

Missouri State
UNIVERSITY



FAMILY PROGRAMS

2022-23 CALENDAR

MissouriState.edu/BearsFamilies

**MAKE YOUR
MISSOURI
STATEMENT.**



WELCOME TO THE FAMILY!

I'm thrilled you'll join the Missouri State campus community in supporting your student in his or her transition to university life.

It wasn't too long ago that I sent my daughters to college. As a family member, I didn't know what to expect. I was very excited for the next chapter in their lives, but I was also nervous of the changes that would take place at home and with my student. Would my student be safe at college? Would my student still "need" me? What was my role as the family member of a college student?

At Missouri State, we place great value on student success – in and out of the classroom. And, we know that family members, like you, play a vital role in supporting your student throughout his or her university experience. With the outstanding academic, professional and co-curricular opportunities provided on our campus, your student will be able to explore new interests, solidify existing

passions and discover his or her role in making communities better places to live and work.

Please encourage your student to take advantage of the opportunities at Missouri State. By becoming an informed partner, equipped with knowledge of campus resources, events and policies, you'll be well prepared to coach your student toward success.

That's exactly why we have designed resources especially for you. I invite you to read this resource, the Family Calendar, as well as the Bear Family Guide, our Family Connection blog, our social media platforms and the Family Programs website at MissouriState.edu/BearsFamilies. Discuss them with your student. Communicating with your student is integral in promoting his or

her growth. Our partnership can help ensure success.

We're excited your student has chosen to attend Missouri State, and I wish you both the best during the transition to university life.

Please don't hesitate to contact me at any time. I am very happy to help.

GO BEARS!



Priscilla Childress
Director,
New Student Orientation,
Family Programs and
Student Affairs
Special Events



MAKE PLANS TO VISIT YOUR STUDENT!

Missouri State hosts special events to welcome family members to campus throughout the academic year, like our Family Weekend and Spring Family Day at Hammons Field. However, we encourage families to visit us whenever it's convenient for you and your student. Quick note: we don't recommend surprising your student with a visit. Our students are very busy and if they are surprised, they might already have commitments and not be able to spend time with you.

While planning your trip, check out our Visitor's Guide online at MissouriState.edu/Visitors. This helpful resource provides you with details on nearby accommodations, directions to campus, parking information, Springfield attractions, dining options and much more!



MISSOURI STATE UNIVERSITY ALMA MATER

**Sing we praises
Now to our Alma Mater.
All Hail Maroon and White!
Missouri State,
We pledge devotion.
May you live ever in truth and right.
May you live ever in truth and right.**



MISSOURI STATE UNIVERSITY FIGHT SONG “THE SCOTSMAN”

**Uphold tradition,
Our school we hold so dear.
We will be loyal
Throughout our college years.
Fight for victory
While we stand up and cheer.
Let’s hear it for the Bears!
B-E-A-R-S, BEARS!
M-I-S-S-O-U-R-I STATE!**

About Missouri State University

Missouri State University is a public university system with an enrollment of more than 26,000 students who come from around the state and the world. The main campus is in Springfield, Missouri. There are three other physical campuses, two in Missouri — West Plains and Mountain Grove — and one in Dalian, China.

At Missouri State, we are committed to cultivating well-rounded citizens who are prepared to lead full, successful lives. We are a diverse and inclusive community of expert faculty and staff members who are forward-thinking teachers, learners and leaders. We share and celebrate the public affairs mission of Missouri State and foster a culture that celebrates open dialogue.

When students are here, we push them to go further by providing an unrivaled academic curriculum, meaningful student-teacher relationships and high-impact learning experiences. When students leave, they will transition into life as ready, able professionals who have the confidence and motivation to think beyond themselves and address societal issues. We’re here to help our students make their Missouri STATEments.



STAY INFORMED. FOLLOW CLIF SMART ON TWITTER @CLIFSMART



Expectations and transitions

WHAT CAN YOUR STUDENT EXPECT?

The coming academic year holds new experiences for your student. He/She can expect:

- To be challenged academically and personally.
- To be a part of a diverse community with many different perspectives, ethnicities, cultures and experiences.
- To be assured many helpful resources are available.

FAMILIES CAN:

- Listen intently when your student is talking.
- Empower your student to solve his or her own problems.
- Familiarize yourself with campus resources that can be helpful to you and/or your student.
- Know that your student may change his or her mind and major – which is OK.



Preparing for arrival

Attending SOAR has helped you and your student prepare for their arrival on campus this fall, but there are a few additional actions your family can take to support a smooth transition.

