

24/7 Counseling Support: 800-413-8008 #2

Available anytime, any day, your Employee Assistance Program is a free, confidential program providing in-the-moment and short-term counseling and resources.



Best (Furry) Friends

ONLINE SEMINAR

Explore the extraordinary connection we share with our animal companions. Connect with us to understand how pets can enhance your mental and emotional wellbeing.

To access the online seminar, visit your home page starting March 19th.

• Click this link: https://helpwhereyouare.com/CompanyLogin/1515/mercy

• Enter the username and password as shown below:

USERNAME: MSU PASSWORD: MSU

MARCH 2024

Scroll down and click on "Online Seminars"

ALWAYS AVAILABLE | FREE | CONFIDENTIAL

YOUR EMPLOYEE SUPPORT PROGRAM