

## DTN 130 - Articles, Videos, and Textbook Resources

### Articles

1. Laraia BA, Leak TM, Tester JM, Leung CW. Biobehavioral factors that shape nutrition in low-income populations: a narrative review. *Am J Prev Med.* 2017;52(2S2):S118-S126.
2. Schubert L, Gallegos D, Foley W, & Harrison C. Re-imagining the “social” in the nutritional sciences. *Public Health Nutrition*, 2011; 15(2): 352-359. doi: 10.1017/S1368980011001297
3. Pelto GH & Freake HC. Social research in an integrated science of nutrition: future directions. *Journal of Nutrition*, 2003; 133: 1231–1234.
4. Maurer D & Sobal J (editors). *Eating Agendas: Food and Nutrition as Social Problems*. 1995. New York: Aldine DeGruyter.
5. Germov J & Williams L. *A Sociology of Food and Nutrition: The Social Appetite*. 2004. Melbourne: Oxford University Press.
6. McGarvey ST. Interdisciplinary translational research in anthropology, nutrition and public health. *Annu Rev Anthropol*, 2009; 38: 233–249.
7. Lang T. Food control or food democracy? Reengaging nutrition with society and the environment. *Public Health Nutr*, 2005;8, 730–737.
8. Scrinis G. Functional foods or functionally marketed foods? A critique of, and alternatives to, the category of ‘functional foods’. *Public Health Nutr*, 2008; 11: 541–545.
9. Lang T. Food industrialisation and food power: Implications for food governance. *Dev Policy Rev*, 2003; 21: 555–568.
10. Rose N, Serrano E, Hosig K et al. The 100-mile diet: A community approach to promote sustainable food systems impacts dietary quality. *J Hunger Environ Nutr*, 2008; 3: 270–285.
11. Delormier T, Frohlich KL & Potvin L. Food and eating as social practice – understanding eating patterns as social phenomena and implications for public health. *Sociol Health Illn*, 2009; 31: 215–228.
12. Lang T, Barling D & Caraher M. Food, social policy and the environment: Towards a new model. *Soc Policy Adm*, 2001; 35: 538–558.
13. Murcott A. Nutrition and inequalities: A note on sociological approaches. *Eur J Public Health*, 2002; 12: 203–207.
14. Wethington E. An overview of the life course perspective: Implications for health and nutrition. *J Nutr Educ Behav*, 2005; 37: 115–120.
15. Perez-Escamilla R & King J. Evidence-based public nutrition: An evolving concept. *J Nutr*, 2007; 137: 478–479.
16. Stefani MC, Humphries DL. Exploring culture in the world of international nutrition and nutrition sciences. *Advances in Nutrition*, 2013; 4(5): 536-538.
17. Fattore G, Agostoni C. Health, wellbeing, and social sciences. *Food Science & Nutrition*, 2016; 56(12): 1960-1963.
18. Pettoello-Mantovani M. The social and environmental dimensions of nutrition science. *Public Health Nutrition*, 2005; 8: 749-752.
19. Wertheim-Heck, S., Raneri, J.E., & Oosterveer, P. (2019). Food safety and nutrition for low-income urbanites: Exploring a social justice dilemma in consumption policy. *Environment and Urbanization*, 31(2), 397-420.

20. Raine, K., McIntyre, L., & Dayle, J. B. (2003). The failure of charitable school- and community-based nutrition programmes to feed hungry children. *Critical public Health*, 13(2), 155-169.
21. Robinson M. (1999). The human right to food and nutrition. *SCN news*, (18), 17–18.
22. Iyengar, G. V. & Nair, P. P. (2000). Global outlook on nutrition and the environment: Meeting the challenges of the next millennium. *Science of The Total Environment*, 249(1-3), 331-346.
23. Lang, T. (2005). Food control or food democracy? Re-engaging nutrition with society and the environment. *Public Health Nutrition*, 8(6a), 730-737. doi:10.1079/PHN2005772
24. Barry M. Popkin, The Nutrition Transition and Obesity in the Developing World, *The Journal of Nutrition*, Volume 131, Issue 3, March 2001, Pages 871S–873S, <https://doi.org/10.1093/jn/131.3.871S>
25. Pingali, P. & Sunder, N. (2017). Transitioning toward nutrition-sensitive food systems in developing countries. *Annual Review of Resource Economics*, 9, 439-459.
26. Dennett, C. Social determinants of health: Looking beyond the individual. *Today's Dietitian*. Volume 22, Issue 6, June 2020, Page 33. <https://www.todaysdietitian.com/newarchives/JJ20p32.shtml>
27. Glanz, K & Bishop, D. The Role of Behavioral Science Theory in Development and Implementation of Public Health Interventions. *Annual Review of Public Health*. 2010 31:1, 399-418

## Videos

[Josette Sheeran: Ending hunger now](#)



[Kristen Wenz: What if a single human right could change the world?](#)



[Ann Cooper: What's wrong with school lunches](#)