- Teach your student practical skills such as doing laundry, managing a budget and more. Building these skills will help your student feel more independent and confident. Discuss expectations regarding academics, social activities, finances, employment and other important topics.
- Know what to bring (and not bring). Consult the “What to Bring” list at: ***ResLife. MissouriState.edu/WhatToBring.***
- For commuters, remind your student that college is NOT an extension of high school. Encourage him/her to stay on campus between classes, attend events and get involved in organizations.

“ For families, it is exceedingly difficult to let your student leave the nest. My family was extremely saddened by me leaving, but understand that this is also scary for your student. This is the time for them to grow as an individual. For many students, this is their first time leaving home. Just understand that they may not call some days, or they might want to stay on campus some weekends. Always know that this is a new experience for them as well and just let them know you will always be there for them. ”

– **Spencer Vreeland, Sophomore**

JULY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 INDEPENDENCE DAY No Classes/ Offices Closed	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
					SUMMER VISIT DAY	
24	25	26	27	28	29	30
31			<p>“Missouri State has a department called ResNet to help on-campus residents with all technology needs. ResNet is open from 8 a.m.-5 p.m., Monday through Friday. And best yet, it’s FREE for on-campus residents! Check it out at ResNet.MissouriState.edu for more information and tutorials.”</p> <p><i>Angela Strider, Assistant Director of Residence Life-Business Services</i></p>			



Welcome to Missouri State

August is a very important month as students start settling into their new classes, begin making new friends and find resources to succeed during their first semester. Involvement on campus is a tremendously important factor in your students' success. Students who are connected with campus life, both residential and commuter students, tend to do better academically, learn to manage their time and have an easier adjustment.

GETTING ACCLIMATED AS A BEAR

Surveys of college students indicate stress is a significant impediment to academic performance. With the transition from high school, your student may begin to experience some academic pressure. Remind them of the resources on campus such as the Bear CLAW, the writing center, peer leaders, professors and advisors.

If your student shows signs of serious physical, emotional or mental stress, encourage him or her to seek help through the Dean of Students Office at MissouriState.edu/DOS or the Counseling Center at [CounselingCenter. MissouriState.edu](https://MissouriState.edu/CounselingCenter).

BECOME AN ACADEMIC COACH

- Missouri State programs are more academically rigorous than what students have experienced in high school. Help your student understand the personal and professional benefits of the knowledge and skills he or she is gaining.

- Time management is a crucial skill for students to develop early. A planner, available at the Missouri State Bookstore, is a handy place to log assignments and commitments.
- Periodically ask your student if he or she is going to class, keeping up with assignments and seeking help when needed.
- If your student indicates he or she needs help, suggest visiting the Bear CLAW (Center for Learning and Writing) or their advisor.

EMBRACE YOUR ROLE AS A SUPPORT SYSTEM

- If your student lives in the residence halls, consider mailing care packages.
- If your student is a commuter student, consider leaving encouraging notes and treats in his/her car or backpack.
- When your student passes a big test, receives an award or joins a special organization, let him/her know how proud you are.

TRADITION OF THE MONTH



Make memories at Welcome Weekend!

A variety of activities are hosted to welcome students back to campus.

AUGUST 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15 THE URS EXPERIENCE Maroon and White Overnight	16	17	18	19 PRESIDENT'S RECEPTION FOR NEW FAMILY MEMBERS WELCOME WEEKEND	20
21 NEW STUDENT CONVOCATION	22 FALL CLASSES BEGIN	23	24	25	26 WOMEN'S EQUALITY DAY	27
28	29	30	31			
		<p>“My involvement on campus helped me tremendously my freshman year! I met most of my best friends in the organizations I joined freshman year. It also kept me informed in what was going on all around campus which helped me realize that there was always something to do where I could meet new people! Joining organizations on campus made me feel less homesick because it helped me find a community that made Missouri State feel like home!”</p> <p>Sarah Farrar, Junior</p>				



Attend the Public Affairs Conference

During this free event, you will be able to hear from some of the nation's most compelling speakers. Previous examples include former first daughter Jenna Bush Hager, now a media personality; retired U.S. Gen. Colin L. Powell; and actor John Goodman, an MSU graduate. There are a variety of sessions planned. Attend one with your student. **PublicAffairs.** MissouriState.edu/Conference

OUR MISSION: PUBLIC AFFAIRS

The moment your student chose Missouri State, he/she became part of something much bigger than campus. Missouri State was granted a statewide mission in public affairs in 1995 when Senate Bill 340 was signed into law. Your student's education will be different because of this public affairs mission. He will find an emphasis on understanding the world

and making it a better place. She will engage with the community. Your student will be ready to work and live with people from different backgrounds.

