

# Trends

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SOUTHWEST MISSOURI STATE UNIVERSITY  
COLLEGE OF HEALTH AND HUMAN SERVICES  
Volume 4 \* Number 2 \* Winter \* 2004

## Exciting Changes in CHHS ...

### Nursing Department

The Department of Nursing at Southwest Missouri State University offers nursing programs at the undergraduate and graduate levels. Since the first program began in 1977, the Department has rapidly grown and evolved. Nursing was first located in a small house on the SMSU campus. Today, there are 156 nursing majors and 250 students in pre-nursing. All programs in the Department are accredited by the Commission on Collegiate Nursing Education (CCNE).

The Bachelor of Science-Completion program for registered nurses began in 1977. This program allows registered nurses with an associate degree or diploma to take nursing courses and earn their bachelor's degree. This program is offered on campus, as well as, via interactive video in West Plains and Branson, Missouri. Based on employer and student demand from the community, the Master of Science in Nursing degree was implemented in 1986 for two specializations – the Nurse Educator and the Family Nurse Practitioner. The Department also offers two post-masters certificate programs as nurse educator and family

*Continued on page 3*



**BSN Class of 2005**

### Psychology Department

Psychology has experienced some dynamic times recently and is well-positioned to increase the department's contributions in teaching, research and service as we move toward our goal of producing educated persons with a sound sense of public responsibility. This past year the department was very fortunate to negotiate additional research space in Sicheluff Hall with lots of help from Dean Pemberton and Vice - President Schmidt.

A most exciting development this past year was the merging of psychology and gerontology. The merger provided an opportunity to strengthen both programs. We hope gerontology will gain exposure (and majors) from psychology and psychology students will have increased choices and career options to consider. Some of you may recall that gerontology started in psychology in the early eighties. Also, Drs. Bradley Fisher and Carol Gosselink have joined the psychology faculty. Dr. Fisher was on sabbatical during the fall semester. Both professors will continue to teach gerontology courses as well as in other areas of expertise as indicated. Dr. Mary Newman has accepted the position of Coordinator of the Gerontology Program. Mary is enthusiastic about bringing her energy and creativity to this position.



Dr. Fred Maxwell  
Psychology Department Head

*Continued on page 4*



**Cynthia L. Pemberton, PhD**

The faculty, students and staff in the College of Health and Human Services continue to find ourselves busy, busy, busy. There have, and continue to be, a number of changes for programs related to our College. The child development program moved into the College of Education and the other programs in Consumer and Family Studies moved into the School of Agriculture within the College of Natural and Applied Sciences. We have also been busy with several program accreditation reviews and site visits. Our recreation program and our nursing programs had site visits and have received full accreditation status. Our deaf and hard of hearing program and our dietetics program had site visits this fall and will be notified this spring about their accreditation status. We also have been busy with many campus activities focused on celebrating the 100<sup>th</sup> Anniversary of Southwest Missouri State University. The College of Health and Human Services has developed a centennial timeline in which each department contributed historical information about their department and programs. The timeline is displayed in the first floor hallway of the Professional Building. The College of Health and Human Services sponsored another successful CHHS Multidisciplinary Forum in October and we had a number of alums and guests at the college hospitality tent at the SMSU Homecoming Bearfest Village event. We are in the process of revising our college strategic plan and participating in the long range planning for the campus. We are looking forward to the next few months' activities including our Founder's Day activities, the first campus wide Public Affairs Conference, the college reception for the mural unveiling and the college Student Research Symposium scheduled in April.

## Congratulations to Gary Ward

As SMSU celebrates its 100 year anniversary, one of its academic programs is honoring a milestone of its own. The Sports Medicine and Athletic Training program received its accreditation in 1979 making 2004 the 25<sup>th</sup> year for the program. Mr. Gary Ward has been associated with the program since its inception in capacities which include program director, assistant professor and acting department head and has been instrumental in the advancement of the athletic training profession, state and nationwide.

