



24/7 Counseling Support: 800-413-8008 #2

Available anytime, any day, your Employee Assistance Program is a free, confidential program providing in-the-moment and short-term counseling and resources.

YOUR EMPLOYEE SUPPORT PROGRAM

ONLINE SEMINAR

In this session, we will explore the steps towards greener living and how to guide our family to living more sustainably. We can help you connect intentions with actions for better mental wellbeing.

To access the online seminar, visit your home page starting April 18th.

Click this link:

https://helpwhereyouare.com/CompanyLogin/1515 /mercy

• Enter the username and password as shown below:

> **USERNAME: MSU PASSWORD: MSU**

Scroll down and click on "Online Seminars"

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