THE THREE PILLARS OF PUBLIC AFFAIRS

Contributing to our public affairs mission are a multitude of academic programs, experiences outside the classroom and events that are offered throughout the year. They are driven by three broad themes:

- Ethical leadership is striving for excellence and integrity as students develop ethical and moral reasoning while contributing to the common good.
- Cultural competence begins with cultural self-awareness and expands to knowledge of, respect for and skills to interact with those of other cultures.
- Community engagement is recognizing needs in our communities, then contributing knowledge and working with the community to meet those needs.

FAMILIES CAN:

- Expect to hear about your student's trials and tribulations more frequently than you'll hear about the triumphs. Be an open ear with a positive attitude and he or she will likely come away with a more positive outlook.
- Encourage your student to get to know their professors and ask for help if needed. Remind them about office hours that each professor has and suggest they take advantage of these times to have one-on-one conversations with their professors.
- Address signs of stress early. Forgetfulness, moodiness and fatigue can all be early signs of stress. Bears need to make stress management a part of their everyday college life. Encourage your student to visit the Counseling Center (**CounselingCenter.** MissouriState.edu) if they are experiencing stress. Know that all full-time counseling staff are licensed professionals, very experienced with working with college-aged students and have a passion for helping our students. Mental health impacts every aspect of a student's life. Encourage your student to make time for themselves and their mental well-being.

TRADITION OF THE MONTH



Attend the Public Affairs Conference.

During this free event, renowned speakers and experts explore issues related to this year's theme: From Words to Deeds. The dates are Sept. 20-22.

SEPTEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Hispanic Heritage Month				1	2 DEADLINE TO REQUEST A FERPA HOLD	3
4	5 LABOR DAY No Classes/ Offices Closed	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20 PUBLIC AFFAIRS CONFERENCE	21	22 MAJORS FAIR	23 FAMILY WEEKEND	24
25	26	27	28	29	30	



Acclimating to college

The warm winds of summer are fading as cooler breezes rustle brightly colored leaves. Missouri State University students start planning Homecoming events, painting windows, building floats for the annual parade, and proudly displaying their BearWear. Near the end of the month, they don Halloween costumes and showcase their love of pop culture as they look toward a much-deserved break in November.

But October also means midterms.

This celebration of knowledge is known by other names, of course. The least offensive four-letter word – test – is one of the many we prefer not to use. You can flunk a test.

We prefer to call them “Celebrations of Learning.” It’s a special time affording them the opportunity to prove what they know by answering a series of questions posed by their professors. After all, you can’t flunk a celebration. “You can do it!”

“We believe in you!”

“We’re proud of you!”

Help us remove the stigma of midterm week and help your student celebrate his/her accomplishments.

FAMILIES CAN:

- Send notes of encouragement.
- Suggest your student study in advance – we recommend about 30 minutes a day for at least five days prior to the examination.
- Suggest your student take advantage of the Foster Recreation Center.

TRADITION OF THE MONTH



Visit the Bear CLAW!

Visit this interactive space which offers tutoring, the Writing Center and many other services. This is a good time to work on areas that need improvement.

OCTOBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
National Disability Employment Awareness Month LGBT History Month Disability Awareness Month						1 FAFSA OPENS
2	3	4	5	6	7	8
9	10	11	12	13 FALL HOLIDAY No Classes/ Offices Open	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28 HOMECOMING	29
30	31 HALLOWEEN	<p>“It’s helpful to support your college student during this (sometimes) stressful time. It’s a preview of their final. Remember that he or she might communicate less because there’s only so much time in the day. Send your son or daughter a ‘care package’ full of healthy snacks and a note that helps reframe this often-stressful time.”</p> <p><i>Michael Frizell, Director Student Learning Services</i></p>				



Coming home for break

November is a big month for your student. In addition to getting ready for final exams and big assignments, he or she will likely be preparing for Thanksgiving break. It's important to discuss expectations before break. Since starting college, your student has a new sense of independence. While it's appropriate for your student to respect house rules, it's also a good idea to renegotiate rules that respect your needs and those of your student's.