Mr. Ward received a Bachelor of Science degree from Montana State University and his Master's from the University of Arizona. He also earned his Bachelor of Science in Physical Therapy from Florida International University. At SMSU, he has served as the founder and Director of the Southwest Missouri Regional Sports Medicine Clinic, and as Director and clinical instructor at the Midwest Sports Medicine Center.

Gary has been actively involved in various professional organizations including the Missouri Athletic Trainers' Association (MoATA) serving as President from 1988-89. He is also a member of the National Athletic Trainers' Association (NATA) and is a Curriculum Accreditation Site Visitor and NATABOC Certification Exam Examiner.

In 1996, Gary was inducted into the Missouri Sports Medicine Hall of Fame, and he received the 25 Year Award from the NATA in 1997. He was awarded the MoATA 25 Year Meritorious Service to the Profession honor in 2003 and has received the SMSU 20 Years of Service Award.

Gary has been revered by his students as a tough instructor, especially when it comes to his true and false questions on exams, but he prides himself in



Mr. Gary Ward is recognized for 25 years of service by SMSU Alumni at the 2004 NATA Annual Meeting

facilitating those students to become highly qualified health care professionals. A banquet was held in conjunction with the NATA's Annual Meeting in June 2004. The respect and gratitude of graduates of SMSU's Athletic Training Curriculum was evident as over sixty previous students gathered to honor the milestone and

those directly responsible for it.

Thank you to Mr. Gary Ward for the professionalism and compassion you possess for SMSU, athletic training, and the students you affect. All you do is greatly appreciated.

*Submitted by Jessica Caine*

### *Trends*

Newsletter of the  
College of Health and Human Services

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## Dr. Tommy Burnett Honored

In April 2004, Dr. Tommy Burnett was inducted into the Springfield Area Hall of Fame for accomplishments in professional football and handball. Special recognition was given for coaching the SMS Handball Team to eight national championships since 1993. He was also inducted into the Missouri State Handball Hall of Fame in St. Louis, primarily for coaching accomplishments with the SMS Handball Team.

Dr. Burnett started the SMS Handball Team in 1987. Although the size of the team ranges from 15 to 35 members who come from a variety of departments and colleges on campus, only the top six men and top six women are counted in national competition. The team has finished in the top three every year since 1993, winning eight times. They are assisted by SOFAC funding, the HPER department, and fund-raising. There are no University-sponsored scholarships for the Handball Team. Although the Handball Team is a sports club, it is not part of athletics and membership is open to all students.

Texas A&M, University of Minnesota, University of Oklahoma, University of California – Berkeley, Nebraska University, as well as, teams from Ireland are among the 30 college handball teams that SMSU competes against. The SMSU Handball team is favored to win again in 2005.

The SMSU Men's Division won in 1997, 1996, 1995, and 1994. The Women's Division won in 2000, 1999, 1998, 1997, 1996, 1995, and 1993. SMS teams were recognized as National Champions in 2004, 1999, 1998, 1997, 1996, 1995, 1994, and 1993.

*Submitted by Tommy Burnett, PhD*



Dr. Tommy Burnett

In another response to demands, this time to the national and regional nursing shortage, SMSU initiated the generic (4-year) Bachelor of Science in Nursing in June 2003. The program admits 40 students a year. The first class will graduate in May 2005 and be eligible to take the NCLEX-RN exam.

All programs in the Department are community-based. The Department works closely with many collaborative partners in the community to meet the health needs of the community. All of our students have opportunities through clinical experiences and service learning courses to work with underserved populations. In addition, four of the faculty have grant funding that addresses the needs of underserved populations.

The Department of Nursing is proud of its graduates. Graduates of the BSN Completion program are employed in hospitals and in the community, and many serve in leadership positions or continue on for graduate education soon after graduation. All of our MSN graduates who want to be employed, are employed after graduation, with 100% of the FNP's passing the national certifying exam since the program's inception.

