

Save on Your Prescriptions with Step Therapy

Step Therapy is a program designed to offer you the best medication at the lowest possible cost. With Step Therapy, your plan includes the lowest-cost medicine (Step-One drugs), and not the higher cost alternatives (Step-Two drugs). This helps encourage you and your doctor to choose the less expensive drug and save on your prescription costs.

If you are currently taking medication for one of the following conditions, you may need to switch to a Step-One drug to have your prescription covered by your plan:

- Acid Reflux
- Acne
- Attention Deficit/Hyperactivity
- Allergic Conjunctivitis
- Blood Pressure
- Depression
- Diabetes
- Fibromyalgia
- Glaucoma
- Gout
- Hay Fever
- High Cholesterol
- Hyperphosphatemia
- Inflammatory Bowel Disease
- Insomnia
- Mental Health
- Migraines
- Muscle Spasms
- Osteoporosis
- Overactive Bladder
- Pain
- Prostate Health

Why Switch?



Step-One alternatives save you money



Alternative medications are safe and effective



When you and your employer save on prescription costs, everyone pays less.



What You Need To Do

If you currently take a Step-Two medication for one of the conditions listed on the left, it may no longer be covered under your plan. Please take the following action:



Call 800-771-4648 (TTY: 711) to see if you need to switch to a Step-One medication. The list on the following page shows many of the Step-Two medications and their Step-One alternatives that are part of this program. Representatives are available 24 hours daily.*



Call your doctor before your next refill and discuss changing your prescription to a Step-One alternative. Switch today and save!



Make the change before your drug is no longer covered.

* Some service hours may result in a call back from a pharmacy representative

As your pharmacy benefit manager, Elixir is here to help!
Call us at **800-771-4648** or visit elixirsolutions.com.

Step Therapy



STEP THERAPY CATEGORY	STEP-ONE	STEP-TWO
ACE Inhibitor/Calcium Channel Blocker Combinations	amlodipine/benazepril	trandolapril/verapamil, perindopril/amlodipine
Renin Angiotensin System Antagonists	candesartan, irbesartan, irbesartan-HCTZ, losartan, losartan-HCTZ, olmesartan, olmesartan-HCTZ, telmisartan, valsartan, valsartan-HCTZ	azilsartan, azilsartan-HCTZ, candesartan-HCTZ, eprosartan-HCTZ, telmisartan-HCTZ
ADHD - Amphetamine Products	amphetamine/dextroamphetamine (generic), amphetamine/dextroamphetamine ER (generic), dextroamphetamine (generic),	amphetamine, amphetamine/dextroamphetamine (brand), dextroamphetamine (brand), dextroamphetamine ER (brand), dextroamphetamine solution, lisdexamfetamine, methamphetamine
ADHD – Miscellaneous Stimulants	dexmethylphenidate (generic), methylphenidate (generic), methylphenidate ER (generic),	methylphenidate (brand), methylphenidate patches, methylphenidate solution, methylphenidate suspension, methylphenidate chewable, serdexmethylphenidate/dexmethylphenidate
Alpha-1 Blockers	alfuzosin, doxazosin, silodosin, tamsulosin, terazosin	doxazosin ER, dutasteride-tamsulosin
Atypical Antipsychotics	aripiprazole, olanzapine, quetiapine, risperidone, ziprasidone	lumateperone, iloperidone, paliperidone lurasidone, brexpiprazole, asenapine
Bisphosphonates	alendronate, ibandronate	risedronate
Bladder Antispasmodics	flavoxate, oxybutynin, tolterodine, trospium	darifenacin, fesoterodine, solifenacin, oxybutynin patch
Beta Blocker (Cardio Selective)	atenolol, betaxalol, bisoprolol, metoprolol succinate, metoprolol tartrate	nebivolol
Calcium Channel Blockers	amlodipine, felodipine, isradipine, nifedipine SR, nifedipine, nifedipine ER	levamlodipine, nisoldipine
Fibromyalgia (Various Drug Classes)	amitriptyline, cyclobenzaprine IR, desipramine, gabapentin IR	milnacipran
GI Glucocorticoids	budesonide (generic Entocort)	budesonide (Ortikos), budesonide (Uceris and generic)
Gout	allopurinol	febuxostat
Metformin ER Products	metformin ER (generic Glucophage XR)	metformin ER (brand and generic Fortamet)
Statins	atorvastatin, lovastatin, pravastatin, rosuvastatin, simvastatin	lovastatin ER, fluvastatin, pitavastatin
Muscle Relaxants	baclofen, carisoprodol 350 mg, chlorzoxazone, cyclobenzaprine (generic Flexeril), methocarbamol, orphenadrine, tizanidine	carisoprodol 250 mg, cyclobenzaprine (Fexmid and generic), metaxalone
Nasal steroids	budesonide (Rhinocort AQ), flunisolide (Nasalar) fluticasone propionate (Flonase)	beclomethasone (QNASL, Beconase AQ), fluticasone/azelastine (Dymista), mometasone (Nasonex), ciclesonide (Omnaris)
Ophthalmic Antihistamines	alomide, azelastine drops, cromolyn 4%, epinastine drops, olopatadine drops (generic Patanol)	nedocromil drops, bepotastine drops, alcaftadine drops, olopatadine drops (Pataday, Pazeo)

Step Therapy *continued*

STEP THERAPY CATEGORY	STEP-ONE	STEP-TWO
Ophthalmic Prostaglandin Analogs	latanoprost	bimatoprost, travoprost, latanoprostene, tafluprost
Acne - Oral Antibiotics	doxycycline hyclate (generic Vibramycin), doxycycline monohydrate (generic Adoxa), minocycline IR	doxycycline (Acticlate, Targadox), doxycycline ER (Doryx and generics) minocycline ER, sarecycline
Phosphate Binders	calcium acetate	ferric citrate lanthanum sevelamer (Renagel, Renvela) sucroferric oxyhydroxide
Proton Pump Inhibitors	esomeprazole, lansoprazole, omeprazole, pantoprazole, rabeprazole	dexlansoprazole
Sedatives and Hypnotics	eszopiclone, zaleplon, zolpidem, zolpidem CR	suvorexant, emborexant, zolpidem sublingual, zolpidem spray
SNRI - Serotonin-Norepinephrine Reuptake Inhibitors	venlafaxine	desvenlafaxine ER, levomilnacipran
SSRI - Selective Serotonin Reuptake Inhibitors	citalopram, escitalopram, fluoxetine, fluoxetine DR fluvoxamine, paroxetine, paroxetine CR, sertraline	fluvoxamine ER, vortioxetine, vilazodone
Triptans - Oral and Nasal	naratriptan, rizatriptan, sumatriptan, zolmitriptan	almotriptan, frovatriptan, eletriptan, sumatriptan nasal (Onzentra, Imitrex), zolmitriptan nasal
Pain	tramadol IR, tramadol ER	tramadol ER (Conzip and generics), tramadol ER 150mg
Fenofibrates	fenofibric acid, choline fenofibrate, fenofibrate (generic Tricor, Lofibra, Triglide)	fenofibrate (Lipofen), fenofibrate micronized

Step-One and Step-Two agents are listed by their active ingredient name.
This list is subject to change.