SOME THINGS STUDENTS WOULD LIKE THEIR FAMILIES TO KNOW:

- *"When I go home for the holidays, I wish my family would remember that I've been living on my own for the last five months and still need to have my space at home."*
- *"When I'm on break from school, I wish my family would avoid making a lot of plans of places for me to go. When I come home from school, I'm tired of running from one thing to another. Most of the time I just want to relax."*
- *"I wish my family would remember that while I'm coming home to spend time with them, I haven't seen my closest friends for a long time. I want to spend time with my family, but at the same time, I want to be able to enjoy the rare time I get with others that are a part of my life."*

FAMILIES CAN:

- Learn to compromise. Converse and reason even when it's hard and try to stop making demands (Hefferman, 2015).
- Stop seeing this as lingering days of childhood, but rather, the first moments of adulthood (Hefferman, 2015).
- Adopt a wait-and-see attitude until the next break if your student is struggling to connect in or outside of the classroom, but there is not a mental health concern. (www.PositionU4College.com).
- Work together to build a calendar during break (Johnson, 2010).
- Be conscious that students recognize they go through a lifestyle change. However, any changes you exhibit or any change to the environments they left in the summer might be met with resistance (Johnson, 2010).

TRADITION OF THE MONTH



Eat at the Union Club.

The Union Club is the best kept food-related secret on campus. Located on the 4th floor of Plaster Student Union, the Union Club offers a salad bar, soup and entrée that changes every day. A favorite spot of faculty and staff, it's a great space to connect with professors or Missouri State staff.

NOVEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Native American Heritage Month Panamanian Independence Month		1 FOUNDATION SCHOLARSHIP APPLICATION OPENS	2	3	4	5
6 DAYLIGHT SAVINGS ENDS	7 GENERAL SCHOLARSHIP APPLICATION OPENS	8	9	10	11 VETERANS DAY	12 FALL SHOWCASE
13	14	15	16	17	18	19
20	21 THANKSGIVING HOLIDAY No Classes/ Offices Open	THANKSGIVING HOLIDAY No Classes/ Offices Closed		24 THANKSGIVING DAY	25	26
27	28	29	30			



Exploring areas of interest

Now that your student has completed fall semester courses, changing majors may be on his/her mind. This often creates worry and concern on the part of both you and your student. Choosing a major can be a difficult process. It can also be a good opportunity for your student to explore interests and determine what he/she really wants to study. Your student may benefit from an internship or other employment opportunities to help determine career

options. Encourage your student to contact his/her academic advisor and a career counselor from the Career Center to explore the variety of available options.

As the semester is winding down, students forget to practice self-care as a Bear. Encourage your student to get a free flu shot from Magers Health and Wellness.

FAMILIES CAN:

- Offer support during the last couple of weeks of the semester. Send a card, give a pep talk, text a cute video that will make your student smile. Remember these last weeks are very busy, so your student's time will be at a premium.
- Keep in mind Missouri State is challenging your student academically. Your student might have some unexpected grades at the end of the semester. Try not to overreact if you think his/her work doesn't meet your expectations. Have intentional conversations with your student about the upcoming semester and help him/her reflect on the past semester.

TRADITION OF THE MONTH



Attend the President's Finals Breakfast.

President Clif Smart hosts the President's Finals Breakfast on Monday evening of finals week. It's the perfect opportunity to get some much-needed food and fun while studying. Finals Breakfast features everyone's favorite breakfast food, as well as games, prizes and activities.

DECEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8 FALL CLASSES END	9 STUDY DAY No Classes/ Offices Open	10 FINALS
11	12 PRESIDENT'S FINALS BREAKFAST	13	14	15	16 FALL COMMENCEMENT	17
18	19 WINTER HOLIDAY No Classes/ Offices Closed	20	21	22	23	24
25 CHRISTMAS DAY	26	27	28	29	30	31
			<p>“Encourage your student to overcome challenges. College is hard and struggles happen. The Bear Claw, our faculty and staff, and tutoring are all available to help your student succeed.”</p> <p><i>Clif Smart, President, Missouri State University</i></p>			



Looking forward

As a new semester begins, it's a chance to reflect on the previous semester and learn from any missteps. If your student did not perform to their expectations, take this time to evaluate what they can do differently going forward. It's helpful to remind your student that he/she now has a semester of experience to draw upon. Ask your student to share some examples of good decisions made during the previous semester, such as sticking with a study plan, getting help from a campus resource or joining a student

organization. Helping your student acknowledge these successes can give him or her the confidence needed to perform well in the future.

Now is a good time for students to decide upon summer plans. Summer employment, internships, summer classes and service experiences are common options for students. Students should prepare by developing resumes, completing job applications and/or meeting with their academic advisor.

FAMILIES CAN:

- Remind your student the New Year is a good time to review his/her financial situation, apply for scholarships, complete the FAFSA and make a budget.
- Encourage your student to check-out organizations on campus that speak to his/her interests and hobbies. It's never too late for your student to get involved on campus.



