

**Physical Education  
3-year Plan**

Summer		Fall		Spring	
BIO 102 Principles of Biological Science or PED 100 Fitness for Living IDS 110 Intro to University Life PSY 121 Intro to Psychology	4 2 1 3	PED 200 Foundations of Ed & PE PED 240 Creative Dance & Exploratory ENG 110 Writing I CIS/CSC 101 or Competency Test CHM 160 or 105 Fundamentals of Chemistry COM 115 Fundamentals of Public Speaking	3 2 3 2 5 3	MTH 135 College Algebra HST 121 or 122 History of U.S. PED 250 Applied Human Anatomy PED 264 Team Sports PED 270 Recreational & Aerobic Dance Techs PED 257 Personal Health Self-Understanding	3 3 3 2 1 2 3
TOTAL	10	TOTAL	18	TOTAL	17
		Winter Intersession			
		PED 273 Aquatics	1		
Summer		Fall		Spring	
PLS 101 American Democracy & Citizenship Creative Vision Social Science	3 3 3	PED 252 Applied Human Physiology ATC 222 Athletic Training PED 277 Individual & Dual Sports PED 386 Social Basis of Physical Activity PED 431 Teaching PK-4 Physical Education ENG 210 Writing II Humanities	3 2 2 2 3 3 3	PED 360 Kinesiology PED 440 Middle School Medthods PED 361 Motor Learning PED 335 Org & Ad PED 358 Health Methods PED 300-305 (select one) PSY 360	4 3 2 2 3 1 3
TOTAL	9	TOTAL	18	TOTAL	18
		Winter Intersession			
		PED 300-305	1		
Summer		Fall		Spring	
PED 362 Exercise Physiology PED 545 Perceptual & Motor Development	4 3	PED 411 Secondary Methods of Physical Ed PED 468 Adapted Physical Education PED 485 Psychology of Sport & Physical Act PED 575 Measurement & Evaluation PED 430 History & Philosophy of PE PED 260 Outdoor Leisure Education RDG 474 Reading	3 4 2 3 2 2 2	PED 493 Supervised Teaching – Secondary PED 496 Supervised Teaching - Elementary	6 6
TOTAL	7	TOTAL	18	TOTAL	12