The faculty represent a wide variety of educational and experiential backgrounds. We currently have eleven full-time faculty members, two part-time clinical faculty, three staff members, two graduate assistants and two student employ-

ees. The Head of the Department is Dr. Kathryn Hope. The faculty consists of one associate professor (Dr. Rose Utley), three assistant professors (Dr. Susan Sims-Giddens, Dr. Susan Hinck and Dr. Debbie Highfill), and six instructors (Vicki Cuthbertson, Elizabeth Fahey, Caroline Helton, Deb Savinske, Patricia Webb and Sue Yarbrough). The staff includes Renee Severyn, BA, Admissions Coordinator, and two administrative secretaries, Debbi Magnifico and Vicky Woolery, CPS.

The Department is continually exploring new programs and opportunities. We currently are developing new MSN options and international relationships.

*Submitted by Kathryn Hope, PhD*



Dr. Kathryn Hope  
Nursing Department Head

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*Continued from page 1*

## Nursing

nurse practitioner. The nurse educator specialization courses and certificate program are all offered in an online program. For academically qualified students, the Department offers an accelerated RN to MSN option.

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## Social Work Faculty Member and Student Will be Greatly Missed

Within the last year, the School of Social Work lost two valuable members of the School. Dr. John (Terry) Pardeck, Emeritus Professor, passed away on November 6, 2004 following an extended illness. Dr. Pardeck received numerous academic honors from Southwest Missouri State University, including the University Award for Service (1997-1998), the University Foundation Award for Research (1996 - 1997) and the University Fellow for Research (2001 - 2004).



Dr. Pardeck  
receiving one of his many awards

Social work research was a particular passion for Dr. Pardeck. Family health, the homeless, children's rights and disabilities were among his major areas of scholarship. Dr. Pardeck's publications include 25 books and over 130 journal articles. He was the editor of his own journal, the *Journal of Social Work in Disability and Rehabilitation* and served on the editorial boards of 10 other professional journals.

Dr. Pardeck was an enthusiastic teacher and taught in the areas of social welfare policy and disabilities. He embraced service to the community with equal relish, participating in such organizations as the Mayor's Commission on Human Rights, the Missouri Protection and Advocacy Services and the Missouri Association of Social Welfare.

Faculty, staff and students appreciate the many years of valuable contributions that Dr. Pardeck gave to the School of Social Work.

Liliana Sanchez, a graduate student in the MSW program on the Joplin campus, died in an automobile accident on September 24, 2004. Liliana was a first generation immigrant and college student. She was born in Mexico, but moved with her family to California when she was still a child. Liliana demonstrated the outstanding characteristics of appreciation for diversity and working within her community for its improvement. Liliana was active in her church, the Hispanic community and the MSW Student Association. She will be missed by faculty, staff and students. The MSW students have established a diversity scholarship in her honor.



Liliana Sanchez

Submitted by Lola Butler, PhD

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Continued from page 1

### Psychology

The Clinical master's degree program continues to be an integral part of the overall psychology department. There are currently 16 full-time students enrolled in the two-year program with half being graduates of our undergraduate program. Second year clinical students are presently completing practicum requirements at such diverse settings as the Greene County Jail, St. John's Neuropsychology Center, and the Victim's Center. Our doctoral degree "hit rate" remains at 100% for all students who complete our master's program and then apply to doctoral clinical psychology programs.

In its twelfth year, the Industrial and Organizational Psychology program is flourishing with 25 students currently enrolled. The first year class entering this fall was the largest class in our history with 13 of 14 students accepting our offer of admission. Results from the 2002 - 2003 Alumni Survey indicate that the majority of graduates found employment prior to or within three months of graduation, or were enrolled in doctoral programs. Current graduates are working for organizations ranging from the American Red Cross to Disney Corporation. The Council for Applied Master's Programs in Psychology is currently reviewing our application for program certification.

Submitted by Fred Maxwell, PhD

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## College of Health and Human Services Eighth Annual Student Research Symposium April 22, 2004

The symposium was held in the Plaster Student Union Ballroom and the committee felt that this was an excellent location for the event. Attendance was first-rate with plenty of interaction between presenters and visitors and an energetic feeling pervaded the room! Attendees were treated to a wide variety of subjects, including, the use of biofeedback for migraine treatment, the best way to stretch our hamstrings, the causes and clinical assessment of narcolepsy, how gender affects perceptions of female attractiveness, the use of gesture in aphasia, exercise and high blood pressure, the evolution of the handbag, and an analysis of the causes and interventions in domestic violence. Eight of the departments from CHHS were represented. On behalf of the committee for the organization of the symposium, we would like to thank everyone involved with the record 179 abstracts that were submitted. We hope that we can have as successful a sym-

posium next year; mark it on your calendars, April 26, 2005.

