

SMSU Dietetics Program

SMSU

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Winter 2003

Dr. Reid Now Associate CHHS Dean

Dr. Helen Reid has accepted the position of Associate Dean of the College of Health and Human Services effective July 1, 2003. During the search for a replacement of the former Associate Dean Cynthia Pemberton, which began in September, 2000, Dr. Reid was the Acting Associate Dean as well as our Dietetics Program Director.

Dr. Reid came to SMSU in 1973 after obtaining her degrees from Kansas State University. At that time, Dietetics was a specialization within the Home Economics Department. Later Dietetics came into the Biomedical Sciences Department when it was formed in 1984. Dr. Reid was our first program director and has built our program to the largest Didactic Program in Dietetics in Missouri. We currently have 84 declared majors.

It has been rather interesting here the past year. Dr. Reid has continued to assist us teaching our undergraduate research class

in dietetics. Carmen Boyd and Deborah Piland are splitting Dr. Reid's position. It isn't surprising it takes two people to replace her as we all know how much work she did! Carmen is doing all advisement and basic administrative work while Deb is preparing for our first Accreditation Site Visit which is due next Fall.

Carmen continues to teach Introduction to Nutrition, Sports Nutrition and Community Nutrition. She will be teaching new courses this spring including Food and Culture and Introduction to Dietetics.

Deb is teaching our new Food Selection and Preparation for Health Course as well as continuing to teach Food Science, Nutrition Throughout the Lifespan, Human Nutrition and Metabolism and Administrative Dietetics.

Andi White continues with us teaching Medical Nutrition Therapy I and II, Nutrition Counseling, Nutrition Education and

Senior Seminar. Dr. Thad Wilson is assisting with Sports Nutrition teaching the exercise physiology portion of the course. Bridget Thomason has taught Nutrition Assessment for us for the past several years. Hopefully in our next newsletter we will be introducing our new director!



Winter Grads L—R: Butch Clark, Jillian Ball, Stephanie Young



3 Winter Graduates Announce Plans

We have 3 students graduating this winter with one going on to her internship in January.

Jillian Ball has been accepted to the University of Oklahoma Health Sciences Center's Dietetic Internship to begin in January. This place-

ment is a first for SMSU and we are anxious for Jillian to begin. Jillian will graduate Cum Laude.

Stephanie Young has been accepted into Drury University's Breech School of Business to work towards

her Master's in Business Administration prior to her internship. Stephanie also graduates Cum Laude.

Butch Clark will be continuing in management with FedEx and move to a full time position. Go grads!

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Student Dietetic Association Officers

President: Kim Keubler
Vice President: Rachel Neff
Secretary:

Amanda Montgomery
Treasurer: Amy Willoughby
Activities Coordinator:

Rebekah Simmons
Historian: Alicia Yokley
Publicity Coordinator:
Kari Gruber

SGA Representatives:
Laraine Walters and Megan Fairfield



Bridget Thomason with Sergio Maraz from St. John's

Spring 2003 Graduates Accept Internships

The following students have accepted Dietetic Internships and began this fall:

Leah Broeker: VA Hospital in St. Louis, MO

Amanda Bartlett: Declined Barnes-Jewish Hospital, St. Louis, MO and will be at Iowa State University in February.

Kathleen Hoss and Jessica Jensen: St. Louis University, St. Louis, MO

Rebecca Kuklenski: Viterbo University, LaCrosse, WI.

Lindsay Mooney: St. Mary's Hospital, Mayo Clinic, Rochester, MN

Sarah Murray: Illinois State University, Normal, IL. Sarah will also pursue a Master's in Family and Consumer Studies.

Stephanie Pitt: University of Tennessee, Knoxville, TN. Stephanie will also accept a teaching assistant internship beginning Spring, 2004 for UT's Master's Program in Public Health.

The following students also graduating and have the following plans.

Paula Myers: Paula will continue working as a nutritionist with WIC.

Jarreau Hawkins: Jarreau

plans to work for a year in the field of dietetics to begin an internship Fall, 2004.

Stuart Johnson. Stuart will be running his father's business.

Jennifer Lear, a December 2002 will begin her internship with St. Louis University in St. Louis in the fall.

Shauna Boyd, also a December 2002 graduate, will begin her Master's Degree in Oklahoma City, OK pursuing a career in radiography.

