

Missouri State University -- College of Health and Human Services
Department of Health, Physical Education, and Recreation

Recreation and Leisure Studies
(comprehensive)

Bachelor of Science Updated May 2009

This is a model plan four year graduation plan. Your path to graduation may vary slightly based on factors such as college credit you earned while in high school, your choice of general education electives, and placement in English and Mathematics.

This degree program can be completed in eight semesters with optional summer.

First Semester (Fall)		Second Semester (Spring)	
ENG 110 - Writing I	3	Culture and Society/Humanities	3
COM 115 - Fund. of Public Speaking	3	Culture and Society/Social Science	3
IDS 110 -Intro to University Life	1	Self-Understanding/Humanities	3
Math - MTH 130 or higher	3	Self-Understanding/Social-Behavioral	3
PED 100 - Fitness for Living	2	PLS 101 - American Democracy and Citizenship	3
CIS/CSC 101 - Computers for Learning	2		
Total Hours	14	Total Hours	15
Third Semester (Fall)		Fourth Semester (Spring)	
REC 152 Intro to Leisure Services	3	REC 205 - Leisure Services and Special Populations	3
REC 190 - Applied Social Recreation	3	Statistics Course (Advisor Approved)	3
Natural World	4	Natural World	4
Self-Understanding/Creative and Vision	3	HST 121 or 122 - US History	3
Recreation skills course (advisement)	3	Writing II	3
		Recreation skills course (advisement)	2
Total Hours	16	Total Hours	18
Fifth Semester (Fall)		Sixth Semester (Spring)	
REC 330 - Leisure Research Applications	3	REC 410 - Recreation Leadership/Supervision	3
REC 335 Practicum in Leisure Services	3	REC 390 - Recreation Programming	3
REC 311/ 411 or Degree Option Course	3	REC 422 - Leisure Resource Management	3
Degree Option Course *	3	REC 211 in place of REC 311 or 411	3
Degree Option Course	3	Degree Option Course	3
Degree Option Course	3	Degree Option Course	3
		Degree Option Course if not taken 5th sem.	3
Total Hours	18	Total Hours	18
Seventh Semester (Fall)		Eighth Semester (Spring)	
REC 490 - Orientation to Internship	1	REC 491- Internship	12
REC 423 - Org and Admin of Leisure Services	3		
GEP 397 - Capstone Course	3		
Degree Option Course	3		
Degree Option Course	3		
Degree Option Course	3		
Total Hours	16	Total Hours	12

GPA Requirements include: 2.20 GPA required before enrolling for Internship. C or better in all REC courses

Other Requirements include: Current First Aid/CPR. Drug testing/ Background check required for Therapeutic Recreation Option

Students can select a non-comprehensive major in Recreation (requires minor).

Students may choose to take 15 hour semester load and complete Internship the summer after coursework completed.

Degree Option Courses are dependent on which of the five available option areas in recreation the student selects.

(Community Recreation, Private/Commercial Recreation, Therapeutic Recreation, Outdoor Recreation, Health & Wellness Promotion)