

BEAR POWER

September 2024

MAKE YOUR MISSOURI STATEMENT™

Open House

Thank you to those who came or participated in our Open House! We had great speakers- President Biff Williams, Dean of Education Dr. Barri Tinkler, Dr. Chris Craig, and Julia Holmes. The Bear POWER students and an Ambassador did an amazing job answering questions and sharing about their experience.



CLASSES

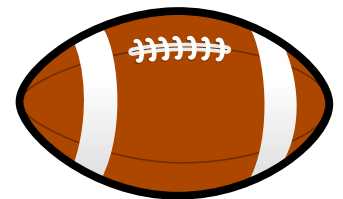
Bear POWER students have started the semester with enthusiasm! We have 3 cohorts (groups) of students on campus this fall. This is cohort 4's last semester - they will graduate in December! Cohort 5 is in their 3rd semester. Cohort 6 is our newest group to join. The students are taking all kinds of classes. Here are some examples:

Principles of Sustainability, Television Production, Play as Development, 2D Design, First Aid, Principles of Food Preparation, Ceramics, Religion in America, Intro to Theatre, Intro to Business, Intro to Companion Animals Science, Voice, Intro to Child & Family Development, Public Speaking, Floral Design, Handball, Intro to Riding, Weight Training, Yoga, World History, Creative Writing.



UPCOMING EVENTS

- Homecoming - Oct. 19
 - Parade starts at 9 am
 - Bear POWER Reunion 10 am (Hill Hall)
 - Music at 10:30 am (John Goodman Amphitheater)
 - Football game starts at 2 pm



ACADEMIC SUPPORT CLASS

Cohort 4 and 5 are learning Time & Money Management skills. Goals for this semester include:

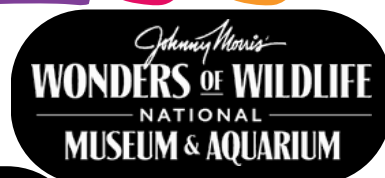
- Set and achieve goals using goal-setting activities. Holding ourselves accountable makes us more likely to succeed.
- Learn new time management strategies to balance academic, career, and social time. The more strategies we know, the more successful we'll be.
- Learn about math, money, and time management resources on campus and nearby. Being informed about available opportunities helps us become more independent.
- Apply what is learned in this course to a future career and everyday life.

MU Extension is also coming several weeks to teach cooking, healthy habits, and shopping skills! This includes hands-on cooking activities and take home recipes for the students!

Cohort 6 has been learning how to be a college student. Study skills, how to take notes, what resources are on campus, and how to be an active listener. We have had several guest speakers from the MSU Counseling Center, Student Engagement, MSU Bear CLAW (tutoring). Vocational Rehabilitation will be coming to speak to the students. In addition, the students have worked on resumes and will be looking at possible internships for the spring semester.

Internships

Students in cohorts 4 and 5 have internships this fall. Two students have paid positions. Six positions are off campus and students are learning how to book their own transportation. Transportation costs are being provided by either a grant given to Bear POWER by Community Foundation of the Ozarks or Vocational Rehabilitation. Some of the sites include: MSU Grounds, MSU Child Development Center, Arts Inspired Academy (Abilities First), The Moxie, the Dickerson Park Zoo, Wonders of Wildlife, Campus Christian House, Turners Rock Retirement Living, and more! We appreciate the campus and community partnerships!



SUPPORT BEAR POWER

We couldn't help support students and give them opportunities to engage on campus without donor's financial support. If you can help support our program, and want to make a donation, please scan the QR code or go to <https://securelb.imodules.com/s/1691/foundation/interior.aspx?sid=1691&gid=2&pgid=1053&cid=1991>



Good news!



- The Arc of the Ozarks granted 3 students with scholarships!
- A student was awarded a scholarship from Ruby's Rainbow!
- Bear POWER was the charity of the month from Hold Fast Brewery.
- Continued support has come from Abilities First and CCLinks (more details later)!
- A student received a scholarship from Wells Fargo!

ACCEPTING APPLICATIONS

We are accepting applications for Cohort 7 which will start in the Fall of 2025! Applications received by December 31st, 2024 will have priority consideration. Applications and information can be found on our website: <https://www.missouristate.edu/BearPOWER/first-steps.htm>