Our summer graduate, **Tim Chudy,** is hoping to work in sports nutrition, where we know he will do a great job!

Bridget Thomason Accepted to UMKC Dental School!

Rebecca Kuklenski "03" former SMSU Cross Country standout is also helping coach women's cross country at University of Wisconsin — LaCrosse.

We want to congratulate lecturer Bridget Thomason, MS, RD, MSW who has been accepted to the University of Missouri - Kansas City's School of Dentistry. Wow! To our knowledge, this is our first dietitian dentist social worker! She will begin next fall and will be leaving us here at SMSU. Bridget has been teaching

Nutritional Assessment for us for the past several years and she will be missed. Bridget is one of our former graduates, completing her BS in May, 1999 with a minor in Psychology. She graduated Magna Cum Laude. She went on to complete her Dietetics Internship at Olive View UCLA Medical Center in

Sylmar, California and then returned to SMSU where she completed her Master's of Social Work in May of 2003, working as a graduate assistant and teaching classes in dietetics during that time. Good luck!



Here



Brad finishing 2nd in the USCF

Brad Huff Accepts Colorado Springs Internship

Our own Brad Huff has been selected for an internship with Carmichael Training Systems in Colorado Springs, Colorado. This is a January – May Coaching Internship focusing on periodicity in cycling. He will work with a large, exclusive clien-

tele and is able to receive credit for this internship through Career Services. He follows our former graduate, Clay Worthington, who is leaving for bigger and better things.

As many of you probably know, Brad is a cat 2 racer and was the 2nd place finisher in the 2003

USCF Elite Criterium National Championships.

Brad is a senior in our dietetics program and would be graduating this spring or fall. He also is obtaining a minor in Biomedical Sciences and Exercise Biology.

Go Brad! (2nd guy in picture)



Where have our former students gone?

Tara Graf Stulce (Summer '02) is living in Republic and working at St. John's in Joplin, MO as an outpatient diabetes educator and also covers some inpatient when needed which is a great change-up to the everyday routine. She works with another former graduate, Bobby Weno Wright ('97).

Jenny Pritchard (May '02) is finishing her Masters in Health Promotion Wellness Management and working as a part-time Clinical dietitian at Skaggs Community Hospital

in Branson and living in Nixa. She hopes of starting to UMKC in the fall to work on her MS in Pharmacy, after which she would like to work for a nutrition support team.

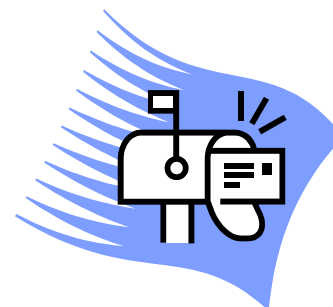
Josh Dale (May '02) is currently working on his MBA at Maryville University while working at St. Luke's Hospital. He should complete his MBA in May, 2005 and then plans to pursue an internship.

Gina Jorel (May '02) completed her internship at Barnes-Jewish Hospital and is

now working there on the oncology and bone marrow transplant floors.

Jill Rocchio (Dec '02) is working for MAC Meeting and Events as an event coordinator.

Hillary Corbett (May '02) has just completed her Master's Degree in Behavioural Health Sciences from the University of Sydney in Sydney, Australia. Snorkeling in the Great Barrier Reef, hiking in the Blue Mountains, checking out the Outback. What an education! And a great degree, too!



Where are
You? We
want to hear
from you!

More Graduates.....

Stephanie Rau (May '02) is in her second year of her internship/master's program at Illinois State University and is getting anxious to be done. She is working on her thesis investigating vegetarian eating habits among college students and its relationship to disordered eating habits.

Jennie Eickmeier (May '02) clinical dietitian at Belleville Memorial Hospital in Illinois.

Cari Fulks (May '02) graduated from the French Culinary Institute in New York City and is now working in Springfield at Noble and Associates. She hopes to complete her RD in the not too distant future.

Kris Szorady ('02) has moved to beautiful Tampa, FL where she works as a clinical dietitian at Brandon Regional Hospital. Most of her patients are oncology, labor &

delivery & adult nutrition. Rachel Hayes-Bohn ('01) has completed her Dietetics Internship, RD exam and Master's Degree in Public Health from the University of Minnesota. She worked last fall working as a TA for the child adolescent nutrition class with a local anti-hunger advocacy group. Rachel is the co-author of a chapter in the text *Nutritional Concerns of Women*.

