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Developing a Cardiopulmonary Resuscitation (CPR) Program For A County Health Center.

After review of the county needs assessment and interaction with community childcare centers, an identified community need was cardiopulmonary resuscitation (CPR) classes for the childcare center employees. Research was conducted to obtain initial staff certification information and needed equipment to provide the needed CPR classroom instruction.

Lewin's Participative Leadership Theory was used throughout the project to allow everyone involved in the change to actively provide input. The outcome of this project was empowered staff to provide a much needed service and an increased number of community members able to assist in emergency resuscitation.