

Buzzapa Business



"If everyone is moving forward together, then success takes care of itself ." -Henry Ford

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Greetings!

Happy New Year! I feel like I need to start with an apology for getting this newsletter to you late! I have had the privilege of being the Department Head for the School of Nursing in addition to my other duties, which has proved to be time consuming. The School of Nursing is starting an accelerated BSN program, where students with other bachelor's degrees can sit for the NCLEX after one year of nursing intensive education. The BSN completion program is flourishing, for nurses with an associate degree wanting to obtain their bachelors, and our graduate program has an FNP (Family Nurse Practitioner) program or certificate for Masters prepared nurses, along with the traditional DNP (Doctor of Nursing Practice).

On to what's new with our SOA (School of Anesthesia). It has been another busy semester with our freshmen finishing their second semester, and our seniors taking the SEE. Our benchmark this year was 420, and so far students have been very successful!

December had 12 CRNAs graduate with their terminal DNAP (Doctor of Nurse Anesthesia Practice) degree. Congratulations to successful completion of the online program!

We welcome Mary Kate Cherry back. So happy to have her skills back with us for our newsletter and marketing!

Additional program changes have happened as we moved to a clinical schedule somewhat more aligned with the academic calendar. Students now have Spring break, Winter and Summer Holiday! We hosted Valley Anesthesia Review Course last weekend for our Seniors, and 10 juniors attended as well. Early February we are hosting Maverick Anesthesia with a block course and a POCUS course for our Juniors. Board review continues every

Monday morning with all students in the program. We will offer ACLS and PALS March 25th, email Carol if you are interested.(<u>CMyrick@missouristate.edu</u>)

Dr. Keaton is spending lots of time in the skills and sim lab, with more to come this Spring as our freshman prepare to go to clinical. (Stay tuned for pictures) Dr. Morgan has been busy visiting students in clinical at their clinical sites, and spending time with them while they are in clinical! Kathleen is getting ready for our next cohort and applications are already coming in for our summer interviews.

Pictures of you are always welcome! Please take a look at our alumni list – if you know anyone's contact please share with us! FYI we never give out our alumni list to anyone, its just for us to keep in touch with you, keep you up to date and invite you to "stuff" (CEU's, educational events, social events, happenings).

Thank you to all of our clinical sites for all you do! We could not educate without you! Happy New Year! Celebrate your art! Respectfully , Monika



Program Director, Dr. Monika Feeney

Welcome Dr. Kati Morgan!

Kati Morgan is a graduate of the Doctor of Nurse Anesthesia Practice (DNAP) program from Missouri State University School of Anesthesia. She received her Bachelor of Science in Biology from Evangel University and a Bachelor of Science in Nursing from Cox College School of Nursing. She works as a CRNA at Mercy Hospital in Springfield, MO. Her husband, Eric, is a City of Springfield Police officer. They reside in Fair Grove, MO with their three children Cooper, Ty, and Kynli. Outside of work, you can find the Morgan Family at an assortment of sporting events. She claims to be in the "divide and conquer" stage of life, where many nights she and her husband taxi kids in opposite directions to their extracurricular activities. Kati is very excited for the opportunity to be a part of the Missouri State University community and looks forward to helping anesthesia students navigate their clinical journey.







Kathleen's Corner

Happy Holidays Everyone!

It has been another great year here at the School of Anesthesia and we are so grateful for all of our students and clinical sites!

Admissions have been on the rise for both our entry and completion level programs and are not slowing down. We have just accepted another 24 students to begin their DNAP journey next June in the entry level program. At the completion level, we hit our maximum number of students every semester, months before the start date.

Congratulations to all of the upcoming graduates!





Clinical Site Coordinator Spotlight

Dr. Albin Quiko

Mercy Hospital and Clinics Springfield, Missouri

Dr. Albin Quiko is the site coordinator at Mercy Hospital and Clinics in Springfield, Missouri. He has been the coordinator there since September 2020.

Dr. Quiko graduated from the Uniformed Services University School of Medicine in Bethesda, Maryland in 2008. He said, "This is the world's premier Military Medical School. It teaches our young physicians to not only be doctors who care for their patients, but to be Military Officers who will lead men and women in wartime and in peace."

Dr. Quiko has been involved in graduate medical education ever since he can remember. He has a passion for teaching as well as lifelong learning. What he likes best about having students is that they keep him on his toes.

