

Trends

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MISSOURI STATE UNIVERSITY
COLLEGE OF HEALTH AND HUMAN SERVICES
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CHHS Program Recognized for Excellence

The Didactic Program in Dietetics, in the Biomedical Sciences Department, was recently evaluated for accreditation by the Commission on Accreditation for Dietetics Education (CADE). After evaluating a self-study document, an accreditation site visit team visited campus on November 14-16, 2004 to meet with faculty, staff, students, administrators, and the Dietetics Advisory Board. During the visit the accreditation site visit team was able to view teaching materials, view student projects and gather information from interviews regarding the quality of the Dietetics Program.

We are pleased to announce that the Didactic Program in Dietetics has been accredited for a period of ten years. The accreditation site team exit report was very positive, indicating strengths of the program including: dedicated, hard working students; community support and involvement with the program; excellent facilities and equipment; excellent

pass rate on the dietitian registration exam; strong interpersonal relationships among students and faculty; an active Student Dietetic Association; university administration support for the program, use of technology; and team focus of the faculty in the Department of Biomedical Sciences.

The Dietetics Program wishes to thank the students, administrators, faculty, and community members who participated in the successful outcome of the accreditation process. Of particular note are the dedicated efforts of Ms. Carmen Boyd, MS, MPC, RD/LD, Ms. Deborah Piland, MS, RD/LD and Dr. Helen Reid, PhD, RD/LD, in preparing the self-study document, described by the accreditation site visit team as one of the best they have seen. The Dietetics Program looks forward to continuing their efforts in providing the highest quality education for our students.

*Submitted by Cynthia Heiss, PhD
CindyHeiss@MissouriState.edu*



Senior dietetics majors Sherri Jenkins, Luan Weekes, and Alyse Fiends are pictured in front of the new Food Guide Pyramid released in 2005. Dietetics remains an ever changing field and one of the challenges dietitians and dietetics students face is keeping up with new information.

Founding Father: A Glimpse into the Life of Dr. Richard Wilkinson

Professor Emeritus of Psychology, Richard (Dick) Wilkinson, Ph.D., passed away in May 2005, barely a month before his 95th birthday. In a career that spanned five decades, Dr. Wilkinson had a tremendous impact on our university and the community in which we live. After completing his graduate education at The Ohio State University, Dr. Wilkinson joined the faculty at what was then called Southwest Missouri State Teachers College in the fall of 1939. He was the first doctoral-level psychologist at the university and the only doctoral-level psychologist in southwest Missouri (actually, a larger area bounded on the east by St. Louis, the north by Columbia, the south by Fayetteville and Little Rock, and the west by Tulsa and Kansas City).

Continued on page 3

from the Dean...



Cynthia L. Pemberton, PhD

This academic year began with a very special event, the official name change for the institution to "Missouri State University." The name change for our institution came about through the hard work of many, many people over an extended period of time and we are grateful to all of those individuals who worked to make the name change a reality. The fall semester enrollments in the College of Health and Human Services increased at the graduate and undergraduate levels. The College has been involved in a number of activities including the presentation of our annual Multidisciplinary Forum, the hosting of Dr. Alice Holmes and Dr. James Carey as consultants on the role of research in professional doctoral programs, and the coordination of a seminar by Dr. Thomas Jackson on strategies for graduate student recruitment. We also participated in an alumni event held in Denver, Colorado in the month of November. In addition, we are looking forward to the site visitors who will be on

campus during the Spring 2006 semester, to evaluate our undergraduate program in Sports Medicine and Athletic Training for reaccreditation purposes. At the completion of this site visit, all 15 of our accreditation eligible academic programs will have been reviewed during the last 5 1/2 years. All of the accredited programs that have been reviewed have received reaccreditation for the overall program. This is a great accomplishment by our faculty, staff and students and provides an external

measure of the quality of our academic programs in the College. Congratulations to all of our faculty, staff and students for their efforts and abilities associated with offering nationally recognized quality academic programs. In April, we are looking forward to sponsoring our CHHS Student Research Symposium scheduled for April 6, 2006 from 3:30 to 5:30 P.M. We hope that if you are in the Springfield area you can join us to celebrate the wonderful research and scholarly work.