TRADITION OF THE MONTH



Rub the bear in Great Southern Bank Arena for good luck.

The senior class of 2008, as a gift to support the Bears, donated the bronze bear statue in Great Southern Bank Arena. On your way to the student section, give the basketball team some good luck by rubbing the bear!

JANUARY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 NEW YEAR'S DAY	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16 MLK SERVICE CHALLENGE/ MARTIN LUTHER KING JR. HOLIDAY No Classes/ Offices Closed	17	18	19	20	21
22	23 SPRING CLASSES BEGIN	24	25	26	27 DEADLINE TO REQUEST A FERPA HOLD	28
29	30	31				
		<p>“Your classmates are your friends. I wish my first semester I did this because it makes such a difference, your first day of class take the time to introduce yourself to some classmates. Once you have that connection you automatically have someone you can reach out to if you are struggling with a concept, if you have to miss class for some reason, or if you want a study partner.”</p> <p><i>Meadow Eddleman, Junior</i></p>				



Career guidance is a team effort

If your student is exploring career possibilities, Missouri State's Career Center may be his/her most valuable resource. Using an educational approach, the Career Center helps students learn how to direct their own career development. These skills are useful during college, immediately after graduation and throughout your student's professional life.

The Career Center recommends students use its services right away. Early career planning can greatly contribute to future career success.

Most new students are reluctant to do so, however, consider giving your student some encouragement to meet with a career counselor during his/her first year.

FAMILIES CAN:

- Affirm your student's talents and personality traits.
- Listen (nonjudgmentally) to your student's thoughts about classes and activities. You may have helpful insights.
- Refer your student to the Career Center, **CareerCenter.MissouriState.edu**, for counseling if he/she is interested in exploring majors and careers (particularly multiple options).

- Encourage your student to balance social life and academics while developing study skills and enjoying a variety of activities.
- Recommend that your student investigate job responsibilities and gain work experience by obtaining an internship.



TRADITION OF THE MONTH



Attend an event with Multicultural Programs.

Multicultural Programs has an array of initiatives including Identity Months that celebrate diverse groups; Adulting with the MRC which focuses on skills students need after college, such as financial literacy. There are also roundtables, documentary series, and Lunch & Learn, which explore various hot topics.

FEBRUARY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
African American History Month			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
		VALENTINE'S DAY				
19	20	21	22	23	24	25
	PRESIDENT'S DAY No Classes/ Offices Closed					
26	27	28				
	<p>“If you’re undeclared in your major, go to the Career Center and take the personality assessments! They are free and can’t hurt. They might not provide a clear answer like, ‘This is what you are going to do,’ but you can look at data, get to know yourself, read about different careers and more. For example, it made clear to me what I’m passionate about and solidified what I already thought I knew, and that guided my thought process.”</p> <p><i>Rachel Reed, Senior</i></p>					

MARCH 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Women's History Month National Developmental Disabilities Awareness Month Irish American Heritage Month			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
DAYLIGHT SAVINGS BEGINS	SPRING BREAK No Classes/ Offices Open					ST. PATRICK'S DAY
19	20	21	22	23	24	25
26	27	28	29	30	31	
			<p>"Your college home has so much to offer off-campus. Some of my most transformational learning experiences happened in the Springfield community, where I served with others looking to make a difference. Learning about the community through service not only helped me make new friends, but also gave me a chance to test skills, major choices and strengthen career goals."</p> <p><i>Alex Johnson, Director of Community-Engaged Learning, Center for Community Engagement</i></p>			



It's time to register for classes

Missouri State believes it is critically important for students to have a knowledgeable, caring advisor help them make their academic plans. That's why an advising appointment is required for students with less than 75 credit hours before they may register. Early advising appointments ensure students can register on their sequenced date.

Flexibility is important. Sometimes courses close or are cancelled. Encourage your student to make trial class schedules and have alternative courses in mind. Students should confirm they have the prerequisites for the courses they have planned. Lacking a prerequisite will cause problems at registration time.

FAMILIES CAN:

- Encourage your student to make an appointment with his/her advisor as soon as possible. Before seeing the advisor, your student should review his/her degree audit and prepare a list of courses he/she is considering.
- Encourage your student to prioritize courses. Breaks between courses can be useful for study time, quick trips to the library, or study sessions with classmates.

TRADITION OF THE MONTH



Hang out by the John Q. Hammons Fountain.

The fountain is a fantastic place to relax. Whether it's for an entire afternoon or just a couple of minutes between classes, every Bear should take a second to dip their feet in the fountain.

