Campus Recreation Strategic Outline for Risk Mitigation

Plan of action for reopening and operation of the Foster Recreation Center, in consideration and analysis of the current risk from the Sars-CoV-2 pathogen

The goal is to create a strategy for workable solutions to reopen the Foster Recreation Center, its operations and programming. This strategy is to be implemented in phases, changing with any updated information received from the state and local governments, and the University.

In the event that Springfield/Greene County Missouri guidelines shift from Yellow Phase to Green Phase prior to May 17th or any time after the below date the policies listed below are subject to change.

Road to Recovery Plan-Phase Red-Yellow-Green

Phase 4 – Proposed first day of implementation May 17th, 2021

Hours of Operations

<table>
<thead>
<tr>
<th>Foster Recreation Center: Monday – Friday:</th>
<th>Aquatics Center: Monday – Friday:</th>
<th>Resource Desk: Monday – Friday:</th>
<th>Climbing Wall: Monday – Friday:</th>
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</thead>
<tbody>
<tr>
<td>• 6:00am – 7:00pm</td>
<td>7:00am – 9:00am</td>
<td>11:00am to 2:00pm</td>
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<tr>
<td>Saturday – Sunday: Closed</td>
<td>11:00am – 7:00pm</td>
<td>4:00pm to 7:00pm</td>
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<td>Saturday – Sunday: Closed</td>
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Occupancy Flow and Capacity Management

This includes measures to control number of patrons and traffic flow in our facility and programs. Our goal is to comply with local, state and federal guidelines as well as those directives from University Leadership. Our plan includes maximum capacities provided from Springfield Local Government guidance, as well as socially distanced equipment stations and people. Measures must be taken to distribute patrons sensibly throughout the day and hours of operation.

The following steps will be taken to ensure safe practices:

- Building capacity has been set based on University and local guidelines which is defined as 50% maximum capacity or maximum capacity maintaining social distancing.
• Social distance of six (6) feet is to be maintained by patrons.
• Marketing will be posted around the building on social distance guidelines and expectations. Facility staff will also verbally remind patrons of expectations as needed. Neglecting social distancing consistently will be managed case by case.
• Programs will have specific guidelines that will be followed by patrons and staff to ensure health and safety are put first.

Maximum Capacity

• From University guidelines: “Occupancy is calculated by the length times width of a space, divided by 30, unless otherwise noted.”
  - 1st floor fitness area = 133 people (max capacity)
  - 2nd floor fitness area = 206 people (max capacity)
  - Courts = 397 people (max capacity)
  - Aquatics Center = 376 people
  - Climbing Wall = 7 people
  - Studio A = 31 (max capacity)
  - Studio B = 33 (max capacity)

Foster Recreation Center Info

• Aquatics Center:
  - Limited to two (2) patrons in the spa at one time.
• Climbing wall:
  - The climbing wall will have a maximum capacity of 7 patrons.
  - Patrons will need to continue to wash hands before use of the wall and will be encouraged to maintain six (6) feet of physical distance by staff.
  - Patrons will be required to wear a face mask inside the climbing wall area.
• First floor fitness:
  - Equipment will be spaced to ensure six (6) feet distancing.
  - Bench space will be limited per area.
• Second floor:
  - Equipment will be spaced to ensure six (6) feet distancing.
• Studios:
  - Studio A will be reserved as an open fitness space.
  - Studio B will only be available upon reservation made at the welcome desk.
  - Studio reservations are first come first serve.
  - Patrons will only be allowed to reserve a studio by visiting the welcome desk. At the time of reservation, a $5 fee will be assessed to reserve the studio for up to five (5) patrons.
  - Reservations for six (6) or more patrons will need to be made through our facility reservation system by emailing campusrecreation@missouristate.edu.
  - The studios will be reserved for BearFit classes as priority scheduling.
Programs and Services

• Reservations
  o Patrons will be required to submit a Facility Reservation form and return it via email at campusrecreation@missouristate.edu or drop off at the welcome desk.
  o Once the form is submitted and reviewed by a staff member, the patron will be sent an Event Risk Assessment in which the patron will be required to assess the risk of the event and return this form via email or drop off at the welcome desk.
  o Once the Event Risk Assessment has been returned, the event will be evaluated based on the risk stated and the reservation will be approved or denied via email to the patron.

