

Navigating Your Holiday

ONLINE SEMINAR

Having successful holidays

Learn some effective ways to plan, organize, and make the most of your holiday.

LET US HELP

Visit your home page starting Oct. 18th

- Go to <https://helpwhereyouare.com/CompanyLogin/1515/mercy>
- Enter the username and password as shown
 - ❖ USERNAME: **MSU**
 - ❖ PASSWORD: **MSU**

TOLL-FREE: **800-413-8008 #2**

Available anytime, any day, your Employee Assistance Program is a free, confidential program to help you balance your work, family, and personal life.

Always Available | Free | Confidential



OCTOBER 2022

YOUR EMPLOYEE ASSISTANCE PROGRAM

Mercy  Employee Assistance Program