

Maximize your dental benefits

with the GEHA Connection Dental Network

Make sure you're getting the most out of your dental benefits by staying in-network.

How can I find a GEHA Connection Dental Network dentist?

Find dentists in your area by using our Find a Dentist tool at gehasolutions.com/Find-A-Dentist

You can also call [877.277.6872](tel:877.277.6872), 8 a.m.–4:30 p.m. Central time, Monday through Friday.

Do specialty dentists participate in the GEHA Connection Dental Network?

Yes. GEHA Connection Dental Network includes both general and specialty dentists, such as oral maxillofacial surgeons, orthodontists and periodontists.

Can I nominate my dentist to join GEHA Connection Dental Network?

Yes. Visit gehasolutions.com/Nominate-A-Dentist to complete our online Nominate a Dentist form.

Who should I call if I have questions about my benefits?

Please call the Customer Care number on your ID card for benefit information.

Fluoride helps keep teeth strong and reduce cavities.

BASIC SCIENCE

Acids form in your mouth after you eat sugar carbohydrates or acidic foods, or have digestive upsets.

FLUORIDE

Fluoride is a natural element that prevents tooth decay by making the tooth more resistant to acids.

ADA CERTIFIED

Look for toothpaste with the American Dental Association (ADA) seal to be sure it has fluoride.

USE AS SUGGESTED

An adult dose of toothpaste is slightly more than a pea size, less than the length of the brush.

SUPERVISE CHILDREN

Helping your child brush can ensure he or she gets the right amount of toothpaste and does not swallow it.

FOLLOW RECOMMENDATIONS

Brush twice a day with toothpaste containing fluoride.

Source: aap.org

gehasolutions.com

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GEHA
Connection
Dental Network

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