APRIL 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Asian American and Pacific Islander Heritage Month						1
2	3	4	5	6	7 SPRING HOLIDAY No Classes/ Offices Closed	8
9 EASTER	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30		<p>"I encourage students to have one-on-one conversations with all of their professors, regardless of class size. It can be a meaningful experience getting to know a professor and could turn into an ongoing mentorship."</p> <p><i>Ross Hawkins, Director, Academic Advising and Transfer Center</i></p>				



Balance wellness at finals frenzy

It's time for finals. Your student is almost done with a year of college. When things get busy, it's easy for your student to forget he/she needs to exercise self-care. Exercise, good nutrition, self-affirmation and a good night's sleep help your student succeed.

FAMILIES CAN:

- Encourage your student to take advantage of Campus Rec facilities. Even a quick workout will energize your student.
- Talk to your student about food options and what they've been choosing to eat.
- Remind your student their professors are ready to assist them. Taking a few minutes to ask questions and get a different perspective helps your student finish strong.
- Let your student know you support them and are proud of them.



TRADITION OF THE MONTH



Attend a Student Musical Group Concert.

Missouri State has a variety of student musical groups, and most have at least two concerts a year. This is a great way to support your fellow Bears!

MAY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Jewish American History Month	1	2	3	4	5	6
7	8	9	10 MAY DAY	11 SPRING CLASSES END	12 STUDY DAY No Classes/ Offices Open	13 FINAL EXAM PERIOD
14 MOTHER'S DAY	15 PRESIDENT'S FINALS BREAKFAST	16	17	18	19 SPRING COMMENCEMENT	20
21	22	23	24	25 STUDENTS' FINAL GRADES, GPA CALCULATIONS AND ACADEMIC STATUS AVAILABLE ON TRANSCRIPTS	26	27
28	29 MEMORIAL DAY No Classes/ Offices Closed	30				



Prepare for a successful second year

Summer goes quickly – and so does college. This is a good time to discuss options that will maximize your student's time at Missouri State and set your student up for success as he/she enters his/her second year.

New to Missouri State is the Second-Year Experience, specifically designed for all students who are returning for their second year. While the first-year experience is filled with reacculturating (Bruffee, 1999) to the collegiate culture, students returning for their second year have a lot to celebrate. They also have a lot to consider for what they want to accomplish.

The second year typically serves as a time when students seriously contemplate their academic and professional careers. For all students, including first-generation students, the pathway may seem uncertain, but the dedicated programs of the Second-Year Experience will provide many resources to help your student succeed. For more information, visit **MissouriState.edu/AcademicSuccess**



ENCOURAGE YOUR STUDENT TO USE THE RESOURCES AVAILABLE AT MISSOURI STATE. SOME OF THESE OPPORTUNITIES INCLUDE:

- Combining academic achievement and community service through the Citizenship and Service-Learning courses. Your student will develop skill-sets, gain invaluable knowledge and proactively learn about community engagement. Learn more about service-learning opportunities at **MissouriState.edu/CASL**
- Exploring a domestic or international culture for a week or even a year through Education Abroad. This office facilitates high quality academic programs to increase cultural competence and develop global leaders of tomorrow. Learn more at **[International. MissouriState.edu/EducationAbroad](https://MissouriState.edu/EducationAbroad)**
- Becoming a leader on campus. There are more than 375 campus student organizations. Your student has a multitude of opportunities to become a leader. Learn more at **Organizations.MissouriState.edu/Guide**

TRADITION OF THE MONTH



Go to a Springfield Cardinals Game.

Springfield is home to the Double-A affiliate of the St. Louis Cardinals. Since 2005, they have found much success including a league championship and two division championships.

JUNE 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
11	12 SUMMER CLASSES BEGIN	13	14	15	16	17
18 FATHER'S DAY	19 JUNETEENTH NATIONAL INDEPENDENCE DAY No Classes/ Offices Closed	20	21	22	23	24
25	26	27	28	29	30	

"The Center for Academic Success and Transition has partnered with the divisions of Student Affairs and Academic Affairs to create a Second-Year Experience designed to meet the needs and interests of our second year and transfer students. The purpose of the Second-Year Experience is to:

- **Celebrate completion of your student's first year of college.**
- **Help prepare your student for their second-year success and beyond.**
- **Encourage your student to develop a stronger connection with their faculty members.**
- **Deepen the involvement of your student with the public affairs mission."**

