

Addressing Conflict: Workshop Series

*A special series especially for
faculty and staff!*



*A special series especially for
faculty and staff!*

Coping with Bullying in the Workplace

Wednesday, Nov 18, 11:50 – 12:40, PSU 312A

Workplace bullying is a common phenomenon that often goes unrecognized even though it can cause much personal stress and group conflict. This workshop will discuss bullying behaviors, techniques for dealing with bullying, and prevention strategies.

Conflict During the Holidays

Wednesday, Dec. 2, 11:50 – 12:40, PSU 312A

The holidays are meant to be a joyous time, but too often they become a source of stress and conflict for families, couples, and friends. This final session in the conflict series provides concrete advice for handling holiday conflict.

Personality Types and Conflict

Wednesday, Jan. 20, 11:50 – 12:40, PSU 314A

Although conflict with others is inevitable, resolving conflict is easier when you understand the impact that a person's personality type has on their reactions and perceptions. The session investigates the implications of personality types on conflict situations.

Resolving Conflicts in Advising

Thursday, Feb. 18, 3:00-5:00, PSU 312A

Conflict is natural and unavoidable in any context, yet it may be particularly challenging and impactful in advising relationships. This session explores the nature of conflicts in academic advising, as well as strategies for addressing and resolving these conflicts.

Multicultural Issues in Managing Conflict

Tuesday, Feb. 23, 11:00-12:00, PSU 312A

This workshop will raise your awareness of multicultural issues in conflict as it explores resources, options, and strategies for addressing multicultural issues in managing conflict. Particular emphasis will be placed on developing practical communication skills when faced with multicultural issues in a conflict.

Conflict with Health Care Providers

Wednesday, March 24, 11:50 – 12:40, PSU 312A

Conflict with a health care providers – either you own of the care provider of a loved one – can result in frustration and poor quality of care. This session will explore the main causes of conflict with health care providers, discuss how conflict differs depending on the type of health care provider, and offer strategies for how to manage these conflicts.

Dealing with Difficult People

Wednesday, April 7, 11:50 – 12:40, PSU 314A

It seems that some people are just hard to handle: grumpy, obnoxious, unreasonable, stubborn – the list goes on and on. So, how do you cope when you have a conflict with one of these “difficult” people? This session will explore ways to deal with difficult people.

This workshop series is sponsored by the **Center for Dispute Resolution (CDR)**.

The CDR is a part of the Department of Communication at Missouri State University.



The Center for Dispute Resolution Training • Workshops • Mediation
Missouri State University, Department of Communication, Park Central Office Building 212
www.missouristate.edu/cdr • (417) 836-8831 • fax (417) 836-8288