



24/7 Counseling Support: 800-413-8008 #2

Available anytime, any day, your Employee Assistance Program is a free, confidential program providing in-the-moment and short-term counseling and resources.

YOUR EMPLOYEE SUPPORT PROGRAM

ONLINE SEMINAR

An open mindset refers to a tendency to be receptive to new ideas and information. In this session, we will explore how to keep an open mind about ourselves and others and the benefits of keeping an open mind.

To access the online seminar, visit your home page starting June 20th.

• Click this link:

https://helpwhereyouare.com/CompanyLogin/1515 /mercy

• Enter the username and password as shown below:

USERNAME: MSU

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• Scroll down and click on "Online Seminars"

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