"Though in school they are being taught the basics, the students all have an inquisitive nature and always push me with questions that I may not have thought of since I was in training," he said.



"I view teaching Anesthesia Students as my way of giving back to the community that I belong to."

"If one of these students are going to administer anesthesia to me or my family, I want to have a hand in teaching them the safest and most efficient way to do it, and to be prepared for contingencies," Dr. Quiko said.

The strongest attribute Dr. Quiko brings to teaching students is a strong sense of personal and professional accountability both for the student and for their preceptors. He said at too many clinical sites the students are used as staff and are left in the rooms to experience "independent learning opportunities." Dr. Quiko feels this is a flawed way to teach. He believes students come to school to be taught by subject matter experts in their fields, and to gain from that experience and wisdom that cannot be gained from reading a book.

"When you put a student in a room and are not in the room actively teaching them, they are just teaching themselves. That's not what they are here for, nor is that what I consider education," he said.

The program at Mercy actively engages in teaching the students throughout the perioperative period. The students are held accountable to make a coherent, comprehensive anesthetic plan, then execute that plan. They are challenged on their presumptions and pushed to think of other ways to do the same thing.

Dr. Quiko said, "We are always asking them 'What if?' We hold the students to a level of professionalism and academic rigor that we would want if they were going to take care of our child." (cont. on page 5)

Additionally, the Mercy program holds preceptors accountable: to prepare for each student, to take time to answer their questions, teach them novel techniques that each preceptor has learned via experience alone and not in the class-room. The Mercy rotation is inherently designed to be rigorous with a commensurate level of academic integrity and professionalism. The students get to practice their craft with a patient population that is some of the most challenging in the country.

"We WANT this rotation to be the hardest each student has ever had," Dr. Quiko said. "If they pass our rotation, they will have passed through the gauntlet and will be ready for ANYTHING that their career will throw at them!"

He said it takes personal accountability to understand that earning the right to take care of people's lives when they are at their sickest, takes a tremendous amount of hard work and personal integrity.

"We only invite the strongest and the bravest to our clinical site. We need them to be accountable," Dr. Quiko said.

Dr. Quiko likes to teach students that there is always a different way to accomplish the same thing and that they must always be thinking ahead! He has served 26 years in the United States Navy, 10 years as a nurse, four years as a medical student and then 12 years as physician.

"I have deployed to austere environments many times and learned to practice my craft with less than what I would have wanted, in less-than-ideal conditions. I had to learn to 'Improvise, Adapt and Overcome' for my patients," Dr. Quiko said.

Though he does not expect his students to practice in a combat environment, he does expect them to have more arrows in their quiver than just one.

"Our rotation is designed to teach students to not be a 'One trick pony," Dr. Quiko said. "We push students to think outside the box to achieve the same results that are just as safe. Through rigorous trials at our site, we hope our students graduate with a sense of confidence that they can handle anything. Being able to do that for your patient means you must have a nimble and flexible mind. We want to teach our students to think ahead, constantly think of contingencies, and have a plan for each potential emergency."

Dr. Quiko was always taught that "The Enemy always has a vote" and to have a "P.A.C.E. PLAN." That is: Primary, Ancillary, Contingency, and Emergency Plan.

"No matter how well you plan out your anesthetic, it can always go sideways in an instant!" he said. "You must be prepared. We try to teach that to them here."

In response to what his favorite memories are as a site coordinator, Dr. Quiko said he is most fond of the times when he hears back from students about a challenging case that they had at their new job, and that their experiences at Mercy helped them work through it.

"That makes me feel that we are on the right track here in our program and that we are doing our job right," he said. "We are training the best and brightest to take care of the sickest patients. We are very proud of them!"

Student Spotlight Beri Diane Fonyuy-Bamnjo, Class of May 2023

Beri Diane Fonyuy-Bamnjo immigrated from Cameroon, West Africa to the United States 18 years ago. Almost 20 years later she finds herself a senior in the Doctorate of Nurse Anesthesia program at MSU School of Anesthesia. She said, "The uniqueness, intensity of the curriculum and training, the autonomy of the career, and the fact that it is the highest degree of specialization were quite intriguing to me."

