement	KIN 468	Adapted Physical Education	4
Major Requirement	KIN 569	Health Appraisal/Exercise Test	4
	Choose one:		
Major Requirement	KIN 500 KIN 491	Seminar in Physical Education Field Experience	3-12
	•	Semester 4 1	otal 15-25
<u> </u>	<u> </u>	Total Hours at I	<i>ISU</i> 57-69
		Total Hours Ov	erall 120-135

Students preparing for possible slection into a physician assistant program should take both CHM 170/171 and both CHM 352/353. Students preparing for clinical science should take BMS 307 and BMS 308 for the anatomy and physiology requirement.

This information is provided as a guide only.

- OTC students are strongly encouraged to meet with their major specific MSU transfer advisor early in their OTC education to discuss the most appropriate OTC coursework for their intended MSU major, MSU degree requirements, etc.

 Students are required to fulfill MSU graduation and GPA requirements to receive a degree and should consult with their MSU advisor and the MSU undergraduate catalog for details, as there may exist pre-requisite requirements as
- well as periodicity limitations that could affect scheduling sequences.

 Please note that transfer students from Missouri public colleges and universities may follow the general education and general baccalaureate degree requirements in effect at Missouri State when they first enrolled (or re-enrolled after an absence of one calendar year or more) as degree-seeking students at the institutions from which they transferred (e.g., OTC).

^{**} Electives provide the opportunity to customize your degree program. Some elective credits may or may not be needed to bring total credit hours to a minimum of 120 credit hours and upper division hours (300+) to 40.