• BearFit
  o BearFit classes will be offered on a first come, first served basis until maximum capacity is met within the studio in which the class is being offered.
  o Six (6) feet grids will be marked off in the studios for patrons to ensure physical distancing.

• Personal training
  o Personal training sessions will be offered with trainers ensuring six (6) feet physical distancing while providing instruction.

• Teambuilding
  o Teambuilding participation will depend on number of available instructors and amount of space required to maintain six-foot physical distancing.
  o Teambuilding games will be altered to reduce physical contact.
  o Masks will be required during indoor teambuilding sessions.
  o Hands will be sanitized before and periodically during teambuilding sessions.
  o All equipment used will be sanitized before and after use.

• Swim lessons
  o Swim lessons will return with collaboration from MSU Swim Team and will follow American Red Cross guidelines in accordance to Springfield Greene County guidelines

• American Red Cross courses
  o All American Red Cross courses offered through Campus Recreation will be taken through the blended learning course delivery. All courses will follow modifications provided through an extensive document from American Red Cross that provides guidelines such as the following:

Hygiene Protocol and Protective Measures

This includes measures to ensure employee health and safety, as well as patron health and safety. Protective measures will be taken to minimize the spread of COVID-19. Our goal is to comply with local, state, and federal guidelines, as well as those directives from University Leadership.

The following steps will be taken to ensure safe practices:
• Patron protocols will be put in place. New rules and patron expectations will be outlined and posted. Patrons are expected to practice good hand hygiene, and use wipes provided to disinfect their used equipment.
• New employee expectations will be followed that align with local, state, and federal guidelines.

Patron Centered Rules and Precautions

• Patrons will be encouraged to wipe down equipment before and after use.
• Patrons will be encouraged maintain six (6) feet physical distancing throughout the facility including during open recreation on the courts.
• Climbing wall patrons will be required to use the hand sanitizations station prior to entering the climbing wall area. Additionally, Campus Recreation will continue to provide antibacterial climbing chalk to patrons to help keep transmission to a minimum. Approved personal climbing equipment may be utilized but will be subjected to regulation cleaning procedures prior to use, this includes street shoes and personal climbing shoes. Rental equipment will follow the same procedures. Standard pricing structure will continue. Rental equipment is preferred to be reserved prior to date of rental.

Employee Centered Rules and Precautions

• Before entering the facility, employees will be required to wear a mask.
• A specific sanitizing policy for employees will include, but is not limited to the following:
  o During open hours for the facility:
    ▪ Foster Recreation Center
      • Employees will clean equipment immediately after use by a patron that does not follow the etiquette listed above.
      • This will include checked out items from the welcome desk like basketball, rackets, and paddles.
      • Studios will be cleaned after each reservation by the building manager on duty with assistance of the fitness attendants where possible.
    ▪ Pool
      ▪ Lifeguards will wipe down stands regularly during shifts
      ▪ Lifeguards will disinfect swimming equipment used by a patron in the aquatics center.
    ▪ Climbing wall
      ▪ All crash pads will be sprayed with Lysol before and after operational hours.
      ▪ All personal equipment will be wiped down prior to use.
      ▪ All high touch points will be wiped down during and sanitized after operational hours.
    ▪ Resource Desk
      ▪ All soft goods will be sanitized using a 10-minute dwell time of Lysol Brand III IC.
▪ All hard goods will be sanitized using a 10-minute dwell time of rejuvenal.

▪ Teambuilding
  • Teambuilding games will be altered to reduce physical contact between people.
  • Masks will be required during indoor teambuilding sessions.
  • Hands will be sanitized before and periodically during teambuilding sessions. This is for patrons and staff and staff will need to enforce this.
  • All equipment used will be sanitized before and after use.
  • Staff will sanitize and disinfect whatever space the session takes place in unless outside.

▪ American Red Cross courses
  • Instructors will be required to wash hands before handling any equipment or setup of the classroom.
  • Instructors are required to wear and mask and gloves at all times throughout the in-person section of the course.
  • Once the course has ended, instructors will disinfect the facility area, tables, chairs, and equipment used.