Cynthia L. Pemberton

New Endowments Created; Campaign for SMS Ends Successfully

The College of Health and Human Services is excited to announce four new endowed scholarships.

Scholarships were created in the Departments of Nursing and Physician Assistant Studies with a gift from Metropolitan National Bank and funded from the William G. and Lucille W. Magers Family Foundation. Students graduating from high schools in the Missouri counties of Barton, Dade, Greene, Webster, Christian, Stone and Taney counties will be given first priority.

Scholarships were also created in the Departments of Nursing and Physician Assistant Studies by a gift from Dr. Robert W. and the late Charlotte K. Bitter of Dunnellon, Florida. Dr. Bitter was a former professor in the College of Business and they have also supported COBA with gifts for scholarships and faculty enhancements.

To help stimulate gifts to the endowment, Missouri State University President Michael T. Nietzel has offered to cover the annual earnings payment so each fund could immediately begin to benefit faculty and students. For example, when fully funded, a \$250,000 endowed professorship or scholarship yields \$11,250 annually.

President Nietzel offered to fund that amount immediately and then decrease the subsidy over the years as the pledge was fulfilled. Students will begin to receive benefits from all of these scholarships during the next scholarship cycle.

"*The Campaign for SMS*" concluded on August 27, 2005 surpassing its goal of \$50 million with gifts and pledges totaling \$52,856,602. The College of Health and Human Services received gifts and pledges totaling \$2.2 million including \$1.7 million in deferred gift commitments. Thirty-one new scholarships were created with \$1.9 million given to scholarship funds. Thank you to all who helped support "*The Campaign for SMS!*"

Although the Campaign has ended, the needs of students and faculty continue. For more information on creating a scholarship, funding a faculty enhancement fund, or supporting a program please contact Bob Beumer, Director of Development, at

417/836-4547 or

bobbeumer@missouristate.edu

*Submitted by Bob Beumer
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Trends

Newsletter of the
College of Health and Human Services

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Wilkinson continued from page 1

The leadership and service Dr. Wilkinson provided over the course of his career earned him the title of “founding father of psychology” at both the university and in our community. At the university he developed and taught the first courses that were offered in Psychology, Special Education, and Counseling. Dr. Wilkinson also established the first counseling services offered to all students at the university – services which today are provided through the University’s Counseling and Testing Center. With the help of Dr. Harry Siceluff, Head of what was then the Education Department, he spearheaded the establishment of the Psychology Major and the organization of a separate Department of Psychology within what became a reorganized College of Education and Psychology. Upon his retirement in 1976, he established and endowed the Richard and Virginia Wilkinson Scholarship Fund through the University Foundation, which has helped support many upper division psychology majors.



1943 Ozarko photo

From the time of his arrival in southwest Missouri in the 1930’s, continuing through his post-retirement years, Dr. Wilkinson was active in leadership and service roles in many community organizations. Working with community leaders in public education and medicine, especially G. Bruce Lemmon, Jr, MD, and J. R. Amos, MD, he founded the Greene County Association for Mental Health in 1951, and later, in 1952, the Greene County Guidance Clinic. Dr. Wilkinson served as one of the early presidents on each of these organizations’ boards. In the 1960’s he assisted in the establishment of the Ozark Christian Counseling Service and later, working with an interdisciplinary group of legal, financial and medical volunteers, he facilitated the establishment of the Marriage Counseling Panel. In the 1970’s, Judge Don Burrell asked Dr. Wilkinson to serve on the organizing committee with Dr. Stanley Peterson and several other community leaders who effectively petitioned for a federal grant to establish a community mental health center in southwest Missouri – the agency which today we know as Burrell Behavioral Health. Dr. Wilkinson subsequently served on the Board of Directors for the Burrell center for 18 years, helping to guide and shape the growth and development of the agency. During his tenure as a faculty member and continuing into his retirement, Dr. Wilkinson served for many years on the Institutional Review Board for St. John’s Regional

Health Center. Dr. Wilkinson is recognized as a founding father of mental health care provider agencies in our community.