Please let us know what you are doing!

We want to know and some of your old classmates do, too.

E-mail us at dietetics@smsu.edu

And still more graduates.....

Sarah Bowman ('00) has taken a new position as Wellness Coordinator at St. John's Regional Health Center in Springfield. She is also working in Diabetes Education 2 days per week.

Laura Roling (00) is at the WIC clinic at Truman Medical Center and also at the YMCA as a consultant dietitian, and private practice

with individual clients at the Midwest Psychiatric Association.

April Popejoy ('99) is working as an outpatient dietitian in the Diabetes Treatment Center at St Mary Medical Center in Apple Valley, CA.

Joy Procaccio ('99) is in Germany where she has

just been released from active duty with the military.

Vickie Pestle ('99) is working at the Christian County WIC office.

Natalie Guidry ('98) completed her internship with the University of Houston, took some time off to travel and scuba dive, got her RD and is now an inspector for the FDA in New Orleans. She received

her MBA from University of New Orleans.

Jennifer Stoviak Walsh ('95) and her husband Lee both work for Burlington Northern in Ft. Worth Texas where they live with their beautiful daughter Reagan.

If we missed you in this issue, please e-mail us and let us know where you are and what you are doing. Carmen had a computer crash and lost some e-mails from previous students since the last newsletter. We want to hear from you!

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Dietetics Advisory Committee Meets

The SMSU Dietetics Advisory Committee met in November to help begin preparations for our Accreditation Site Visit next December. Committee members consist of the following area dietitians and nutrition professionals: Julie Abney of Greene County Nutrition Network, Anne Marie Hunter of St. John's in Joplin, Donna Medlin of St. John's Regional Health Center in Springfield, Donna Skelly and Kathryn Fleming of CoxHealth of Springfield, Kathlyn Lawson of Head Start, Kimberly Keubler who is the President of the Student Dietetic Association, Lisa Frazier of Skaggs Community Health Center in Branson, Sara Tipton of Dairy Farmers of America, Susan Wood Daniel of Mercy Villa/St. John's and Tana Lovan of Greene County WIC. We want to thank them for their time. After a brief presentation of changes to the program, the members present helped us with the following Mission Statement and Goals for the Dietetics Program

Mission statement: To prepare educated persons for a broad range of dietetics and nutrition related careers.

Goals:

1. To provide a scientific foundation for expertise in the translation of food, nutrition and medical science while promoting health and nutritional well-being.
2. To promote self-evaluation, lifelong learning, and ethical practice.
3. To provide a foundation of nutrition knowledge for application in other fields.



Happy Holidays!



Students gain valuable experience in GCNN, CASL

One place our students have gained valuable work experience prior to their internship is with the Greene County Nutrition Network. The GCNN is part of the Missouri Nutrition Network. Their goal is to foster collaboration among health, nutrition, and education providers to expand and integrate effective nutrition efforts in the food stamp program and other nutrition programs focused on low-income families.

The GCNN director, Julie Abney, is a 1997 graduate of our program and you would be amazed at the

creative ideas she and her student workers come up with! They work with Prime Time, Head Start, Kids Café, Supermarket Festivals and numerous other events. We appreciate Julie allowing our students to have these wonderful experiences. Her student workers presently are Tammie Summers, Stephanie Browning, Stephanie Young, Kari Gruber, Brooke Lowe, Amanda Montgomery and Laraine Walters. They are sometimes assisted by former graduates Paula Meyers and Bridget Thomason.

In addition, this fall we had seven students participate in BMS 300, Citizenship and Service Learning. These students participated in learning experiences at CoxHealth, Hammons Heart Institute, Ozarks Food Harvest, and Planned Parenthood: Erica Gift, Kelli Hull, Heather Jacobsen, Whitney Kuechler, Stephanie Palmer, Alisha Powvirira, and Lindsey Sorensen. Thanks to those facilities for their work with our students! We also had several students plan menus for the Child Development Center with Linda Peacock. They



GCNN volunteers L-R: Stephanie Young, Laraine Walters, Amanda Montgomery and Director Julie Abney. Thanks!

were Amy Willoughby, Laraine Walters, Tammie Summers, Rebekah Simmons, Alicia Yokley, Jaunine Doss and Ya-chin Huang. They will be implementing these menus soon. Thanks to the Child Development Center for offering this opportunity! Good work, students!