

**Missouri State University - College of Health and Human Services  
Department of Health, Physical Education, and Recreation**

**Recreation and Leisure Studies  
(comprehensive)**

**Bachelor of Science  
Three Year Program**

Updated June 2009

*This is a model plan three year graduation plan. Your path to graduation may vary slightly based on factors such as college credit you earned while in high school, your choice of general education electives, and placement in English and Mathematics.*

**This 125 hour degree program can be completed in nine semesters.**

<b>First Semester (Fall)</b>		<b>Second Semester (Spring)</b>		<b>Third Semester (Summer)</b>	
ENG 110 Writing I	3	Natural World	4	PED 100 Fitness for Living	2
COM 115 Fund. of Public Speaking	3	Writing II	3	Culture and Society/Social Science	3
IDS 110 Intro to University Life	1	Math MTH 130 or higher	3	Natural World	4
CIS/CSC 101 Computers for Learning	2	REC 205 Concepts in Therapeutic Rec	3		
REC 152 Intro to Leisure Services	3	REC 211 or 311 or 411	3		
REC 190 Applied Social Recreation	3				
<b>Total Hours</b>	<b>15</b>	<b>Total Hours</b>	<b>16</b>	<b>Total Hours</b>	<b>9</b>
<b>Fourth Semester (Fall)</b>		<b>Fifth Semester (Spring)</b>		<b>Sixth Semester (Summer)</b>	
Culture and Society/Humanities	3	REC 330 - Leisure Research Applications	3	HST 121 or 122 - US History	3
Self-Understanding/Social-Behavioral	3	Self-Understanding/Creative and Vision	3	PLS 101 - American Democracy & Citizen	3
Self-Understanding/Humanities	3	Degree Option Courses	9	REC 335 - Practicum in Leisure Services	3
REC 331 - Statistics in Leisure Services	3	Recreation skills course (advisement)	2		
Degree Option Courses	3				
Recreation skills course (advisement)	1				
<b>Total Hours</b>	<b>16</b>	<b>Total Hours</b>	<b>17</b>	<b>Total Hours</b>	<b>9</b>
<b>Seventh Semester (Fall)</b>		<b>Eighth Semester (Spring)</b>		<b>Ninth Semester (Summer)</b>	
REC 390 Recreation Programming	3	REC 490 Orientation to Leisure Services	1	REC 491 Internship	8
REC 410 Recreation Leadership/Supervision	3	REC 422 Leisure Resource Management	3		
Degree Option Courses	9	REC 423 Org & Admin of Leisure Services	3		
Electives	2	Degree Option Courses	6		
		Electives	5		
<b>Total Hours</b>	<b>17</b>	<b>Total Hours</b>	<b>18</b>	<b>Total Hours</b>	<b>8</b>

GPA Requirements include: 2.20 GPA required before enrolling for Internship. Other Requirements include: Current First Aid/CPR. Drug testing/ Background check may be required for Internship placement. Students can select a non-comprehensive major in Recreation (requires minor). \* Degree Option Courses are dependent on which of the five option areas in recreation the student selects: Community Recreation, Private/Commercial Recreation, Therapeutic Recreation, Outdoor Recreation, Health & Wellness Promotion.