Dr. Wilkinson was also an active leader in professional and academic organizations. In the 1940’s he joined a relatively small group of psychologists, primarily from academic institutions throughout the state – specifically, the University of Missouri in Columbia, Kansas City University, and Washington University in St. Louis – to establish the Missouri Psychological Association. Dr. Wilkinson was elected the third president of this association and served as member and chair of various committees over the years. In 1996, the association recognized Dr. Wilkinson’s exceptional contributions to psychology in the state of Missouri by creating the Richard Wilkinson Life Time Achievement Award – the highest distinction of honor the organization can confer upon members. In creating this award, the association wanted to name it after a member who was a model of the “distinguished contributions to psychology throughout their careers.” In further recognition of his leadership and service, Dr. Wilkinson was inaugurated as an original member of the Missouri State University’s Wall of Fame in the spring of 2002.

Dr. Wilkinson had a profound influence upon students, colleagues, and members of our community for over half a century. He was the force through which psychology in the Ozarks came into being – the founding father of psychology at Missouri State University and the Springfield mental health community. *Submitted by Dr. Donald Fischer
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Cochlear Implants

Cochlear implants provide one option for parents who have a child with a bilateral severe-to-profound hearing loss. A cochlear implant provides a “hearing sensation” by by-passing the damaged hair cells of the cochlea. Therapy is a critical component to provide children who have cochlear implants and their families with the tools and skills necessary to achieve optimal performance with their cochlear implant. In keeping with the Public Affairs mission of the university, an intersession graduate course, Cochlear Implants & Auditory Development, was developed and offered through a collaborative effort between the CSD Department and St. John’s Cochlear Implant Program. Dr. Lisa Geier, CCC-A, St. John’s Cochlear Implant Program Director, and MSU Clinical Supervisor in the area of Deaf and Hard of Hearing, Karen Engler, M.A., CED, taught this course designed to assist professionals in meeting the auditory needs of young children and students with cochlear implants in a variety of educational settings. Course participants included professionals from three states Missouri, Kansas and Arkansas, as well as Missouri State graduate students.

*Submitted by Karen S. Engler, M.A., CED
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Gaining Cultural Competency Through International Travel

I was fortunate enough to have been selected to attend a two week Faculty Development Seminar in China through the Council on International Educational Exchange entitled “China’s Southwest: Culture, Society and Environment” held in the Sichuan and Yunnan provinces of Southwest China. I opted to spend three additional weeks in China as a tourist traveling from Beijing to Shanghai, down the Yangtze River, on to Xi’an, Guilin, and finally Hong Kong. During these experiences, I learned a great deal that I am able to bring back to the classroom and, hopefully, help the students have a better understanding of another culture. A focus area in dietetics has been on increasing cultural competency in practitioners as commerce, mass media and easy travel make the world a much smaller place. This often makes the healthcare workplace more complex as it is necessary to be able to understand and respond effectively to patients in the context of an often totally unfamiliar culture.

The first thing I learned (within about 2 hours of landing in Beijing) is that China is *HUGE* and *PACKED* with people who have no concept of a line and could have exited New Orleans in an hour. Citizens and tourists alike must fend for themselves when traveling throughout China. The restaurants are three and four stories tall and usually full as the Chinese eat out regularly. The streets are packed with bicycles, and they spend a great deal of time outside because their housing units are quite small.

The favorite fast food restaurant in China is KFC, although they have replaced Colonel Sanders with Mao.



Mao replaces our more familiar Colonel Sanders in Chinese KFC’s.

China is also very polluted. We didn’t see blue sky until we reached the Southwest of China. The scenery throughout China is beautiful. As Beijing is rapidly preparing for the Olympics, flowering plants were everywhere and many trees have been planted in an effort to replenish trees lost during deforestation.

The Chinese value education. From the richest to the poorest, their goal is to educate their children. We visited elementary schools where children could speak English and were excited about going to college. We also visited several college campuses where the students were anxious to speak

with us (often in very good English) and hear about the United States. It was quite humbling to talk with a first grader who spoke more English than we spoke Mandarin. Many students were from very rural areas and were the first or only member of their village attending school beyond what we consider elementary grades. There is a social welfare program in China called *Project Hope* that provides financing for schooling through individual and corporate donations to children in rural areas who have dropped out of school. Parents have to pay what many Americans would consider a trivial amount for education, but it is more than many Chinese families can afford. Financing a rural child’s education is something many urban families do and this is encouraged by the government.