▪ BearFit
  • Instructors will be required to sanitize hands before handling any equipment or setup of the studio.
  • Masks will be required of instructors during all times, except while actively instructing a class.
  • All equipment will be sanitized by the instructor after each class.
  • Staff will sanitize and disinfect whatever space the session takes place in unless outside.

▪ Personal Training
  • Masks will be required of trainers throughout the entire session and as long as the trainer is representing an employee of Campus Recreation.
  • If the personal training session occurs on the main floor, the trainer will sanitize equipment after use with the help of the fitness attendant on duty. If private equipment is used in a studio, the trainer will sanitize all equipment after each session.

Operations Centered Rules and Precautions

▪ Surfaces and equipment will be sanitized regularly with appropriate disinfectant supplies as stated above per employee and patron guidelines.
▪ Additional hand sanitizing stations will be put throughout the facility for regular patron use.

University Specific Policy

This includes all policy that University Leadership have deemed necessary to maintain a safe and clean campus, while also taking into University travel guidelines and other stipulations that may affect
University business. These policies and guidelines will be deferred to in all cases where Campus Recreation does not have a set policy or guideline in place for specific business functions.

**University Masking Policy**
Effective July 16, 2020, the City of Springfield implemented an ordinance requiring individuals to wear face coverings when present in businesses or other facilities open to the public (“Ordinance”). Although the Ordinance exempts institutions of higher education, the Centers for Disease Control and Prevention (“CDC”) recommends that individuals cover their mouth and nose with a face covering that fastens below the chin (“Masks”) when around others.

Consistent with the Ordinance and CDC guidance, the university is implementing the following policy in order to prevent and/or slow the spread of COVID-19 among university community members. This policy is effective immediately and will continue through May 31, 2021, provided that the university president may modify the duration of this policy if needed.

**Applicability of policy**
This policy applies to faculty, staff, students, and visitors, and requires all such individuals to wear Masks covering their mouth and nose as more specifically indicated below. In addition, physical distancing of at least six feet should be observed whenever possible.

This policy does not, however, apply to the Greenwood Laboratory School (“Greenwood”) or the Child Development Center. Rather, Greenwood and the Child Development Center will each develop and implement their own masking policies, as approved by the Provost in consultation with the President.

**Masking is required in all buildings on campus**
Masks are required to be worn in all buildings on campus, including in hallways, elevators, stairwells, classrooms, restrooms, study areas, departmental suites, and other common areas.

**Exceptions to indoor masking requirements**
Employees are not required to wear masks in their own, private offices within their departmental suites. Additionally, exceptions may be granted by the Provost for particular classes or academic activities for which masking is impracticable or contraindicated, provided that reasonable alternative mitigation strategies are implemented.

Furthermore, while masks are required to be worn in all buildings on campus, they are not required in the following circumstances:

While actively eating or drinking in a dining hall (including the Plaster Student Union food court, or the Union Club, the Meyer Library food court, and the Glass Hall food court);
While inside residential rooms within the residence halls;
While inside apartments located within university apartment buildings;
While exercising at indoor campus exercise facilities in designated exercise areas, including at Foster Recreation Center, Hammons Student Center, Plaster Stadium, or McDonald Hall; or
For speakers or performers, when speaking or performing from a speaking platform that allows for a minimum physical distance of at least 20 feet between the speaker/performer and the audience, in
forums such as Hammons Student Center, Juanita K. Hammons Hall, JQH Arena, or the Plaster Student Union Theatre (Note: this exception does not include faculty members or their guests who are lecturing in the classroom).

For the avoidance of doubt, masks must still be worn while entering or exiting a dining hall (including the PSU food court, the Union Club, the Meyer Library food court, and the Glass Hall food court) and while waiting to obtain food in such locations. In addition, food and drink are not permitted in classrooms to prevent masks from being removed.

Similarly, with respect to indoor campus exercise facilities, masks must be worn while entering or exiting an indoor campus exercise facility, and while utilizing the common areas of such facilities (including restrooms, locker rooms, stairwells, elevators and lobbies).

