

MAKE YOUR MISSOURI STATEMENT™

BEAR POWER

February 2023

Monthly Newsletter

Supports at MSU

Students in the Bear POWER program have many resources available to them. The Bear POWER staff, Graduate Assistants, and Ambassadors are specifically for them but they have many more for being an MSU student! On campus, students can utilize the following:

- Disability Resource Center
- Academic Advisor
- Magers Health and Wellness Center
- Counseling Center
- Speech/Language Clinic
- Campus Recreation
- Residence Life
- Student Organizations



We also partner with the following local organizations and agencies to support our students and program:

- Vocational Rehabilitation
- Abilities First
- Community Foundation of the Ozarks (CFO)
- Arc of the Ozarks
- SB40 Boards

What's it like to live on campus?

"Hutchens House is an eight-story residence hall that offers two-person and four-person suite-style rooms and is attached to Garst Dining Center and is close to Boomer's Convenience Store. Each suite has wood-look flooring, en-suite bathroom complete with a full tub and shower and a kitchenette with sink. Hutchens offers Laundry Alert, which indicates how many machines are in use. You can even arrange to receive a text message when your laundry is finished – all from the comfort of your room!"

<https://reslife.missouristate.edu/Hutchens/default.htm>



UPCOMING EVENTS

- March 5th – Sweat: Theatre and Dance Mainstage Production: 2:30–4:30pm in Craig Hall in Balcony Theatre (\$12 for students)
- March 6th – Taco Bell on National – 5:00 pm
- March 8th – Bingo (location TBD) – 6:30 pm
- 10th: MSU Baseball: 3:00pm–6:00pm at Hammons Field (\$2 for students)
- 14th: MSU Baseball: 2:00pm–5:00pm at Hammons Field (\$2 for students)
- 17th: MSU Softball: 5:00pm–7:00pm at Killian Softball Complex
- 19th: MSU Women's Tennis: 10:00am–1:00pm at Cooper Tennis Complex
- March 22nd – Potters' House – 6:30 pm
- Mar. 24th: Open House. Register here:
<https://www.missouristate.edu/BearPOWER/bear-power-open-house.htm>

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ACADEMIC SUPPORT AND INTERNSHIP SEMINAR

Spring 2023 started off quickly and the pace continues to increase – in such a great way! Students have been working on updating their Person-Centered Plans (PCP) during the first part of the semester. PCPs are created for those who work with Bear POWER students to understand how to support them better in their life (e.g. modifications, what is a good life, what is not a good life, support, etc). Person-Centered Plans also have a component with specific goals within Bear POWER's four Pillars (e.g. Academic, Social, Job Readiness, and Independent Living) and Missouri State University's Pillars (e.g. Cultural Consciousness, Community Engagement, and Ethical Leadership).

Our students are a little less than a month into their internships and are thriving! Learning both hard job skills (e.g. the job task) and soft skills (e.g. communication, teamwork, positivity). We are proud of our students and filled with gratitude for our internship locations to give our students a wonderful opportunity full of enrichment.

INTERNSHIPS

This month we are highlighting Luke Goldston and all of the amazing things he is doing at his internship! This semester, Luke is interning with the marketing department at MSU's library. While at his internship, Luke works on brainstorming ideas for social media posts and finding audio to go along with his posts! Luke also works on making public relations for the library such as backpack pins. His favorite part of his internship is learning new skills that will help him in the film industry one day. Luke is very thankful for how helpful and kind everyone is at the MSU library!



SUPPORT BEAR POWER

We couldn't help support students and give them opportunities to engage on campus without donor's financial support. If you can help support our program, please scan the QR code or go to <https://securelb.imodules.com/s/1691/foundation/interior.aspx?sid=1691&gid=2&pgid=1053&cid=1991> to make a donation!



FALL 2023

We are currently accepting applications for the next cohort! Please visit this website for further information and directions on how to apply! DEADLINE is June 1, 2023!

<https://www.missouristate.edu/BearPOWER/first-steps.htm>