We can learn a great deal from the Chinese regarding exercise and eating habits. If you go to a public park at 6:00 a.m., you will find the park filled with people taking their morning exercise. They do disco and ballroom dancing, exercise using swords and fans, Tai Chi, kite-flying and any number of other forms of exercise. People on their way to work will just stop and exercise for a bit and then go right on their way. Bicycles are everywhere, usually complete with at least two riders and a parasol. Interestingly enough, men have no problem carrying pink parasols or wearing anything pink or wearing pajamas in public. For the most part, they are a modest culture and it was really nice to be in a culture where everyone was modestly clothed.



A pink parasol is the perfect compliment to any bike, no matter the gender of the rider.

As for food, the Chinese have very healthy eating habits. They eat regularly, consume lots of vegetables and fruit and have the lowest sugar consumption per capita in the world. They use healthy oils, small amounts of meat, and love their beer. They also like chicken feet. One of the best meals I have ever had was in Shanghai at an upscale vegetarian restaurant where we were just certain the entree had to be meat, but it wasn’t. Overall, the food was great, but I did leave with a greater appreciation for many of our food safety standards.

Health issues in China include rising levels of obesity in children. We were told about an interesting problem called “Little Emperor Syndrome.” With China’s one child rule, the desired male child essentially has six persons (two parents and two sets of grandparents) catering to his every need – especially food – giving rise to obesity.

An Invitation to Bulgaria

This past summer, I had the privilege of being invited to Bulgaria to talk about my work in Service-Learning and its application to the study of Dysphagia (swallowing disorders). I spent most of the time at the Neofit Rilski University in Blageovgrad, in southwest Bulgaria. The University is named after one of the most famous Bulgarian enlighteners, scientists and educators, Neofit Rilski, who lived and worked in the 19th Century at the famous Rila monastery in the nearby mountains. Currently, the University offers more than 40 degree (bachelor, master, and doctoral) courses across social sciences, natural sciences, humanities, and technology. It is the major institution of higher education in southwest Bulgaria and is committed to both teaching and research. Reinforcing this focus, it was interesting to hear how professors are encouraged to conduct lectures, seminars and research with students outside of their own departments, and to learn about



The Rila Monastery where Neofit Rilski worked.



The Logopedics Building at Neofit Rilski University

the number of research initiatives involving local, national, and international partnerships. The department of Logopedics (Audiology and Speech-Language Pathology) is housed in the Faculty (College) of Philosophy along with the departments of Philosophy, Political Science, and Medico-Social Sciences. Most faculty members speak English and several have completed their doctoral degrees or post-doctoral fellowships in England, the United States or other European countries. Bulgaria is looking forward to joining the European Union (EU) in 2007 and faculty members are investigating how their programs compare with those in other EU countries and in the



The University chapel and new library, which is under construction.

United States. As course work in Dysphagia is not yet a part of the Logopedic curriculum in Bulgaria, I was invited to share my experiences in this area, with a particular focus on the integration of Service-Learning. Professor Dobrinka (Doby) Georgieva (seen at right) is the gregarious spirit behind the development of the Logopedics program. She and her colleagues defined the term “hospitality.”



Professor Dobrinka (Doby) Georgieva (left) and Professor Lyn Goldberg (right) stop to have lunch.

The days of lectures were organized around trips to surrounding areas, and following the lecture series, I was the guest of several faculty as they accompanied and toured me around more of the country. Bulgaria is a truly fascinating and beautiful place and it was a special experience to begin to develop a relationship with the enthusiastic students and their warm and knowledgeable teachers.

*Submitted by Lyn Goldberg
LynGoldberg@MissouriState.edu*

Cultural Competency *Continued from page 4*

Smoking and related illnesses are also a major problem. There are no “no smoking” rules in China. Tobacco is important for their economy. The only real health “rule” we saw was “No Spitting” which apparently became the norm after SARS.

I thoroughly enjoyed my experience in China and have many first-hand observations to share with students in my classes. The countryside was beautiful and the people were very happy, friendly and helpful. Cities like Shanghai and Hong Kong were thoroughly impressive. An important aspect of becoming culturally competent is appreciating other cultures, which I certainly was able to do after leaving China, although I did develop a greater appreciation of our American values, especially in the area of public health.



