

JULY 2023

Overcoming Parental Guilt

ONLINE SEMINAR

When faced with challenges, it's common that we as parents may question if we are doing a good enough job. In this session, we will learn how to overcome parental guilt and continue to do your best.

To access the online seminar, visit your home page starting July 18th.

- Click this link:

<https://helpwhereyouare.com/CompanyLogin/1515/mercy>

- Enter the username and password as shown below:

USERNAME: MSU

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- Scroll down and click on "Online Seminars"

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