[Marcel Dicke: Why not eat insects?](#)



[Aparna Pallavi: What foods did your ancestors love?](#)

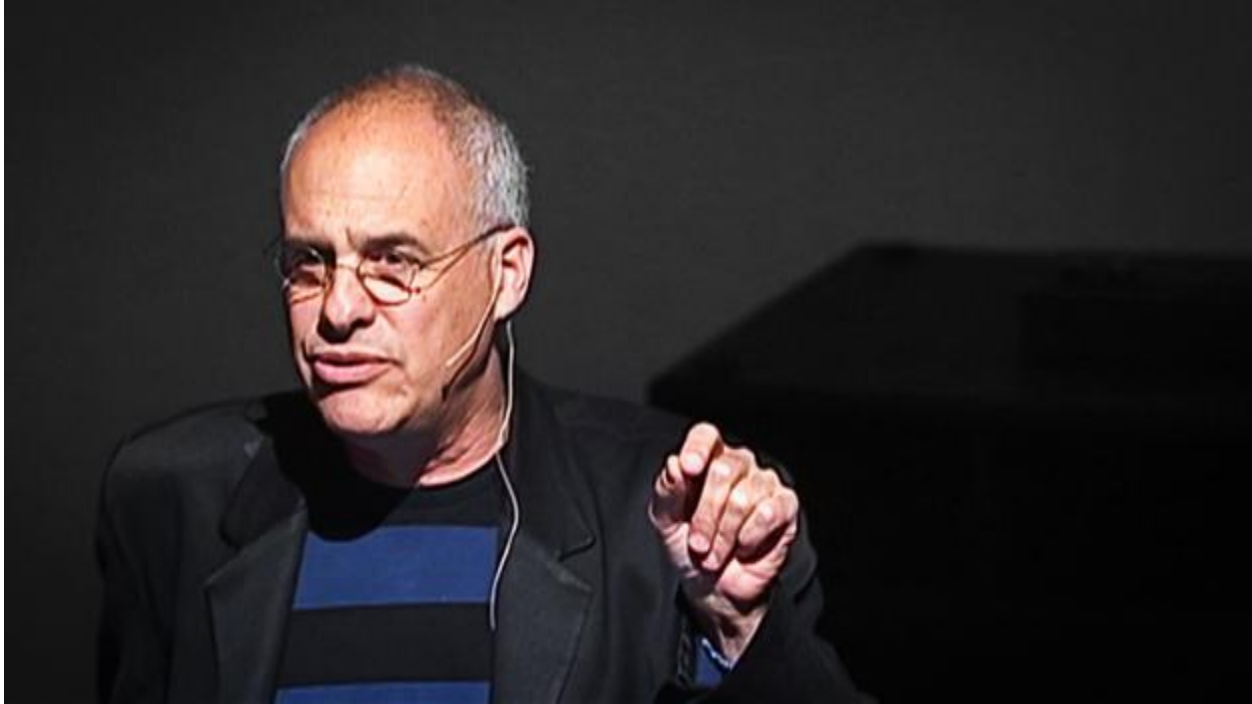




[Peter Attia: Is the obesity crisis hiding a bigger problem?](#)



[Mark Bittman: What's wrong with what we eat](#)



[Why Food Is A Social Justice Issue](#)



[The Shocking Truth About Food Insecurity | Clancy Cash Harrison | TEDxWilmingtonWomen](#)



[Why Nutrition Studies Keep Contradicting Each Other](#)



[The epidemic of chronic disease and understanding epigenetics | Kent Thornburg | TEDxPortland](#)



[How a BMI Fallacy Convinced the World that Diabetes Is a Disease of Excess](#)



### **Select Textbook Sections to Note**

1. A National Agenda for Improving Nutrition and Health (pg. 9)
2. Understanding Food Choices (pg. 14)
  - a. Influences introduced in this chapter include availability, income, convenience, advertising, media, social and cultural factors, and personal values/beliefs.
3. How Do You Tell if It's Nutrition Fact or Nutrition Fiction? (pg. 22)
4. The Challenge of Dietary Guidelines (pg. 37)
5. The Trans Fatty Acid Controversy – Is Butter Better? (pg. 138)
6. Vegetarian Eating Patterns (pg. 174)
7. Causes of Obesity (pg. 295)
  - a. Genetics, environment, eating attitudes/behaviors
8. Diet Confusion – Weighing the Evidence (pg. 316)
9. Nutritional Supplements – Help or Hype? (pg. 354)
10. Factors that Influence Childhood Nutrition (pg. 378)
11. Healthy Adults (pg. 384)
12. Sources of Nutritional Assistance (pg. 389)
13. Safe Food Storage and Preparation (pg. 406)
14. Food Technologies (pg. 419)
15. Eat Fresh Eat Local (pg. 424)
16. Global Food Insecurity (pg. 427)

### **Additional Resource Links:**

#### **Dietary Guidelines from Around the World-USDA**

<https://www.nal.usda.gov/fnic/dietary-guidelines-around-world>