While engaging in activities where masking is not required, it is particularly important to engage in physical distancing of at least six feet. Accordingly, the layout within dining halls and indoor campus exercise facilities will be modified to the extent possible in order to facilitate physical distancing.

Masking may be required at certain outdoor activities and events
While masks are not required outdoors in most cases, they may be required to be worn at certain outdoor university activities or events that present a higher risk of transmission and/or where physical distancing of at least six feet is not feasible. In such instances, signage will be posted communicating applicable masking requirements.

Types and availability of masks
While disposable surgical masks and N95 respirators satisfy the requirements of this policy, due to the shortage of personal protective equipment (“PPE”) for healthcare workers and other first responders, the university does not encourage their use by members of the university community.

Rather, individuals are encouraged to wear washable cloth face coverings, consistent with:

CDC How to Make Cloth Face Coverings and/or
WHO Q&A: Masks and COVID-19.
Such cloth face coverings will be provided at no cost to all employees through their cost center. Additionally, a limited number of cloth face coverings will be provided to designated locations and made available to students at no cost.

Face coverings or masks that are made of mesh or that have open exhalation vents or holes do not satisfy the requirements of this policy.

In lieu of masking, faculty members are permitted to wear face shields while in the classroom, provided that the faculty member is able to maintain at least six (6) feet of distance from all students. Such face shields will be provided to faculty members by their colleges at no cost.

Exceptions to masking requirements
In the event that an individual cannot wear a Mask due to an underlying disability, they may initiate the university’s interactive accommodations process in order to request a reasonable accommodation.
Students who wish to request an accommodation may contact the Disability Resource Center, located in Meyer Library, Suite 111, and available at DRC@MissouriState.edu; 417-836-4192; or TTY 417-836-2792. Employees who wish to request an accommodation may contact the Deputy Compliance Officer, located in Carrington Hall, Suite 205, and available at JuliaHolmes@MissouriState.edu; 417-836-6755; or Relay Missouri at 711 or 800-676-3777.

Enforcement of masking requirements
Students who have not been granted an accommodation and who refuse to wear a mask while in the classroom or other academic settings are subject to administrative withdrawal, consistent with Op3.04-11 Class Disruption. Additionally, students who fail to comply with this policy in areas outside the classroom or other academic settings are subject to disciplinary action consistent with the Code of Student Rights and Responsibilities.

Employees who have not been granted an accommodation and who refuse to comply with this policy are subject to disciplinary action up to and including dismissal.

Conflict with other university policies
Notwithstanding the masking prohibitions set forth in G5.02 Expressive Activity Policy and Op1.01-1 University Rules for Speakers and Facilities Usage, individuals engaging in expressive activity on campus may wear masks that cover their mouths and noses as long as this policy remains in effect.

Events Policy
In an effort to prevent the transmission of COVID-19 throughout the campus community, the university is implementing the following policy governing university events occurring on campus. All events will adhere to state, local and university orders, policies, and guidance regarding the number of individuals who may gather in a group activity or event. Occupancy is calculated by the length times width of a space, divided by 30, unless otherwise noted.

If a state or local order is in effect that is more restrictive than these guidelines, it shall supersede these guidelines.
Event Size and Space: Except for events held at the university's Athletics Facilities (as defined below in Section 3), events will be allowed to operate at up to 50% of the occupancy of the facility. Events held at the following Athletic Facilities will be allowed to operate at up to 50% of the sellable seats:
JQH Arena
Hammons Student Center
Hammons Hall for the Performing Arts
Plaster Stadium
Allison Field – North
Allison Field – South
Social Distancing and Face Coverings: Social distancing and face covering requirements for events will be posted as part of the event, and shall be in compliance with the university's COVID-19 Masking Policy.
EMS: Each event organizer will be required to input their event request in EMS, the university's space and event management software. Every event occurring on campus must be listed in EMS.
Exceptions
Exceptions to this policy must be approved by the Emergency Preparedness Manager.

Effective date
This policy goes into effect on November 11, 2020 and supersedes all prior university rules and policies on the subjects covered herein. All provisions of this policy will be in effect through May 31, 2021 unless otherwise set forth herein.