Bamnjo's mom was a retired nurse and the one who inspired her to pursue a career in nursing in the first place. Bamnjo graduated from Oklahoma City Community College in 2010 with an Associate Degree in Nursing. In 2014, she received a Bachelor of Science Degree in Nursing from The University of Texas in Arlington, Texas. She spent the first two years of her nursing career working in Rehabilitation, followed by five years in Medical-Surgical (Med-Surg) Telemetry. Then, she joined the Medical Intensive Care Unit, where she worked for three years before she started the Doctorate of Nurse Anesthesia program at MSU.

After completing her RN-BSN program in 2014, Bamnjo began looking for options for advanced practice roles.

"Up front, the Nurse Anesthesia program sounded quite interesting, but I was aware of the challenges of





transitioning from Med-Surg to ICU, so I brushed it off at the time," she said.

"Yet, something deep inside me kept reminding me about the Nurse Anesthesia Program."

Despite possible obstacles ahead, Bamnjo began the first step toward a nurse anesthesia career and applied for an ICU position.

"Life always throws a curve ball when you least expect it," she said. During that period, her husband lost his job, she became the sole provider for her family and she had to work extended hours to provide for them. At some point, she said it seemed unreasonable to think she could ever achieve her lifelong professional goal of becoming a Nurse Anesthetist.

"Although the desire to quit this dream became overwhelming, I never gave

Two years into her tribulation, she transferred to the ICU, her husband found a job, and she immediately started applying for admission into a CRNA program.

"It has been a lengthy journey, but my strong motivation and resilience have led me this far," Bamnjo said. "The Nurse Anesthesia program has been quite challenging, but the training and skills acquired are priceless. As I progress toward the end of the programs, I owe my success so far to the unconditional support of my husband, my boys, my parents, my extended family, and my friends."

For future students, Bamnjo said MSU School of Anesthesia is a family-oriented program.

"As a mom of four, I have had great support from the program director, professors, staff, and classmates," she said. "The team is flexible in working with students to ensure success. They listen to the students and make changes promptly."

Bamnjo also said, "The program is intensive and will push you to the limits. Some days you will question your decision, wondering if you made the right choice. It will be one of the most challenging academic and professional journeys you embark on." She advise future students to keep moving one step at a time and never give up.

"Make it a duty to complete all homework on time and, if possible, study every day," she said. "Make sure to have time to decompress because it can be overwhelming."

Lastly, for future students, Bamnjo said the MSU School of Anesthesia program is one of the most cost-effective nurse anesthesia programs in the United States. The program is front-loaded; the first year is face -face didactic, the second year combines face-face, online and clinical, and the last year is a heavily clinical and online course. There are clinical sites across the United States, which gives students excellent opportunities to gain experience and different techniques, creating a well-rounded provider upon graduation.

By her May 2023 graduation, Bamnjo will be on her sixth clinical site. "I have experienced the good, bad, and ugly sides of Nurse Anesthesia clinical practice," she said. "Those experiences have molded me into a highly confident provider and a potentially outstanding CRNA when I graduate."



Photos Submitted by Beri Bamnjo





Student Spot

Students attended OANA at Oklahoma State in September





Students attended MOANA at Margaritaville Resort in Osage Beach





Student Spot

Student Awarded Wellness Scholarship for Climbing Fireman's Schlog



Sarah Scholz, a MSU School of Anesthesia senior was recently awarded a \$1000 wellness scholarship for completing the climb challenge on Fireman's Schlog, in Orifino, Idaho.

Local firemen have a race once a year to see who can make this grueling climb. The elevation is 2,370 feet. The trail is 0.85 miles and is basically straight uphill. Scholz and her companions started the hike at 6:00 a.m. to avoid the heat. It took them around 45 minutes to complete. She did the climb with Wendi Richardson, the clinical site coordinator in Orofino, and her fiancée, Jon.

(Sarah Scholz, pictured left, Wendy Russell, pictured center, clinical site coordinator and Scholz's fiancée, pictured right.)

Missouri State School of Nursing Offers Adult Care Nurse Practitioner Graduate Certificate

Ready to advance to a new level? Become a certified adult gerontology-acute care nurse practitioner (AGACNP). Gain AGACNP certification and provide specialized care to adults who have complex illness and chronic conditions. You can finish this certificate in 5 semesters (18 months) and be ready to take the national certification exam.

