

# SAD PERSONS Scale

The following is an assessment tool used to determine the risk of an individual for suicide. Each area is a risk factor for suicide. The theory is that the more areas that an individual fits into, the higher risk the individual would be considered.

- S**      **Sex** - Females are more likely to attempt suicide, but males are more likely to choose a more deadly means
- A**      **Age** - 15-24 years olds or men 75 and older are high risk groups
- D**      **Depression**
- P**      **Previous Attempts**
- E**      **Ethanol and other drug use**
- R**      **Rational Thinking Loss**
- S**      **Social Support Lacking**
- O**      **Organized plan** - The more specific the greater risk
- N**      **No Spouse**
- S**      **Sickness**