Thank you, Rich Garrad and Collette Witkowski (Biomedical Sciences, Co-chairs for the symposium committee)

Steve Brannen, Social Work; Mary Newman, Psychology; and Lisa Wood, Communication Sciences and Disorders, for your work with the 2004 Student Research Symposium.



Melanie Morris, BMS, Seasonal Affective Disorder and the Effects of Light Therapy

*Submitted by Rich Garrad, PhD*

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## SHOW-ME BODY WALK Exhibit

Dr. Rhonda Ridinger, a professor in the Health, Physical Education and Recreation Department has been awarded a contract by the Governor's Council on Physical Fitness and Health to schedule and manage the popular Show-Me Body Walk exhibit. The goal of this exhibit is to provide elementary school students throughout Missouri with an engaging, interactive experience that will enable them to make choices that are critical to a safe and healthy life.

At each of Body Walk's ten stations, a volunteer presenter engages the students in a five-minute activity focused on healthy choices. The tour begins when students walk through a giant ear into the brain. Inside the huge brain dome, students experience "brain waves" and learn how the brain functions. After they leave the brain, the students are each given a tag designating them as a food, such as a carrot, hamburger or piece of cheese. The "foods" step into the exhibit's larger-than-life

mouth, are "swallowed" through the esophagus tunnel and move into the stomach dome. From the stomach, the stu-

dents travel through the small intestine where they are "absorbed" into the blood. Then they follow the path of the nutrients to the heart, lung, bone, muscle and skin stations. Students leave the body through a cut in the skin and proceed through the Pathway for Life. This final station recaps key health concepts from each of the nine previous stations. It takes each group of students about an hour to complete the Body



Dr. Rebecca Woodard inspects the BODY WALK Exhibit

Walk tour.

During the 2004-2005 school year, it is expected that Body Walk will travel to 96 schools and reach over 40,000 elementary students. For more information on Body Walk visit the website at [http://www.smsu.edu/HPER/body\\_walk.htm](http://www.smsu.edu/HPER/body_walk.htm) or contact the Body Walk Coordinator, [Rhondaridinger@SMSU.edu](mailto:Rhondaridinger@SMSU.edu)

# Congratulations!

## 2004 University-Wide Award Recipients:

### SMSU Foundation Awards

Teaching: David Lutz, Ph.D.

Excellence in Community Service Award: Mary Ann Jennings, Ph.D.

### University Award

Teaching: Timothy Bender, Ph.D.

## College of Health and Human Services 2004 College Award Recipients



Back (l to r): Chantal Levesque, PhD, (Research); Rose A. Utley, PhD, (Service); Gerald L. Masterson, PhD (Teaching); Janice E. Nelsen, EdD (Teaching). Front (l to r): Carol F. Shoptaugh, PhD (Service); Susan C. Dollar, PhD (Research); Sarah G. McCallister, EdD, (Service) (Service). Not pictured: Mary Ann Jennings, PhD, (Teaching).

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# CHHS Development Office Highlights

**The Campaign for SMS**, the comprehensive fundraising campaign underway at Southwest Missouri State University, has surpassed the \$43 million mark and is closing in on its goal of \$50 million. As you may remember, the Campaign started on July 1, 2000 and will conclude in 2005. The College of Health and Human Services has been very successful in its fundraising efforts, raising just more than \$2,001,000 as of November 30, 2004. Following are a few highlights from the CHHS Development office.



Bob Beumer  
Director of Development  
for CHHS

## Stroke Club creates restricted scholarships

The Four State Stroke Survivors Club, from Joplin, has funded restricted scholarships in physical therapy and nursing. The Thelma Ritter Evans/Four State Stroke Club scholarships will be for students at the junior or senior level, from the four counties surrounding Joplin, with high academic ability and financial need.

