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Play for Life.

This project was a collaborative effort between acute care facilities, public school, and a local community activity facility. Health risk assessments, laboratory testing, and youth physicals were conducted for 12 weeks for vulnerable schoolchildren and their families. The project purpose was to actively involve children and parents in physical activity and to learn more about nutrition.

The Interactional Leadership Theory was used to tailor the project for the participants using the leaders' critical thinking, communication, and problem-solving skills. The outcomes of the project are healthier and better-informed families in the community.