

| Variable/subscale                 | level       | Girls         | Boys          | Meaning                           |
|-----------------------------------|-------------|---------------|---------------|-----------------------------------|
| G – B (Overall level of Optimism) | Optimistic  | 11.31         | 10.30         | More Optimistic                   |
|                                   | Average     | 6.50          | 5.05          |                                   |
|                                   | Pessimistic | 2.27          | 0.43          | More Pessimistic                  |
| HoB (Hopelessness-bad events)     | Optimistic  | < 3.00        | < 3.00        | Resilient and upbeat              |
|                                   | Average     | 3.00 - 8.00   | 3.00 – 8.00   |                                   |
|                                   | Pessimistic | > 8.00        | > 8.00        | Brittle, catastrophizes           |
| Total B (Bad events)              | Optimistic  | < 6.25        | < 7.26        | Almost invulnerable to depression |
|                                   | Average     | 6.25 - 8.19   | 7.26 – 10.00  | Somewhat depressive               |
|                                   | Pessimistic | > 8.10        | > 10.00       | At marked risk for depression     |
| Total G (Good events)             | Optimistic  | >15.27        | > 15.00       | Active, success prone             |
|                                   | Average     | 12.84 – 15.27 | 12.50 – 15.00 |                                   |
|                                   | Pessimistic | < 12.84       | < 12.50       | Passive, failure prone            |