These are just a sample of the some of the gifts the College of Health and Human Services has received during The Campaign for SMS. There is still time to pledge your support; gifts of all sizes are welcome and will be appreciated. For more information on the College of Health and Human Services and *The Campaign for SMS*, please contact Bob Beumer, Director of Development for CHHS at 417/836-4547 or e-mail at [rfb131t@smsu.edu](mailto:rfb131t@smsu.edu)

*Submitted by Bob Beumer*

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## Welcome to the New Dietetics Program Director

Cindy Heiss, PhD, RD recently joined the Biomedical Sciences Department as Director of the Dietetics Program. She came to SMSU from California State University, Northridge where she was the Associate Professor of Nutrition in the Family and Consumer Sciences Department with both undergraduate and graduate teaching assignments in nutrition. She earned her Bachelor's degree in Dietetics from Texas Christian University, her Master's in Human Nutrition from Colorado State University and Doctorate in Nutrition from Texas Woman's University. She has published numerous journal articles on her research in obesity and body composition as well as eating disorder risk factors. Dr. Heiss is a registered dietitian and has worked in hospital and industry settings.



Dr. Cindy Heiss

## Nursing Department receives deferred gift

A Springfield couple, who wish to remain anonymous, has left the Nursing Department a deferred gift valued at approximately \$800,000. The gift will be used to fund scholarships for nursing students, at any classification, with high academic ability and financial need. The scholarships can be renewable if satisfactory academic progress is met.

## Retired professor leaves deferred gift

A retired professor in the College of Health and Human Services, who wishes to remain anonymous, has left his department a \$100,000 deferred gift. The bequest will fund endowed scholarships at \$25,000 each in four different areas.

## Springfield couple donates equipment

Springfield area residents Cliff and Jo Helen Beauchamp have donated miscellaneous equipment to the SMS Nursing Department in the amount of more than \$100,000. The gift allows the students of the Nursing Department the opportunity to learn using equipment they will work with in actual health care settings.

## CSD receives gift-in-kind from St. John's

The Communication Sciences and Disorders program received two soundproof booths from St. John's Health System valued at more than \$44,000. The booths will increase the opportunities for students to gain practical experience in working with the hearing impaired.

*Submitted by Cindy Heiss, PhD*

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For a list of SMSU  
 Centennial Events visit:  
[www.smsu.edu/centennial](http://www.smsu.edu/centennial)

## What's New?

We would like to know what's new in your life. Please submit information about retirements, marriages, new address, or job changes by completing this form and returning it by mail or Email to [bjy014t@smsu.edu](mailto:bjy014t@smsu.edu). The information will be used for purposes of maintaining your permanent alumni record. This information will be printed based on availability of space within the newsletter.

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Address			
City	State	Zip	Class Year
Home Phone			
Spouse's Full Name		Class Year (SMSU)	

**Additional information:** Major/Minor: \_\_\_\_\_

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Include in *Trends*?    \_\_\_ YES \_\_\_ NO

### COLLEGE OF HEALTH AND HUMAN SERVICES ADMINISTRATION AND DEPARTMENT HEADS

Dr. Cynthia L. Pemberton, *Dean*  
 Dr. Helen C. Reid, *Associate Dean*  
 Mrs. Karen S. Herron CPS, *Executive Assistant*  
 Mrs. Betty Jo Young CPS, *Administrative Secretary*

Dr. Harold B. Falls, Jr., *Biomedical Sciences*  
 Dr. Neil J. DiSarno, *Communication Sciences & Disorders*  
 Dr. Keith D. Ernce, *Health, Physical Education, & Recreation*  
 Dr. Kathryn L. Hope, *Nursing*  
 Dr. Steven T. Dodge, *Physician Assistant Studies*  
 Dr. Mark J. Horacek, *Physical Therapy*  
 Dr. Fred R. Maxwell, *Psychology*  
 Dr. Lola M. Butler, *Director, School of Social Work*  
 Mr. Gary L. Ward, *Acting Head, Sports Medicine & Athletic Training*



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