

BEAR POWER

October 2023



Planning ahead

"As young adults prepare to move from school to postsecondary education, community living, and competitive integrated employment, effective transition planning can help them become independent, productive adults. Identifying the challenges children and youth will face as adults and preparing and assisting them to meet those demands successfully requires careful transition planning. Beginning at the earliest ages, it becomes imperative to balance realism of current levels of performance and functioning with high expectations for future possible successes and achievements. It is important to begin the transition planning process early to allow time for planning and accessing the support services needed in the future. The Supreme Court's decision in *Endrew F v. Douglas County* clarified that IDEA requires progress toward challenging objectives in light of the child's circumstances. Therefore, families and practitioners must raise their expectations beyond the student just getting by academically and functionally." (U.S. Department of Education, Office of Special Education Programs (OSEP))

New Blog: <https://sites.ed.gov/osers/tag/expect-engage-empower/>

Internships

My internship is located at the Dwayne G Meyer Library, the Faculty Center For Teaching and Learning where I do podcasting. I record a podcast, edit a podcast, compress the podcast, and upload the podcast. – Jacob L.



UPCOMING EVENTS

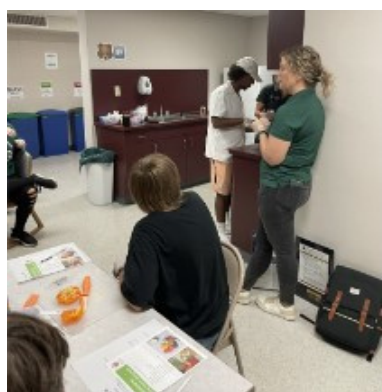
- Lady Bear's Basketball 11/1 at 6:30
- Movie PSU 6-9
- Lunch 11/8
- Men's basketball 11/13
- Book swap – library 11/28 from 11-2pm

ACADEMIC SUPPORT AND INTERNSHIP SEMINAR

Cohort 3 and 4 continue to work with the MU Nutrition program. The past few weeks they have made "Butternut Squash and Chile Pan-Fry" and "Healthy Ramen". During these sessions they also have a discussion of a healthy lifestyle; some topics have been "how to eat more fruits and veggies" and "whole grain food". Apart from MU Nutrition, the students are starting to work on their final project which will discuss what organization/company they plan to volunteer for after graduation to use their privilege to help a marginalized group.



During this past month, Bear POWER used its knowledge of "Community Engagement" to organize a campus-wide food drive to support MSU Bear Pantry. Bear POWER has been learning about "Community Engagement" for Academic Support; taking a deep dive into how we can use our privilege and advocate for marginalized identities. Recently, we organized a campus-wide food drive with all proceeds going towards helping MSU Bear Pantry which helps individuals with food insecurities. Bear POWER was able to donate over thirty pounds of food!



Cohort 5 has been discussing "Reading and Writing Comprehension" and has had guest presenters for the "Health and Wellness Series". We are shifting our focus on Academic Support from lecture-based to project-based. Students are now going to use what they have learned to create their own children's books! Students will be developing their own children's books and partnering with a Literacy Project from MSU Citizenship and Service Learning. Students have also been able to have guest presenters discuss FUSE (which encourages understanding through meaningful conversation) from the Citizenship and Service Learning Office and the Career Center.

SUPPORT BEAR POWER

We couldn't help support students and give them opportunities to engage on campus without donor's financial support. If you can help support our program, please scan the QR code or go to <https://securelb.imodules.com/s/1691/foundation/interior.aspx?sid=1691&gid=2&pgid=1053&cid=1991> to make a donation!



Monthly Newsletter

Now accepting applications!

We are accepting applications for Cohort 6 which will start in the Fall of 2024! Applications submitted by December 1st, 2023 will get priority consideration. We only admit up to 15 students! Applications and information can be found on our website: <https://www.missouristate.edu/BearPOWER/first-steps.htm>

Social Activities

1984 Arcade



1st BP Reunion!



Lady Bears Gala

