



Welcome to

Your EAP Website

You have instant, confidential access to the help you need, all in the palm of your hand.

Our EAP portal gives employees access to relevant content focused on health & wellness, family, aging, education, mental health, career, legal and financial information.

Features:

- ✓ Lifestyle Assessments
- ✓ Chat Assist for Work-life support
- ✓ Articles, Videos, Podcasts and Calculators.
- ✓ Nationwide Resource Locators
- ✓ Integrated Soft Skill Courses
- ✓ Discount Marketplace
- ✓ The Financial Center
- ✓ The Legal Center
- ✓ Free Live Monthly Webinars
- ✓ The Member Profile allows you to save favorites, view certificates and set personal notifications.

Create your individual account at [Your EAP today!](#)

Use access code:
MSU



ALWAYS CONFIDENTIAL