

**BONUS  
WEBINAR**



**MLE LIVE MONTHLY WEBINAR SERIES**

# **DEALING WITH PROLONGUED GRIEF**

**DATE: 5/27/2026**

**TIME: 1:30PM TO 2:30PM EST**

The trauma of the pandemic has reshaped how we experience and process grief, with prolonged grief now officially recognized in the DSM-V. In this interactive session, participants will explore the definition of prolonged grief, its cognitive, emotional, and physical effects, and best practices for coping. You'll gain valuable insights into treatment options and resources to help support yourself and loved ones through these challenging times. Join us to better understand this complex form of grief and learn strategies to promote healing and resilience

Register for this event at:  
[YourEAPLogin](#)

**OR**

[REGISTER NOW](#)

When creating a new account,  
use company code: **MSU**



**Our information, services and support programs are here for you with 24/7 access to help when you need it.**