Dr. Tracey Glaessgen, Center for Academic Success and Transition

DEPARTMENT	QUESTIONS	LOCATION	PHONE (417)	WEBSITE
Family Association	General resources for families	Plaster Student Union 416	836-3060	<i>MissouriState.edu/BearsFamilies</i>
Admissions	Admissions, transferring credit	Carrington Hall 204	836-5517	<i>MissouriState.edu/Admissions</i>
Adult Student Services	Assistance for students who are 22 or over, in evening classes, married or have children	Meyer Alumni Center 400	836-6929	<i>AdultStudents.MissouriState.edu</i>
Academic Advisement and Transfer Center	Academic advisement	University Hall 109	836-5258	<i>MissouriState.edu/Advising</i>
Alumni Association	Alumni programs	Meyer Alumni Center 100	836-5654	<i>Alumni.MissouriState.edu</i>
Athletics	Intercollegiate athletic programs	Hammons Student Center	836-5244	<i>MissouriStateBears.com</i>
BearCLAW	Tutoring, writing assistance	Meyer Library, 1st Floor	836-6398	<i>BearClaw.MissouriState.edu</i>
Bear Pantry	Food pantry for students and staff	University Hall basement	836-4840	<i>MissouriState.edu/BearPantry</i>
BearPass Card Office	Student ID Cards	Plaster Student Union 128	836-8409	<i>MissouriState.edu/BearPassCard</i>
Bookstore	Textbooks, BearWear apparel, computers and software	Morris Hall	836-5403	<i>MissouriStateBookstore.com</i>
Bursar's Office	Payments, tuition, fees	Carrington Hall 102	836-5128	<i>MissouriState.edu/BURSAR</i>
Campus Recreation	Recreation center and facilities, intramural sports, fitness and wellness programs	Foster Recreation Center	836-5334	<i>MissouriState.edu/Recreation</i>
Center for Academic Success and Transition	Academic support programs for students	Meyer Library 116	836-8343	<i>MissouriState.edu/AcademicSuccess</i>
Career Center	Job opportunities, interview skills, résumé writing	Carrington Hall 309	836-5636	<i>CareerCenter.MissouriState.edu</i>
Center for Leadership and Volunteerism	Leadership programs, volunteer opportunities	Plaster Student Union 131	836-7615	<i>MissouriState.edu/CLV</i>
Citizenship and Service-Learning	Service-learning classes	Plaster Student Union 131	836-5774	<i>MissouriState.edu/CASL</i>
Computer Services Help Desk	Computing issues		836-5891	<i>HelpDesk.MissouriState.edu</i>
Counseling Center	Counseling services	Magers Health and Wellness Center 304	836-5116	<i>CounselingCenter.MissouriState.edu</i>
Dean of Students Office	Assisting students with personal and educational goals	Plaster Student Union 405	836-5527	<i>MissouriState.edu/DOS</i>
Dining Services	Campus dining, meal plans, BoomerMeals	Blair-Shannon House 114	836-5660	<i>DineOnCampus.com/MissouriState</i>
Disability Resource Center	Disability resources, accommodations	Meyer Library 111	836-4192	<i>MissouriState.edu/Disability</i>
Education Abroad	Foreign/domestic study opportunities	Plaster Student Union 209	836-6368	<i>International.MissouriState.edu/EducationAbroad</i>
Family Programs	General resources for families	Plaster Student Union 418	836-3060	<i>MissouriState.edu/BearsFamilies</i>
Financial Aid	Scholarships, grants, loans	Carrington Hall 101	836-5262	<i>MissouriState.edu/FinancialAid</i>
Financial Services	Payment plans, direct deposit	Carrington Hall 113	836-5635	<i>MissouriState.edu/FSERV</i>
Fraternity and Sorority Life	Fraternities, sororities	Plaster Student Union 127	836-4386	<i>MissouriState.edu/StudentEngagement/FSL</i>
Graduate College	Graduate programs admission	Carrington Hall 306	836-5335	<i>Graduate.MissouriState.edu</i>
Honors College	Honors information	University Hall 212	836-6370	<i>MissouriState.edu/Honors</i>
Information Desk / Lost and Found	Campus information, lost and found items	Plaster Student Union Lobby	836-5885	<i>MissouriState.edu/Information</i>