“No Spitting” signs have become common since the SARS outbreaks.

*Submitted by Carmen Boyd, MS, LPC, RD/LD
CarmenBoyd@MissouriState.edu*

Congratulations!

2005 University Award Recipients:

Dr. Thomas Kane, Psychology, Teaching
Ms. Sue Yarbrough, Nursing, Teaching
Dr. Julie Masterson, Communication Sciences and Disorders, Service

Dr. David Lutz, Psychology, University Fellow in Teaching

2005 College Award Recipients:

Dr. Barbara Bushman, Health, Physical Education and Recreation, Research

Dr. David Dixon, Psychology, Service

Ms. Caroline Helton, Nursing, Teaching

Dr. Susan Hinck, Nursing, Research

Dr. Sean Newton, Physical Therapy, Teaching

Dr. Frank Ragozzine, Psychology, Research

Dr. Barbara Susan Robinson, Physical Therapy, Research

Dr. Glenda Short, Social Work, Teaching

Dr. Brooke Whisenhunt, Psychology, Research

Dr. Chuck Williams, Health, Physical Education and Recreation, Teaching

Dr. Dan Wilson, Health, Physical Education and Recreation, Teaching

University Wall of Fame

Dr. Herbert Arkebauer, Emeritus Faculty was nominated and selected for the Missouri State University Wall of Fame. The ceremony was held in November 2005.

ASHA Fellow

Dr. Lyn Goldberg was selected as an ASHA Fellow by the American Speech-Language Hearing Association.

DiSarno Represents CAPCSD at Audiology Education Summit

Dr. Neil DiSarno, CSD Department Head, represented the Council of Academic Programs in Communication Science and Disorders (CAPCSD) at the First Audiology Education Summit held in Ft. Lauderdale in early 2005 and will again represent CAPCSD on the planning committee for Audiology Education Summit II to be held in Phoenix, AZ in early 2006.

Masterson Elected President, Council of Academic Programs in CSD

Dr. Julie Masterson was elected President, Council of Academic Programs in CSD. She will serve as President-elect from July 1, 2005 through June 30, 2006 and then as President from July 1, 2006 through June 30, 2007.

Herbert J. Arkebauer NSSLHA Scholarship Recipients

The three recipients of the Herbert J. Arkebauer NSSLHA Scholarship were announced at the CSD 7th Annual Pathways to Communication Conference. Students selected were Brittany Drury, Megan Lea and Alison Legrand. Brittany is currently completing her M.S. requirements in Speech-Language Pathology and will become a doctoral candidate as part of a joint Ph.D. completion project with the University of Cincinnati. Megan is currently completing B.S. requirements in Education of the Deaf and Hard of Hearing and Alison is currently completing her third year in the CSD Doctor of Audiology degree program. Congratulations to each award recipient.

CSD Student Selected for ASHA Minority Student Leadership Program

Mollie De Weese, an undergraduate CSD student, was selected for participation in the American Speech-Language-Hearing Minority Student Leadership Program: Class of 2005. Mollie was one of 30 participants selected from 132 applicants. The MSLP was held during the 2005 ASHA Convention in San Diego, CA, November 17th-20th.

CMHERS: Center for Multidisciplinary Health Education, Research and Services

The Center for Multidisciplinary Health Education, Research and Services (CMHERS) is off to a great start this academic year! We now have a logo for the Center designed by Ms. Danee Avery, Graphic Design Student of Ms. Maria Michalczyk-Lillich.

We also have a graduate assistant, Ms. Leighann Volentine, working for CMHERS this year. She has done a tremendous job handling a wide variety of tasks including helping organize the Multidisciplinary Forum and completing literature searches for grant proposals.

After discussions with interested faculty in the College of Health and Human Services and with the Dean, Dr. Cynthia Pemberton, four themes for multidisciplinary research have been chosen for the Center:

- Childhood obesity, activity, and nutrition
- Women's health
- Health of rural and underserved populations
- Interprofessional education.

Interdisciplinary projects in other areas are welcome and encouraged, of course. However, having a focus for the Center should facilitate collaboration, and help put Missouri State University and CMHERS on the map. By doing this, we can establish credibility in particular areas of research, service and education so that there will be a track record and evidence of expertise when individuals or groups apply for grants.

