

MAKE YOUR MISSOURI STATEMENT™



BEAR POWER

January 2024

Congratulations!



Hanna was featured in the NewsLeader in December! “Hanna joined the program for the spring 2020 semester but only lived on campus for 2-1/2 months because of the global pandemic. ‘One of my goals is to eventually live independently,’ she said. ‘But at the same time I know I’m going to need help from services.’ She stayed the course, taking one class after another – all for college credit. ‘I will admit there are some times I did have a few meltdowns, especially between doing the Bear POWER program and regular classes,’ Hanna said. ‘It got overwhelming.’ She said “pep talks” with the program staff and ambassadors kept her on track. ‘They were great when I just needed an ear to listen.’ Hanna earned that certificate but didn’t stop there. She is the first Bear POWER graduate to also earn a bachelor’s degree in general studies, with an emphasis in history and religion. Through the program, Hanna completed an internship with the Wonders Of Wildlife National Museum & Aquarium. She wants to find a job that marries her love of history and working with animals. ‘I know this will help me further with whatever career I want to do,’ she said.”

---Claudette Riley covers education for the NewsLeader

STUDENT SPOTLIGHT

Cohort 3 graduates, Jacob, Madi, and Paul participated in the commencement ceremony in December! We are so proud of all of your accomplishments! In addition to the Bear POWER certificate, Paul also earned a certificate in Informational Technology!



UPCOMING EVENTS

- Interviews for newest applicants in February and March!
- Basketball games - Women’s Feb. 11, Men’s Feb. 17
- Interviews for newest applicants in February and March!
- Open House - March 22

Open House Spring 2024



ACADEMIC SUPPORT AND INTERNSHIP SEMINAR

Cohort 4- **Transition to Employment:**

This class is designed to provide “real-world” experiences to help students excel. Typical sessions in this class could include guest presentations, resume building, and mock interviews.

- Goal-setting activities to set and attain goals for internships and a future life employment after graduation from Bear POWER.
- Students will learn how to conduct a job search, prepare a resume, apply for jobs, and participate in an interview.
- Students will learn about internship and job etiquette such as time management, verbal and non-verbal communication in the workplace, and customer service skills.
- Students will learn about working with others as a team in the workplace, how to resolve conflicts, and how to network.

Cohort 5- **Communication and Interpersonal Relationships:**

The goal of this course is to learn the fundamentals of Communication and Interpersonal Relationships. These skills are important for success in college, future careers, and the community in which students live and work. Students will learn some skills to better understand themselves and others. Typical sessions in this class could include guest presentations, field trips, lectures, in-class workshops, etc. We are partnering with Occupational Therapy (OT) at Missouri State University this semester. They are a great resource and partnership. OT can help with the eight dimensions of wellness: physical, spiritual, social, intellectual, emotional, occupational, and financial.

- You will be able to increase your skills in the following:
- Social interaction with others – peers, adults, teachers, colleagues, etc.
- Being respectful to yourself and others
- Body language
- Healthy relationships
- Controlling emotions and behaviors
- Managing stress
- Email, text, and phone etiquette

SUPPORT BEAR POWER

We couldn't help support students and give them opportunities to engage on campus without donor's financial support. If you can help support our program, please scan the QR code or go to <https://securelb.imodules.com/s/1691/foundation/interior.aspx?sid=1691&gid=2&pgid=1053&cid=1991> to make a donation!



Internships

All students this semester will have internships! They are in the following areas/businesses: Child Development Center, library, bookstore, Watershed of the Ozarks, English Department, Art Inspired Academy, Wonders of Wildlife, Bass Pro Shops, Office of Video Marketing, Christian Campus House, Residence Life, and the History Museum!

Pictures of graduation and Fall internships