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David Boehne Deborah Boehne Karen Booker Dennis Boulware L. James Bowes Betty Braden Gary Brame Connie Bray Jerome Brewer James Brewer Michael Brown Michael Brown III Cheri Buchanan **Betty Buchanan** Larry Buckingham Dawn Campbell Alton Campbell Carl Caple Nathan Carr Judy Carriger Robert Carrillo Debbee Carter Steven Chaffin

James Claridge Nancy Clawitter (Moye) Nora Coast

Lisa Cooper George Cooper III **Dorothy Cooper Richard** Steven Coppock William Cox James Davis Armsted Davis Jr. Scott Dovle Randell Driver

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(Ford) Christine Harrison Glen Heimann Janice Heller R.C. Henson George Holcombe Susan Holmes Jean Hood (Larson) Yvette Hughes (LaVanchy)

Janet Huston Joanna Inglove William Irish Louverna Jackson Elaine Jeffrevs Sherry Jones **Dave Jones** Rita Keating

Robert Kidd

Elsa "Bunny" Kennedy Richard Keppler

William Kiek Michelle Kinsella Bill (William) Kirk John Kirk Kathern Knapp Daryl Kohler John Kollenberg G. Lvnn Kueckelhan Dolly Kunz (Strafford)

Larry Ladd Jerri LaFarlette Donald Leak Bradley Leamy Kenneth Leimkuehler Larry LeJeune Cheri Lenci Steve Lloyd

Earl Losee Randell Luttrell Tina Madden **Sharon Maggs** Douglas Main Robert Majors Thomas Mallory Joseph Martin Hannah Matherne Harold Mattes **Gary Mattingly**

Jack McCroskey Charles McCutchen Donald McFadden Thomas McKenney Carl McVev Gary Melton James Metzelaars Kim Miller Robert Miller

Cheryl Miller (Goudy) Joan Mitchell-Slaughter Michael Mittermeyer Elmer Monson Jr. **Dwight Moxley** Nancy Moye

Howard Mudd Margaret Mullenschlader

Matt Mullinix Kelley Munroe Nancy Murdock Virginia Nicholson Charles Nimmo Jerry Noel Rose Notheis Jeremy Olson K. Maureen O'Rielly

Lisa Osborn Sydney Overton Kenny Owens Merrill Parks

Mary Patterson (Hein)

Teena Patty John Perry James Pettyjohn Timothy Pillen Karen Pinac Cosia Clark Powers Wavne Prince Larry Pritchard Lenace Prudhomme James Randell Russell Rayburn West Reaves G. Brent Reed Diane Rehagen Sidney Reiber Gary Render P. Douglas Rice Elizabeth Rich

Carol Robb Evelvn Roberson Carrolyn Rouse Donna Runge Barbara Sadler Carole Sartain Kenneth Saunders Judith Sayer (Hanna) Robert Schedel Beatrice Schneider

Cheryl Seasholtz

Carl Scott

Grace Seaveno Victor Setser Matt Sharpe David Shelver Janet Shepherd R. Michael Sheppard Ruth Shields (Herman) Michael Simpson **Thomas Smith Doris Smith Douglass Smith** Mary Smith Thomas Smith Jr. L. Wavne Sorrell Alan Stephens James Stoll Steve Street Wanda Street Holly Swinea Farmer Joyce Swinney **Thomas Tavenner** Susan Thach Roland Thompson Michael Thompson John Thompson David Titus John Unruh Patricia Utlaut James Vales Joseph Van Camp Patrick Van Wagoner Marzee Wade Paula Walker John Wall Leslie Walton

Duffy Wilkerson (Steele) Franklin Williams Mary Woodson Beverly Young James Roller Jr. Elisa Oetting Darla Pobst Chris Regier

Janet Watson

Terisa Watson

Carolyn White

Important Dates



Jan 23 Spring Classes Begin Feb 4-5 Junior Maverick & POCUS

Training

Feb 20 President's Day (No Class, Offices Closed)
Feb 23-26 Assembly of Didactic and Clinical Educators

March 11-19 Spring Break

March 25 ACLS/BLS/PALS 8:30-12:30

March 31-

April 2 MOANA Meeting

April 7-9 Spring Holiday (No Classes)

April 21 Awards Dinner

April 29-

May 3 Mid Year Assembly (Washington, D.C.)

May 11 Last Day of Spring Classes
May 19 Spring Commencement

We are looking for DNAP CRNAs!

Interested in being School
of Anesthesia Faculty?
Call MSU School of Anesthesia at
417-836-5039

Stay Social





Please send any stories, pictures, alumni updates, and special event information to Mary Kate Cherry,

Communications Specialist.