This semester we have had some great events. The first CMHERS meeting of the year on September 9th brought together colleagues and friends at the Springfield Brewery. A good time was had by all!

On September 15th, Dr. Wayne Mitchell, Associate Professor of Psychology, presented a mini-workshop entitled, *The Interaction of Data Management, Research Design, and Data Fires*. Thanks to Dr. Mitchell for this interesting and helpful workshop!



Dr. Mitchell



Dr. Hinck

The next workshop was offered by Dr. Susan Hinck, Associate Professor of Nursing. Dr. Hinck's presentation on *Qualitative Research* created interest in a less familiar type of research and was a big success!

The topic of the 2005 Multidisciplinary Forum was *Choosing Your Lifestyle: The Mind-Body Connection*. The emphasis was on nutrition, fitness, and factors contributing to problem eating and weight gain. Featured guests included Missouri State students Nikki Jackson and Jenelle Schmitz. Faculty participants in the formal program included Ms. Carmen Boyd, Biomedical Sciences/Dietetics; Dr. Scott Zimmerman, Biomedical Sciences; Ms. Pat Pike, Communication Sciences and Disorders; Dr. Tom Altena, Health, Physical Education, and Recreation; Ms. Jeanne Cook, Physical Therapy; Ms. Nancy Dion, Physician Assistant Studies; and Dr. Brooke Whisenhunt, Psychology.

Monthly meetings have been devoted to a variety of topics. We have discussed several potential research and services projects. Dr. Linda Vaught, Physician Assistant Studies, presented a summary of a *translational research* project that Drs. Steve Dodge, Linda Vaught and Mary Newman are submitting for a grant. Suggested topics are always welcomed.

*Submitted by Mary Newman
MaryNewman@MissouriState.edu*

CSD Scholarships Established

The CSD department has established two new memorial funds for students. Funds are being raised to establish a scholarship to honor the memory of Debbie (LaRoque) Gregory. A Missouri State graduate, Debbie was a speech-language pathologist at the Missouri Rehabilitation Center. Debbie worked intensively with children who could benefit from assistive technology issues in the classroom and at home. She died of breast cancer last June at the age of 39. The scholarship funds are specifically designed to enable the selected graduate student to attend a conference on assistive technology.

In honor and memory of Laura Beth Windham, a CSD Clinical Scholarship Fund is being developed. Laura Beth was the first clinical supervisor for the department, providing caring supervision for over 30 years. Her humor and sincere interest in each clinician is remembered by all who have graduated from the speech pathology program. When the funds are available for award, the scholarship will be given annually to an excelling speech pathology student clinician.

*Submitted by Cathy Hall
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*Don't Forget!
Centennial DVDs are still available.
Visit or email the Dean's Office
for your copy.*

What's New?

We would like to know what's new in your life. Please submit information about retirements, marriages, new address, or job changes by completing this form and returning it by mail or Email to KarenHerron@missouristate.edu. The information will be used for purposes of maintaining your permanent alumni record. This information will be printed based on availability of space within the newsletter.

Last, First, MI Maiden

Address

City State Zip Class Year

Home Phone

Spouse's Full Name Class Year (SMSU)

Additional information: Major/Minor: _____

Include in *Trends*? YES NO

COLLEGE OF HEALTH AND HUMAN SERVICES ADMINISTRATION AND DEPARTMENT HEADS

Dr. Cynthia L. Pemberton, *Dean*
Dr. Helen C. Reid, *Associate Dean*
Mrs. Karen S. Herron CPS, *Executive Assistant*
Mrs. Betty Jo Young CPS, *Administrative Secretary*

Dr. Harold B. Falls, Jr., *Biomedical Sciences*
Dr. Neil J. DiSarno, *Communication Sciences & Disorders*
Dr. Sarah G. McCallister, *Acting Head, Health, Physical Education, & Recreation*
Dr. Kathryn L. Hope, *Nursing*
Dr. Steven T. Dodge, *Physician Assistant Studies*
Dr. Loretta M. Knutson, *Acting Head, Physical Therapy*
Dr. Fred R. Maxwell, *Psychology*
Dr. Lola M. Butler, *Director, School of Social Work*
Mr. Gary L. Ward, *Acting Head, Sports Medicine & Athletic Training*



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