Institutional Equity and Compliance	Discrimination, harassment	Park Central Office Building 111	836-4252	<i>MissouriState.edu/Equity</i>
Magers Health and Wellness Center	Health and wellness services, pharmacy	Magers Health and Wellness Center	836-4000	<i>Health.MissouriState.edu</i>
Meyer Library	Library information	Meyer Library	836-4535	<i>Library.MissouriState.edu</i>
Missouri State Foundation	Gifts to Missouri State, endowment	Meyer Alumni Center 100	836-4143	<i>MissouriStateFoundation.org</i>
Missouri State TIX	Tickets for athletic events, concerts, performances, and special events	JQH Arena; Hammons Hall for the Performing Arts; Plaster Student Union; Craig Hall	836-7678	<i>MissouriStateTix.com</i>
Multicultural Programs	Student growth and development; exploration of identity and self	Freudenberger House, Basement	836-5652	<i>MissouriState.edu/ MulticulturalPrograms</i>
Multicultural Services	Multicultural education and programs	Plaster Student Union 101	836-8921	<i>Multicultural.MissouriState.edu</i>
Orientation and Transition Programs	SOAR and URSA Experience	Plaster Student Union 417	836-7651	<i>MissouriState.edu/NewBears</i>
Outdoor Adventures	Outdoor activities and equipment rentals	Foster Recreation Center	836-5904	<i>MissouriState.edu/Recreation/ OutdoorAdventures</i>
Partners in Education	First-year students' academic records	Meyer Library	836-5034	<i>MissouriState.edu/StudentSuccess/ PartnersInEducation.htm</i>
Plaster Student Union	Campus life, vendors	PSU Information Desk 2nd Floor	836-5885	<i>MissouriState.edu/Union</i>
Registrar's Office	Registration, academic records	Carrington Hall 320	836-5520	<i>MissouriState.edu/Registrar</i>
Residence Life, Housing and Dining Services	Housing, residential programs	Hammons House 101	836-5536	<i>ResLife.MissouriState.edu</i>
Safe Walk	Safe campus transportation	636 E Elm	836-5509	<i>MissouriState.edu/SafeWalk</i>
ROTC	Army ROTC, Bear Battalion	Freudenberger House 34	836-5793	<i>MissouriState.edu/MilSci</i>
Safety and Transportation	Campus safety, parking, BearLine shuttle system	636 E Elm	836-5509	<i>MissouriState.edu/SafeTran</i>
Springfield Police Department Substation	Campus safety, crime reporting	636 E Elm	911 / 836-5327	<i>SpringfieldMo.gov/SPD</i>
Student Affairs	Support student success, foster student engagement, inspire commitment to publicaffairs, and instill pride and tradition	Carrington Hall 200	836-5526	<i>Studentaffairs.MissouriState.edu</i>
Student Conduct	Code of Student Rights and Responsibilities, disciplinary procedures	Plaster Student Union 405	836-6937	<i>MissouriState.edu/StudentConduct</i>
Student Employment	On- and off-campus jobs, work study	Blair-Shannon House 113	836-5627	<i>MissouriState.edu/StudentEmp</i>
Student Engagement	Student organizations, involvement opportunities, campus events	Plaster Student Union 127	836-4386	<i>MissouriState.edu/ StudentEngagement</i>
Student Ombudsman	Confidential problem-solving	Siceluff Hall 215	836-5107	<i>MissouriState.edu/Provost/Ombudsman. htm</i>
The Standard	Student newspaper	Clay Hall	836-5272	<i>The-Standard.org</i>
Theatre Productions	Campus theatrical or dance performances	Craig Hall - Coger Theater or Balcony Theater	836-7678	<i>TheatreAndDance.MissouriState.edu/ Productions.asp</i>
Title IX	Support resources	Carrington Hall 205	836-6810	<i>MissouriState.edu/TitleIX</i>
Transcripts	Official transcripts	Carrington Hall 320	836-5520	<i>MissouriState.edu/Transcripts</i>
University Communications	Campus news, new media	Meyer Alumni Center 600	836-6397	<i>News.MissouriState.edu</i>
University Safety	Campus safety, parking, Bear Line shuttle system	636 E Elm	836-5509	<i>MissouriState.edu/SafeTran</i>
Veterans Student Center	Veterans' services	Meyer Library 108	836-6199	<i>MissouriState.edu/Veterans</i>
Web Strategy and Development	University websites	Meyer Alumni Center 600	836-5271	<i>MissouriState.edu/Web</i>

BECOME A MEMBER OF THE **MISSOURI STATE** **FAMILY ASSOCIATION**

Families who support their student need their own type of support — and the Missouri State Family Association aims to provide it. The Family Association is an organization designed to help provide parents and family members a number of helpful resources, including:

- Information about Missouri State programs, services and events through our Family Connection blog, Bear Notes, our e-newsletter and regular emails.
- Special campus events such as Family Weekend and Spring Family Day.
- A first point of contact for parents and families who need answers to questions or referrals to appropriate departments or resources.
- Opportunities to participate in Missouri State programs and initiatives.

Missouri State
U N I V E R S I T Y

